



5k for Kenya Mission

Run/Walk 2019

OFFICIAL ENTRY FORM



Benefitting Challenge Farm (challengefarm.org), Tenderfeet Education Center (tenderfeetkids.org), and The Shelter of United Love (theshelterofunitedlove.com) in Kenya!
Tuscaloosa Track Club Grand Prix Event

Saturday, April 20, at 8:00 a.m.

Day-of registration and packet pickup begin at 6:30 a.m.

Cardinal Park-7325 Robert Cardinal Airport Road, Tuscaloosa, AL

Entry fee includes:

- T-shirts for ALL registered 5k entrants
- A delicious pancake breakfast after the run
- Door Prizes
- Handmade Kenyan prizes for 1st, 2nd, and 3rd in age categories, masters, grand masters, and overall

Maggie Raburn, Race Director (205) 242-9359

Online registration is open at imathlete.com.

Search for 5k for Kenya.

\$20 if registration is received by April 9

\$25 if registration is received after April 9

Make checks payable to TWCC and mail with signed entry form to: The Word Community Church, 9310 Highway 69 N, Northport, AL 35473.

Name: _____ Gender: M F

Street Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: (____) _____

Age: _____ (as of date of race) Date of Birth: _____

Emergency Contact Name: _____

Emergency Contact Phone: (____) _____ T-shirt size: S M L XL XXL

Liability Release individually (and/or as a parent and/or guardian of the above named minor) THIS IS A RELEASE OF LIABILITY. Participant knowingly and voluntarily waives, releases, exculpates, and discharges The Word Community Church, any and all persons assisting in this racing event and sponsors of this racing event from and against any and all Potential Liabilities connected with the Activity. By signing this form, you voluntarily agree to discharge The Word Community Church; the city of Tuscaloosa, a Municipal Corporation, its officers, agents, and/or employees; any and all persons assisting in this racing event and sponsors of this racing event and the Group in advance from all such Potential Liabilities. I further state I and/or the minor named above is in proper physical condition to participate in this racing event.

Assumption of Risk. Participant understands and acknowledges that there are risks, including significant risks, inherent in all activities that can result in loss, damages, injury, or death, including, without limitation: activities potentially related to this racing event; medical risks in participating in this racing event; injuries caused by poorly maintained roads, sidewalks, as well as criminal acts that can result in serious injury or death; premises risks, including those that may be owned by others and risks of injury from falls, collisions, or accidents (such as cuts, bruises, torn muscles, sprains, broken bones, etc.); outdoor risks, such as weather, lightning, heat or cold, bites, stings, allergic reactions, dehydration, hypothermia, drowning, sunburn, animals, and limited access to medical care; risks from others involved in the Activity (such as transmitted illnesses or others' actions); health risks, such as heart or respiratory events as well as other risks inherent in any strenuous activities, including things identified as "injury risks" herein; equipment risks, including failure, misuse, inherent risks, and risks from non-racing event equipment; and other risks and hazards beyond the control of The Word Community Church, any and all persons assisting in this racing event and sponsors of this racing event, or others. Participant acknowledges that he/she has had an opportunity to investigate the Activity before executing this form and, knowing and understanding all risks associated with the Activity, Participant nevertheless **VOLUNTARILY AGREES TO ASSUME AND ACCEPT ALL RISKS** that potentially accompany participation in the Activity. Participant also agrees to take all reasonable steps to avoid any risks, injury, or death.

Participant's Signature

Date: _____

Parent's or Guardian's Signature if participant is under 19 years of age

Date: _____