



Saint Peter

ROMAN CATHOLIC CHURCH

July 26, 2026

SEVENTEENTH SUNDAY
IN ORDINARY TIME

PARISH CONTACTS

CHURCH CONTACT INFORMATION:

Address: 220 East Butler Street
Loudonville, Ohio 44842
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PARISH LIFE COORDINATOR: Ken Kuruc
kkuruc@loudonvillecatholic.org

ADMINISTRATIVE ASSISTANT: Linda Bucher
linda@loudonvillecatholic.org

DRE, YOUTH & MUSIC MINISTER: Katie Esselburn
kesselburn@loudonvillecatholic.org

PARISH COUNCIL MEMBERS:

Chuck Henley, Jr. ❖ Carley Roberts
Justin Esselburn ❖ Deb Allarding
Eleanor Chapman ❖ Jan Seabold

FINANCE COUNCIL MEMBERS:

Rita Henley ❖ Jerry Dudte
Kelly Esselburn ❖ Jeremy Staten
Barb Swingle

PRESBYTERAL MODERATOR: Fr. Rodney Kreidler
pastor@stedwardashland.org

PAROCHIAL VICAR: Fr. Jim Winings
jwinings@stedwardashland.org

*The kingdom of heaven
is like a treasure
buried in a field*

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Weekday Mass:

Tue 8:00am
Fri 12:00noon

Weekend Mass:

Saturday Vigil 5:00pm
Sunday 9:00am

Confession:

Saturday 4-4:30pm

Adoration:

2nd Monday of
Month 7-8:00pm

Morning Prayer:

Mon, Wed 8:00am

Prayer Group:

Fri 12:30pm

On behalf of the entire St. Peter Catholic Parish community, we welcome you! Whether you are a parishioner, vacationer, or seeking a parish to call home, we hope that we can provide you with any desired information and spiritual support while you are here.

Deadline for bulletin submissions is Tuesday at noon.



St. Peter CATHOLIC CHURCH

Parish Organizations:

- *Parish Council * Finance Council * Choir
- * Servers * Lectors * Ushers * Greeters
- * Eucharistic Ministers * Mission Society
- * Grief Ministry * Art & Environment
- *St. Peter Prayer Group * Divine Mercy
- * Men's Group * Youth Group

To register with our parish or to schedule the Sacraments of Baptism, Marriage, or Anointing of the Sick, please contact the parish office.

If you are homebound and would like to receive Holy Communion, please contact Ken Kuruc at the parish office.

MISSION STATEMENT

We, the people of St. Peter Church are a community built on Jesus Christ, our foundation, rooted in the Gospel, and distinguished by a spirit of welcome and belonging. Therefore, we strive to worship joyfully, serve gladly, and be stewards of God's gifts. We nurture spiritual growth through faith formations and education. We support one another, reach out to all, spread the Gospel, and practice our faith in our daily lives.

Our Family of Ministry

St. Edward Ashland stedwardashland.org	St. Stephen West Salem ststephen.ws	Ashland University Newman Center ashlandcatholic.org
Weekday Mass: Mon, Tue, Thu, & Fri 8:00am Wed 1:15pm	Weekday Mass: Mon & Thu 8:00am Wed 4:00pm	** Located in the Lower Chapel on campus, only when college is in session.
Weekend Mass: Saturday Vigil 4:30pm Sunday 8:30am, 11:00am	Weekend Mass: Saturday Vigil 4:00pm Sunday 10:30am	Weekend Mass: Sunday 4:30
Confession: Sat 3-4:00pm	Confession: Sat 3-3:45pm	Confession: Sun 4-4:30pm
Adoration: Thurs 8:30am- Sun 8:00am	Adoration: Wed 1-8:00pm	Newman Nights Adoration: Wed 8:30-9:30pm

READINGS FOR THE WEEK

Monday:	Ex 14:5-18; Ex 15:1bc-6; Mt 12:38-42
Tuesday:	2 Cor 4:7-15; Ps 126:1bc-6; Mt 20:20-28
Wednesday:	Ex 16:1-5, 9-15; Ps 78:18-19, 23-28; Jn 20:1-2, 11-18
Thursday:	Ex 19:1-2, 9-11, 16-20b; Dn 3:52-56; Mt 13:10-17
Friday:	Ex 20:1-17; Ps 19:8-11; Mt 13:18-23
Saturday:	Ex 24:3-8; Ps 34:2-11; Jn 11:19-27 or Lk 10:38-42
Sunday:	1 Kgs 3:5, 7-12; Ps 119:57, 72, 76-77, 127-130; Rom 8:28-30; Mt 13:44-52 [44-46]

Do you have questions about our Faith, or would you just like to grow deeper in your understanding? Join Fr. Jim for an informal small group discussion this Tuesday, July 28 @ 10:00am in the meeting room at church. Bring any questions you may have.

BETA

Countdown to the Parish Picnic

Mark your calendar for our annual Parish Picnic coming up on Sunday, August 9th from 2 – 6 pm at the Riverside Park Pavilion in Loudonville. The parish will be providing pulled pork, chicken, and drinks. Please bring a side dish or dessert to share. As in the past we will have bingo, door prizes and good fellowship.



Parish COUNCIL

Our next meeting will be this Monday, July 27 @ 5:30pm in the meeting room at church.



Youth Group Praise and Worship Wednesdays will be July 29, August 12 and August 26 from 7:30-9:30pm, bonfires, s'mores and social time as weather allows!



Children's ministry FAITH FORMATION

Parent meeting for our children's ministry and faith formation will be Sunday August 2 following the 9am mass (about 10:00am). The meeting will take one hour, one parent from each family is required to attend, refreshments will be provided.



Blessing
Box

Our version of a food pantry continues to be utilized each week. We have re-stocked our cabinet but need help in filling bags with dinners. If you have 10-15 minutes anytime the office is open, we will show you how to assemble a meal. Thank you for helping others.

An amazing opportunity!!!

You can bring your kids and grandkids to an amazing concert with the best music and songs on Saturday, August 15, 2026 at ForeFront Field in Avon, OH. The FEST is blessed to welcome national Christian artists: Riley Clemmons, Matt Maher, and Cain to the stage for an incredible day of music, song, family activities and events. The FEST is much more than a concert. For 25 years it's been an inspiring day of faith, family and fun. Come for the music, and stay for the Kid's Adventure Zone, a special Women's area of displays, opportunities for prayer, adoration and confession. It's a mini family retreat. Check out all the details at: www.theFEST.us. Tickets are limited and available now for \$10 each. There's plenty of free parking and the best people. Join us for The FEST on Saturday, August 15.





Masses for
the Week



Day	Date		Feast/Holiday			Mass Intention	Requested By
Saturday	July	25	Vigil	5:00 PM	✠	Elnora Hull & Van Leski	Paula Bush Adam
Sunday	July	26	Seventeenth Sunday in Ordinary Time	9:00 AM		People of St. Peter	
Tuesday	July	28	Weekday	8:00 AM	✠	Joan Crevier	Roxanne Baumgartner
Friday	July	31	Weekday	Noon	✠	Imogene Evans	Katie & Joe Evans
Saturday	Aug	1	Vigil	5:00 PM	✠	Deceased of the Steffen & Tanner Families	Ruth Steffen
Sunday	Aug	2	Eighteenth Sunday in Ordinary Time	9:00 AM	✠	John & Esther Allarding	Renata & Tom Lunt

All Masses are live-streamed on our Facebook page and at www.loudonvillecatholic.org.

upcoming events

Mon. July 27 @ 5:30pm – Pastoral Council
 Tues. July 28 @ 10:00am – Beta
 Friday July 31 Tri-Parish Golf Outing
 Mon. Aug. 3 @ 5:30pm – Finance Council
 Wed. Aug. 5 @ 6:30pm – Men's Group
 Sun. Aug. 9 @ 2:00PM – Parish Picnic
 Mon. Aug 10 @ 7:00pm – Holy Hour
 Tues. Aug. 11 @ 10:00am – Beta

Back to School Supply Event



Our Drive through Back to School Supply event will take place on Tuesday, August 4 from 10-noon for families who attend L/P Schools or are home schooled. Free school supplies will be given specific to each grade. Pre-registration is available until July 28 (see QR code in local shopper) and walk ins are welcome. Please enter at LHS stadium. Thank you for helping us spread the word. Sponsored by Loudonville Church Women.



PRAY FOR...

Jean Strausbaugh Flynn,
 Sue Henley,
 Kayla Owings,
 Rhonda Ramos,
 Ray McGann,
 Rosa Leonard,
 Sam Solon,
 Lisa Newcomer,
 Dave Snyder,
 Joe & Deb Allarding,,
 David Adam,
 John Kick,
 Dorothy Thompson,
 Larry Kline,
 Sam & Flora Taghiani
 Elizabeth Ferguson,
 Erin Smith,
 Bill Heichel,
 Kathy Miller,
 Lori Baker,
 Eleanor Chapman,
 Sharon Gosche,
 Barb Walls,
 John Wagner,
 Conner Butler,
 Janet Van Kuren,
 Stella Joel,
 Jeanne Peterson,
 Josephine Grega,
 Everett Flottrud,
 Midge McKinley,
 Marg Leffler,
 Sr. Joan Rader,
 Fr. Elmer Marquard,
 and for peace
 throughout the world.



The perennial question arises as to where our treasure lies. We are material beings, so it is only natural that we have some attachment and need for things. There is nothing inherently wrong with having possessions. We need a place to live, money to buy food and clothing, and transportation to get around. It is also natural for us to be concerned about providing for ourselves and our families. However, it is when we make these items the focus of our existence that we miss our mark. We need to find that pearl or treasure for which we would be willing to sacrifice everything else. What is that for you? Is it a job or career, home, car, money in the bank, or something else? Or is it in knowing and understanding that with God all things are possible, even the ones we can't seem to figure out? Jesus needs to be our true treasure and pearl. With our trust in the Lord, there is hope that whatever it is that we possess will be enough. Without our faith, life can very quickly lose much of its joy. On the other hand, with our focus oriented properly, even the direst situation can be joy filled.

Stewardship Report

Weekly
Offering



	7/14/26-7/27/26	Fiscal YTD
Offertory	\$4,008.26	\$11,234.90
General Fund Envelope	315.00	18,273.90
Unrestricted Donations	0.00	0.00

Cemetery envelope \$302.00

Thank You!

Saint Peter parishioners are remarkably generous. Sharing a portion of our income with the Church is a sign everything belongs to God and we dedicate our "first fruits" to the work of the kingdom of Christ. Thank you so much for your faith and generosity.

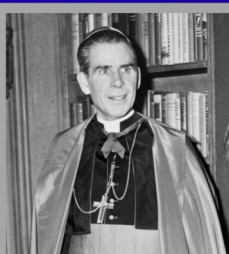
Mass Time	Greeter	Lector	Eucharistic Minister	Counting Team
August 1 5:00 pm	Mary Davis	Patrick Snyder	Linda O'Brien	
August 2 9:00 am	Jerry & Judy Dudte	Justin Esselburn	Tom Esselburn	1

Donate Using your IRA

Summer is a wonderful time to reflect on the blessings God has given us and to thoughtfully plan for the future. If you are age 70½ or older, you may wish to consider making a Qualified Charitable Distribution (QCD) directly from your IRA. A QCD is a simple, tax-efficient way to support our parish, Catholic Charities, or another ministry that is meaningful to you. Depending on your circumstances, your gift may satisfy all or part of your required minimum distribution while reducing your taxable income. To learn more, contact Moira Wopershall at 216-696-6525 ext. 8070 or visit catholiccommunity.org/ira



The Ladies Guild of St. Stephen will be sponsoring a ladies' retreat at St. Stephen's on Saturday, September 12 from 9:00-12:00. The featured speaker is Brooke Taylor from Canton. More information will be coming but just wanted to give you a head's up.

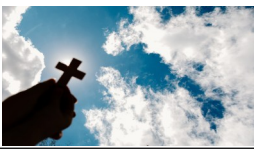


Come celebrate this once-in-a-lifetime sacred event!

Beatification of Archbishop Fulton J. Sheen
Sept 23-26, 2026

Be a part of this once-in-a-lifetime sacred event in person: Beatification of Fulton J. Sheen!

Join 30 pilgrims journeying to St. Louis by bus for the Mass of Beatification of this beloved, saintly Archbishop. He set the world afire for Jesus Christ through one of the very first TV programs "A Life Worth Living," his numerous books and dynamic speaking. Fulton Sheen spread our Catholic faith to millions of believers and non-believers. Now, join in celebrating his life with others from around the world Sept 23-26, 2026. Don't delay: registration and full **payment is due July 23**. Visit www.incrediblejourneystours.com today!

	Mohican Reservation Campgrounds & Canoeing Ohio's Most Scenic Riverfront Sites 1-800-766-CAMP www.mohicanreservation.com Home of the Great Mohican Pow-Wow September 18-20, 2026		Pauly CPA, Inc. Tax Preparation • Payroll & Accounting Financial Planning Douglas E. Pauly, CPA, MBA 535 Claremont Ave., Ashland 419-281-9656	HARRIS AUTOMOTIVE Auto Repair Service Gates Hydraulic Hoses Gas Tanks COOPERTIRES RADIATORS • TIRES 336 W. Main St (Rear) • 994-4712
Mohican Adventures RIVER TRIPS • CAMP CABINS • FUN CENTER 3045-3058 SR 3, Loudonville OH www.mohicanadventures.com				HEFFELFINGER Auto Service & Towing 419-606-1841 696 St. Rt. 39 W, Perryville
	RABY HARDWARE & Outdoors 419-994-3751 • Downtown Loudonville		Lindsey Chapel 123 N. Market Street, Loudonville • 419-994-3030 Snyderfuneralhomes.com	
Trails End RESTAURANT • PIZZA • BAR 3052 St. Rt. 3 Loudonville 41-994-5561 Amazing Pizza & Full Menu • Pop & Beer	Mohican Appliance Mohican Valley Generators 128 W Main St, Loudonville Appliance & Generac Generators Sales • Service • Installation 419-994-0057	CAMP TODDIK FAMILY CAMPING Very Clean Restrooms • Heated Pool Rental Cabins • Primitive to Big Rig Scenic Canoe Trips SR 39/60, East of Loudonville 419-994-3835 • www.CampToodik.com		We work with all insurance companies and supply free estimates with our computerized estimating. 1/2 Mile from McDonalds 3025 County Road 529, Loudonville, OH 419-994-3326
River Run Campground 3070 CR 3175 (Wally Rd.), Loudonville 419-994-5257 Canoe Liveries 3069 SR 3 3042 CR 3175 (Wally Rd.) Loudonville Loudonville 419-994-5204 419-994-1116 riverrunfamilycampground.com	2nd and 4th Tuesday of the month @ 10:00 am BETA	Space Available Please call 419-994-5488		
		PARK 'N' LAUNCH By THE NEW COVERED BRIDGE FLOAT YOUR OWN TUBE/KAYAK/CANOE TUBES FOR SALE, AIR, PARKING 16425 CR 23 (WALLY RD) AT TR 451 & CR 23 • 216-633-2109	Home Auto Health Business Farm Life Medicare Matt Stewart • Paul Lahm John Kinkopf • Eric Haudenschild Dean Streit • Sean Lally 419-994-5555	Courtesy of Golf Ball Manufacturers GBM 326 N. Water St. • Loudonville

Posture During Mass

The following chart indicates the normal postures that are to be observed by the faithful during the celebration of Mass in the Catholic Diocese of Cleveland

Profound Bow	The Priest, the Deacon, and the ministers, including the assembly, reverence the altar with a profound bow; ¹ however...
	...if the tabernacle with the Most Blessed Sacrament is situated in the sanctuary near the altar, the Priest, the Deacon, and the other ministers, including the assembly, genuflect when they approach the altar before or during the Entrance Chant, but not during the celebration of Mass itself. ²
Stand...	...from the beginning of the Entrance Chant until the end of the Collect ³
Sign of the Cross	When the Entrance Chant is concluded, with everybody standing, the Celebrant and faithful make the Sign of the Cross ⁴
Strike the Breast...	...during the Confiteor (if used), at the words <i>through my fault...through my most grievous fault</i> ⁵
Sit...	...during the readings before the Gospel and the Responsorial Psalm ⁶
Stand...	...for the Alleluia Chant before the Gospel and while the Gospel is proclaimed ⁷
Sign of the Cross	After the Celebrant has said <i>A reading from the holy Gospel...</i> , everyone makes the Sign of the Cross with their thumb on their forehead, mouth, and breast ⁸
Sit...	...for the Homily ⁹
Stand...	...for the Profession of Faith (Creed) and the Universal Prayer (Prayer of the Faithful) ¹⁰
Profound Bow...	...during the Creed, at the words <i>and by the Holy Spirit ... and became man</i> ¹¹
Sit...	...during the Preparation of the Gifts at the Offertory, until after the words "Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God the almighty Father." ¹²
Stand...	...for the words <i>May the Lord accept this sacrifice...</i> until the end of the Holy, Holy, Holy ¹³
Kneel...	...from after the Holy, Holy, Holy until the end of the Great Amen (e.g., during the Eucharistic Prayer), ¹⁴ unless the church has no kneelers, ¹⁵ in which case, the faithful stand, ¹⁶ and make a profound bow when the celebrant genuflects ¹⁷
Stand...	...after the Great Amen, and remain standing after the Lamb of God and through the celebrant's reception of Holy Communion.¹⁸ The faithful remain standing during the distribution¹⁹ and reception²⁰ of Holy Communion for the singing of the Communion Hymn.²¹
Bow of the Head...	...when the Communion minister says to the communicant <i>The Body/Blood of Christ</i> ²²
Sit or Kneel...	...if/when necessary, ²³ in pastoral consideration of the needs of individual members of the faithful.
If receiving the Body of Christ...	...in the hand : the communicant replies, <i>Amen</i> , then receives in the hand with one hand atop the other, fingers together, palms slightly cupped, "making a throne for the King." ²⁴ ...on the tongue : the communicant replies, <i>Amen</i> , then receives on the tongue.
If receiving the Blood of Christ...	...the communicant replies, <i>Amen</i> , the minister hands over the chalice, which the communicant raises to his or her mouth. Each communicant drinks a little from the chalice, hands it back to the minister, and then withdraws. ²⁵
Sit or Kneel...	...during the period of sacred silence...after the distribution of Holy Communion.²⁶ This period of sacred silence should begin as soon as the distribution of Holy Communion has been completed.²⁷ At this point the faithful may sit or kneel. The faithful should not be required to stand during the purification of vessels, or until the reposition of the Blessed Sacrament.
Stand	From the Prayer after Communion until the end of Mass ²⁸
Profound Bow	The Priest, the Deacon, and the ministers, including the assembly, reverence the altar with a profound bow; ²⁹ however...
	...if the tabernacle with the Most Blessed Sacrament is situated in the sanctuary near the altar, the Priest, the Deacon, and the other ministers, including the assembly, genuflect when they approach the altar before or during the Entrance Chant, but not during the celebration of Mass itself. ³⁰

¹ *General Instruction of the Roman Missal* [hereafter, GIRM], 49, 122, 173, 195, 211, 256, 275

² GIRM, 274

³ GIRM, 124

⁴ GIRM, 50, 124

⁵ *Roman Missal*, "The Order of Mass," 4

⁶ GIRM, 128

⁷ GIRM, 131

⁸ GIRM, 134

⁹ GIRM, 43

¹⁰ GIRM, 137

¹¹ GIRM, 137, 275b

¹² GIRM, 139, 146

¹³ GIRM, 146

¹⁴ GIRM, 43

¹⁵ "The furnishings of sacred buildings have some relation to the customs of each place. For example, ...at Rome in the basilicas in our days there are more often benches which lack kneelers and therefore can accommodate greater numbers. In cases in which it is not possible to kneel, a profound bow and dignified posture will be signs to manifest reverence and adoration at the time of the consecration and communion." *Notitiae* 14 (1978): 302-303, n. 4.

¹⁶ In churches without kneelers, the faithful are asked to stand for the Eucharistic Prayer. GIRM, 43

¹⁷ "Those who do not kneel should make a profound bow when the [celebrant] genuflects after the Consecration." GIRM, 43

¹⁸ GIRM, 43

¹⁹ "The appropriate posture of the faithful during the distribution of Holy Communion is standing." BCL *Newsletter*, July 2003, c.f. GIRM, 43, 86

²⁰ Standing to receive Holy Communion is the normative posture for the reception of Holy Communion; however, a communicant is never to be denied Holy Communion if they choose to kneel. GIRM, 160

²¹ Standing for the singing of the Communion Hymn is the normative posture of the Catholic Church in the United States; however, this posture directive is not to be enforced so rigidly that those who wish to sit or kneel would not feel free to do so, c.f. endnote 23

²² GIRM, 43, 160

²³ "The prescription of the [GIRM] no. 43, is intended, on the one hand, to ensure within broad limits a certain uniformity of posture within the congregation for the various parts of the celebration of Holy Mass, and on the other, to not regulate posture rigidly in such a way that those who wish to kneel or sit would no longer be free." Cardinal Francis Arinze, Prefect for the Congregation for Divine Worship and the Discipline of the Sacraments [CDWDS], Prot. n. 855/03/L, May 26, 2003, as quoted in the BCL *Newsletter*, vol. XXXIX, July 2003, pg. 133

²⁴ St. Cyril of Jerusalem, *Catechetical Lectures*, ~400 A.D. "When you approach [Holy Communion]....make your left hand a throne for your right hand, since the latter is to receive the King."

²⁵ GIRM, 286

²⁶ GIRM, 88, 164. "After Communion, [the faithful] praise God in their hearts and pray to him." GIRM, 45

²⁷ GIRM 86: "the singing [of the Communion song] is continued for as long as the Sacrament is being administered to the faithful." "The period of sacred silence would seem to begin, therefore, once all have received Holy Communion; hence the appropriate posture of the faithful during the distribution of Holy Communion is standing." BCL *Newsletter*, July 2003, c.f. GIRM, 43

²⁸ GIRM, 43

²⁹ GIRM, 90, 169, 186, 251, 272, 275

³⁰ GIRM, 274

Why doesn't every diocese stand during the Communion Rite?

Standing for the Communion Rite during the distribution and reception of Holy Communion and the singing of the Communion Hymn, has been part of the Church's instructions for Mass since 1969; however, in many places across the country, this has been ignored.

Prior to 1969, everyone received Holy Communion kneeling and on the tongue. The common posture for the entire Communion Rite, then, was kneeling. The only reason for standing and walking was to get from point A (pew kneeler) to point B (Communion rail kneeler) and back again. The change in 1969 was from kneeling during the Communion Rite to standing during the Communion Rite, with the restoration of the option for reception of Holy Communion in the hand. Both of these decisions were in response to one of the principles of the second Vatican Council known as *ressourcement*, or "return to the sources." The ancient posture for the distribution and reception of Holy Communion was standing, and reception in the hand (see footnote 24 on the posture chart from St Cyril of Jerusalem on how to receive Holy Communion), while all joined in a communal prayer addressed to God, the Communion Chant/Hymn.

Most parishes removed Communion rail kneelers in response to this change. But, pew kneelers were usually left in place, so that people could kneel for the Eucharistic Prayer (which is still the normative posture for the Eucharistic Prayer). Many people received little to no catechesis or instruction back in 1969, and in the absence of such instruction, continued to do physically what they had always done – kneeling in the pew, standing and walking to get from point A to point B, but not kneeling to receive Holy Communion since there was no longer a kneeler there, then returning to the pew and kneeling again – and this response to change with no instruction is a very human thing to do.

Remember the importance of the Church asking the faithful to do what a clear majority of the faithful physically CAN do. Not everyone CAN physically kneel. Not everyone can physically stand, either, but more people can stand than can kneel. And so, the Church asks us to take a common posture that a majority of the faithful physically CAN take, so that we might be in greater unity.

Change in the Church does not happen immediately – it takes time. It's only been about 50 years since the 1969 Roman Missal, and that is just a blink in "Church years!" We are still in the transitional period between kneeling for the Communion Rite and standing for the Communion Rite. There is bound to be some confusion and disparity of practices while we make the transition.

There are four moments of posture during Mass which the Bishop's posture clarification addresses:

1. The time from after the Lamb of God until the celebrant receives Holy Communion.

Posture: GIRM # 43 defers to the authority of the diocesan bishop in determining the posture of the faithful in his diocese, either kneeling or standing. Since 2004, the policy of the Catholic Diocese of Cleveland has been to stand from the end of the Lamb of God until the celebrant receives Holy Communion, and Bishop Perez has reiterated this norm for the Catholic Diocese of Cleveland.

2. The time from when the celebrant receives Holy Communion until the end of the distribution of Holy Communion

Posture: The GIRM and supporting documentation from the Bishop's Committee on the Liturgy clearly indicates that the ordinary posture of the faithful is standing from the time the celebrant receives Holy Communion until the end of the distribution of Holy Communion.

3. The time after an individual Catholic receives Holy Communion (which overlaps # 2 above)

Posture: Francis Cardinal Arinze clarifies in his dubium response that after an individual Catholic receives Holy Communion, the ordinary posture is standing; however, this is not to be enforced so rigidly that those who wish to kneel or sit after their individual reception of Holy Communion would not feel free to do so.

4. The time of sacred silence after the distribution of Holy Communion has ended.

Posture: The GIRM clearly indicates that the faithful may choose to either kneel or sit during the sacred silence after everyone has received Holy Communion. It is not necessary to remain standing for the reposition of any remaining hosts in the tabernacle, nor is it necessary to remain standing for the purification of the sacred vessels.