

## SENSITIVE OR INSENSITIVE

Please answer the following questions based on whether your significant other exhibits these actions or not. After completing the questionnaire please exchange your sheet for that of your significant other. Divide the total number of Yes answers by the amount of questions on the page. The percentage is a reflection of the degree of sensitivity you **currently** exhibit through the eyes of your significant other based on these questions. Does your significant other:

- |                                                                        |     |    |
|------------------------------------------------------------------------|-----|----|
| 1. Give hugs and kisses when you need comfort?                         | YES | NO |
| 2. Choose words carefully in an effort to avoid hurting your feelings? | YES | NO |
| 3. Encourage the expression of your feelings when you have concerns?   | YES | NO |
| 4. Willingly perform tasks to help lighten your load when possible?    | YES | NO |
| 5. Respond quickly when you directly state that you need something?    | YES | NO |
| 6. Avoid being verbally abusive toward you when he/she is angry?       | YES | NO |
| 7. Demonstrate a desire to spend time with you?                        | YES | NO |
| 8. Compliment you on your appearance?                                  | YES | NO |
| 9. Avoid randomly saying things that are unkind?                       | YES | NO |
| 10. Avoid doing things that are deliberately spiteful?                 | YES | NO |
| 11. Demonstrate an interest in your opinion?                           | YES | NO |
| 12. Think about you when he or she is not at home?                     | YES | NO |
| 13. Give acts of affection just because?                               | YES | NO |

SCORE = \_\_\_\_\_

