

St. Helena's Episcopal Church and School

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**Fourth Sunday after
Epiphany**

11:00 A.M.

January 28, 2018

Our Mission:

We, the Family of St. Helena's,
Empowered by the Holy Spirit,
Welcome all God's Children to
Grow with us in Grace and
Proclaim the Good News of Jesus Christ.

Welcome to St. Helena's Episcopal Church & School

Thank you for joining us for worship this morning. If you are a visitor with us, we warmly welcome you to this worship service and to the vibrant life of St. Helena's community. We invite you to fill out a Guest Card found in the pew bookrack and drop it in the offering plate when it comes by. We want you to know that all baptized Christians – regardless of your denomination, tradition, age, or background – are invited and welcome to receive Holy Communion during worship. Also, pick up a blue bag as you leave today. It contains our latest newsletter and other information about St. Helena's.

CHILD CARE

Children of all ages are always welcome in our worship services. Children's sermons are part of our worship during 9:00am and 11:00am worship services. Should you desire it, child care for children ages infants through 4 years is available during all worship services and most parish activities. The parish nurseries (The Ark Room) are located on the ground floor of Wendler Hall (the building closest to John's Road).

QUESTIONS?

For more information regarding St. Helena's Early Enrichment Program, Children & Youth Ministries, music, Bible Studies, senior ministries, baptisms, weddings, and more, please feel free to contact our clergy or staff members. More information may be found on our website at www.sthelenas.net

Holy Eucharist

BCP p. 355

Prelude

Hymn

Tell out, my soul, the greatness of the Lord

Hymnal 437

Tune: Birmingham

All standing, the Celebrant says

People Blessed be God: Father, Son, and Holy Spirit.
And blessed be his kingdom, now and for ever.
Amen.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The following is sung, all standing

Collect of the Day

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Liturgy of the Word

First Reading

Deuteronomy 18:15-20

All sit.

A Reading from the book of Deuteronomy.

Moses summoned all Israel and said to them, "The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.' Then the Lord replied to

me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader The Word of the Lord.
People **Thanks be to God.**

Remain seated.

Psalm 111

BCP p. 754

Confitebor tibi

- 1 Hallelujah!
I will give thanks to the Lord with my whole heart, *
in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the Lord! *
they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, *
and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; *
the Lord is gracious and full of compassion.
- 5 He gives food to those who fear him; *
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works *
in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; *
all his commandments are sure.
- 8 They stand fast for ever and ever, *
because they are done in truth and equity.
- 9 He sent redemption to his people;
he commanded his covenant for ever; *
holy and awesome is his Name.
- 10 The fear of the Lord is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.

Reading

1 Corinthians 8:1-13

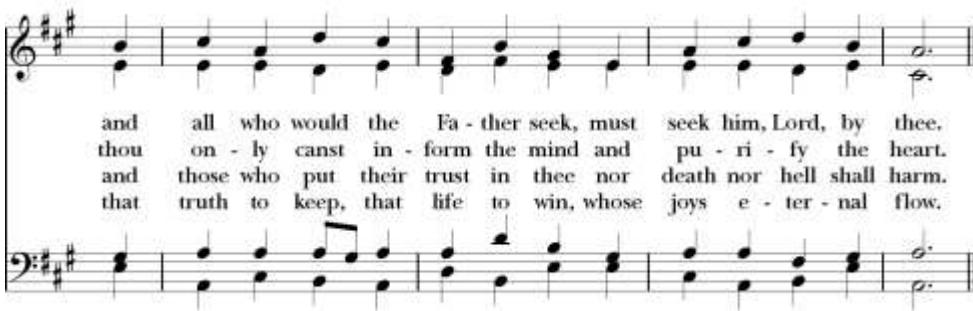
Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.
People **Thanks be to God.**

Sequence*All stand.**Thou art the Way, to thee alone*

Hymnal 457

1 Thou art the Way, to thee a - lone from sin and death we flee;
2 Thou art the Truth, thy word a - lone true wis - dom can im - part;
3 Thou art the Life, the rend - ing tomb pro - claims thy con - quering arm;
4 Thou art the Way, the Truth, the Life; grant us that way to know,



and all who would the Fa-ther seek, must seek him, Lord, by thee,
 thou on-ly canst in-form the mind and pu-ri-fy the heart,
 and those who put their trust in thee nor death nor hell shall harm,
 that truth to keep, that life to win, whose joys e-ter-nal flow.

Tune: St. James

Holy Gospel

Mark 1:21-28

All stand.

Priest The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

Jesus and his disciples went into Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Priest The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Children's Sermon

Dawn McLendon

Sermon

The Rev. David G. Read

Nicene Creed

All stand.

**We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.**

Prayers of the People Form III

BCP p. 387

The people stand or kneel

Father, we pray for your holy catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions. The Celebrant adds a concluding Collect.

The Priest then says

Let us confess our sins against God and our neighbor.

Silence.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Peace

All stand.

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

Announcements

Holy Communion

Offertory Sentence

Offertory Anthem

Ubi Caritas

Maurice Duruflé

Ubi caritas et amor, Deus ibi est.
Congregavit nos in unum Christi amor.
Exsulemus, et in ipso jucundemur.
Timeamus, et amemus Deum vivum.
Et ex corde diligamus nos sincero.

English translation:

Where there is charity and love, God is there.
The love of Christ has gathered us as one.
Let us rejoice and be glad.
Let us honor and love the living God.
And from a sincere heart let us love one another.

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant.

Doxology

**Praise God, from Whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heav'nly host;
Praise Father, Son, and Holy Ghost. Amen.**

Great Thanksgiving Eucharistic Prayer A

BCP p. 361

*The people remain standing.**Celebrant* The Lord be with you.*People* **And also with you.***Celebrant* Lift up your hearts.*People* **We lift them to the Lord.***Celebrant* Let us give thanks to the Lord our God.*People* **It is right to give him thanks and praise.***The Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*The people stand or kneel.**The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People***Christ has died.****Christ is risen.**

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN**

The Celebrant then continues

And now, as our Savior
Christ has taught us,
we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Breaking of the Bread

A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion. Gluten free wafers are available. Please inform the priest as you come forward.

Prayer ministers are positioned in the transept to the left after communion for your personal prayer needs.

Communion Hymn

Lord, make us servants of your peace

Hymnal 593

Tune: Dickinson College

After Communion, the Celebrant says

Let us pray.

Celebrant and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

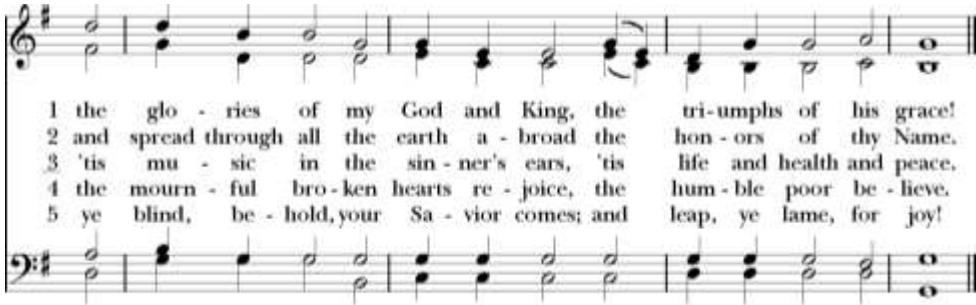
Blessing

Postcommunion Hymn

O for a thousand tongues to sing

Hymnal 493

The image shows a musical score for the hymn "O for a thousand tongues to sing". It consists of two staves: a treble clef staff at the top and a bass clef staff at the bottom. The key signature is one sharp (F#), and the time signature is 4/4. The melody is written in the treble clef, and the bass line is in the bass clef. Below the treble clef staff, there are five lines of lyrics, each numbered 1 through 5. The lyrics are: 1 O for a thou - sand tongues to sing my dear Re - deem - er's praise, 2 My gra - cious Mas - ter and my God, as - sist me to pro - claim 3 Je - sus! the Name that charms our fears and bids our sor - rows cease; 4 He speaks; and, lis - tening to his voice, new life the dead re - ceive, 5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;



1 the glo - ries of my God and King, the tri - umphs of his grace!
 2 and spread through all the earth a - broad the hon - ors of thy Name.
 3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.
 4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.
 5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love
 be now and ever given
 by saints below and saints above,
 the Church in earth and heaven.

Tune: Azmon

Dismissal

Celebrant Let us go forth in the name of Christ.
People **Thanks be to God.**

Postlude

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Prayers for our Members

Please pray for our family as you journey through this week.

Joe	Leanne	Jim	Jo
Dorla	Fred	Gail	Bruce
Larry	Dick	Susan	

What You Want to Know

Calling Stations of the Cross Artists This Lenten season, we will display the art created by our parishioners. This art comes in many forms and mediums depicting the 14 Stations of the Cross. If you will be contributing your art for this very powerful event during Holy Week, please contact Ann for information on each station and the deadline for submissions at ann@sthelenas.net

Journeys of Jesus Travel to some of the places in the Holy Land that Jesus visited in his lifetime. Beginning today, January 28th, Fr. David will lead a new adult Sunday school class in the Parish Hall at 10:10 a.m.

St. Helena's Early Enrichment Program will begin registering current S.H.E.E.P. students and the children of members of St. Helena's Church for fall classes, on January 29th. Open enrollment will begin on February 5th. Contact Tiffany for information at tiffany@sthelenas.net

Shrove Tuesday The Episcopal Church Women will host our annual Pancake Supper on Feb. 13th. All you can eat pancakes with homemade syrup and grilled sausage will be served beginning at 4:30 p.m. in the Great Room of Wendler Hall.

Want to Help Make Syrup? This is a sweet endeavor. The ECW will be making the homemade syrup for our Pancake Supper on Friday, Feb. 9th at 8:30a.m. in the Parish Hall kitchen. The ladies always have fun creating this highly sought after comestible and you may want to assist them. They will produce enough to also have it for sale on Shrove Tuesday.

Ash Wednesday Services We will have three services on Wednesday, Feb. 14th. All services will be in the Historic Sanctuary at these appointed times: 7:00 a.m., 12:00 p.m. and 7:00 p.m. The Holy Eucharist will be celebrated at all three along with the imposition of ashes.

Decades Dinner: A woman's perspective through every decade of life. Tuesday, March 6th at 6:30 p.m. in the Great Room of Wendler Hall. Invite the gals in your life to share in the insight and wisdom of the speakers while benefiting the Kendall County Women's Shelter. \$20 per woman // \$200 per table of 8; purchase tickets through Beth Adam or call the church office.

Weekly Calendar

<u>Sundays:</u>	Worship Services: 7:45, 9:00, 10:10 Christian Ed, 11:00 a.m., 12:30 p.m. St. Helena's Bells, 8:00 p.m. AA
<u>Mondays:</u>	7:45 a.m. Ignite Mid-school Bible Study, 6:30 p.m. Worship Band, 7:00 p.m. Boy Scouts
<u>Tuesdays:</u>	9:30 a.m. Lectionary Readings Study, 1:00 p.m. Ukulele practice 6:30 p.m. Women's AA, 8:00 p.m. Narcotics A
<u>Wednesdays:</u>	10:00 a.m. Healing Service, 4-5:30 p.m. Rock Solid & Shine, 4:15-5:30 Mid School, 5:30 p.m. SHOCK, 6:00 p.m. High School, 6:30 p.m. Yahweh Sisters' Bible Study, 7:00 p.m. Choir Rehearsal
<u>Thursdays:</u>	7:00 a.m. Men's Bible Study, 9:30 a.m. Yahweh Sisters' Bible Study 5:00 p.m. Centering Prayer, 6:00 p.m. Paws4Hearts 8:00 p.m. Narcotics A
<u>Fridays:</u>	9:30 a.m. AA Big Book
<u>Saturdays:</u>	10:00 a.m. Women's AA, 8:00 p.m. Narcotics A

11:00 Worship Leaders		Vestry Officers	
Acolytes:	Kathryn Chisholm, Madelyn Boutte	Sr. Warden:	Tommy Mathews
Altar Guild:	Team: 3	Jr. Warden:	
EM:	Judy McGrew, Linda Horton	Secretary:	
Prayer Team:	Marie Mayfield, Bill Mayfield	Treasurer:	Ron Tribo
Ushers:	William Powers, Geoff Clarke		
Vestry Host:	Tommy Mathews, Linda Lee		

WORSHIP SCHEDULE

Sunday

7:45 A.M. Holy Eucharist Rite I
 9:00 A.M. Holy Eucharist Rite II
 Contemporary
 10:10 Sunday School for all ages
 11:00 A.M. Holy Eucharist Rite II

Wednesday

10:00 A.M. Service of Public Healing and
 Holy Eucharist



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