

“Grow Together” Discussion Starters

Use these as things to get some good conversations started with your family. You **DO NOT** have to go through all the questions at one time, and you **DO NOT** have to go through them in order. Don't think of it as a list to mark off or to just breeze through, but rather as a tool to help generate some fun and meaningful discussion as a family. Spend some real time with each question, allowing the conversation to flow naturally and go where the conversations take you. You might be amazed at how much fun you can have and how much you will learn and grow together!!

- What are the three most interesting things about you?
- Name 2 interesting things about each of your family members.
- Name 5 reasons why you are glad to be alive.
- If you could have any super power, what would it be and why?
- If you had a time machine for a day, what would you do with it?
- What's your favorite song right now? Why?
- If you could go anywhere on vacation – where would you go and why?
- If you could have a conversation with anyone in history, who would it be? Why?
- What do you worry about the most? Why?
- What will you do when you graduate high school?
- What do people like about you?

- **What is the best thing about our family?**
- **Do you think your friends talk to their parents?**
- **What do you think makes a family close?**
- **On a scale of 1 to 10, how strict are the parents in this family? What is the ideal number?**
- **Do you think the discipline in our family is fair?**
- **What are the most important things your parents have taught you?**
- **Tell each person in the family why you are glad they are a part of the family.**
- **How do you think our family is the same or different from other families?**
- **Do you want to have kids when you grow up and get married? Why or Why not?**
- **What kind of parent will you be?**
- **What are the good things about having siblings? What are the bad things?**
- **What do you think is the most important thing to do to have a good relationship with a sibling?**
- **How are you like each of your parents? How are you different?**
- **What is your favorite family tradition?**
- **What are some of your favorite activities that we do together as a family?**
- **What three words do you think best describe our family?**
- **How would you compare your friend's families to ours? Good? Bad?**

- **What could our family do to make the world a better place?**
- **What is your idea of an ideal day?**
- **Would you rather live in a castle, on a boat, or in a cloud?**
- **What are you most proud of?**
- **What is one quality you wish you could have more of?**
- **What is your biggest goal this year?**
- **What things are you not great at yet that you want some day to be good at? How much do you think you would have to practice to get good at those things?**
- **What scares you the most and why?**
- **When was a time that you were kind to someone else?**
- **Who is someone you admire right now? Why?**
- **What is your favorite book or movie right now?**
- **What is the “lesson” or “take-away” from your favorite book or movie?**
- **Do you admire the “hero/main character” in this book/movie? Why or why not?**
- **Would you make the same choices that they did in this book/movie?**
- **What do you think is the biggest factor in being successful at school?**
- **How do you react when your feelings are hurt? Does it help?**
- **What makes you feel better when you are upset?**

- **What do you think makes someone popular?**
- **What do you like best about your friends?**
- **What don't you like about them?**
- **What do you think is the hardest thing about being a kid? / parent?**
- **What traits do you most admire in other people?**
- **Did you help anyone today? What did you do?**
- **Did anyone help you today? What did they do?**
- **Who is your favorite teacher? Why?**
- **What do you like best about school?**
- **What is the hardest thing about school?**
- **What is the most embarrassing thing that ever happened to you at school?**
- **What do you know how to do, that you could teach someone else?**
- **Do you think you would ever want to be a teacher when you grow up? Why or why not?**
- **What is the best way for someone to help you when you feel grumpy?**
- **When you are upset, do you prefer people to stay close or to give you space?**
- **When you get really angry, how do you help yourself calm down?**
- **When you wake up in a bad mood, what strategies do you use to help yourself feel better so you can have a good day?**

- **Who is your best friend and why?**
- **What traits do you look for in friends?**
- **Do you think you are good at making friends?**
- **How do you work things out with a friend when you have a disagreement?**
- **Do you think there is a such thing as peer pressure? Do you ever feel peer pressure? How do you handle it? Do you think some people are more susceptible to peer pressure than others? Why do you think that is?**
- **What do you think leadership is? What make a good leader?**
- **When do you feel closest to God?**
- **How often do you read your Bible?**
- **When and where do you like to read best?**
- **How often do you pray?**
- **When and where do you like to pray best?**
- **Do you ever talk to your friends about God? Why or why not?**
- **What are 3 things you can do this year to grow closer to God?**
- **What are 3 things we can do together as a family to grow closer together to God?**