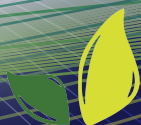


House of Prayer

Personal Prayer Guide

2025



PARKVIEW ASSEMBLY



Dear Church Family,

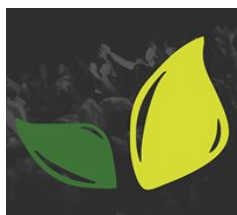
At Parkview Assembly of God, prayer is an integral part of who we are and what we do. That's why in January we set aside time for a **"Week of Prayer."** In January we encourage prayer combined with fasting, and on every **Sunday** night we pray and intercede with our "Intercessory Worship Night".

We also have constructed a "Healing Room". The Healing room is open on the 2nd, 3rd & 4th Sunday night from 7-8pm. (After the Sunday night prayer meeting at Parkview.) A trained group of 2-3 people will minister directly to the individual in need, usually for 5-10 minutes. This allows us personal prayer time that you wouldn't receive at an Altar call at church. This is private and obviously confidential.

Understanding the necessity of prayer is one thing. But to cultivate a lifestyle of prayer, needs to be something we look forward to doing. Some people don't enjoy prayer because they have never been taught how to pray. That's where this prayer guide can help.

Using the Lord's Prayer as a model, along with other scripturally based prayers and target points, this booklet will provide some structure for your prayers, while bringing greater joy to your time with God.

Although we encourage you to set aside a specific time to pray every day, a true lifestyle of prayer involves spontaneous dialogue with Him throughout each day. As you engage in daily conversation with the Lord, you'll experience His power and presence in a way that will forever change your life!



Praying for you,

**Pastor's Chris &
Denise Dito**

LIFESTYLE OF PRAYER

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LIFESTYLE OF PRAYER

How do we make prayer a part of our everyday life? We can learn from three things Jesus did...

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed
(Mark 1:35, NIV).

1. A CERTAIN TIME.

Jesus got up very early in the morning to spend time with His Heavenly Father. In order for prayer to work, we should do the same. Make a daily appointment with God and keep it.

2. A CERTAIN PLACE.

Jesus had a prayer place. Your prayer place needs to be an undistracted environment where you can pray out loud and perhaps have some worship music playing in the background.

3. A CERTAIN PLAN.

Go into your prayer time with a plan. If it changes that's fine. When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it the Lord's Prayer, which is on the next few pages. Use it as a guide to pray.

THE LORD'S PRAYER

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THE LORD'S PRAYER

One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray ..."
(Luke 11:1, NIV)

Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one, for yours is the kingdom and the power and the glory forever.
(Matthew 6:9-13, NIV)

* * * * *

1. PRAY AS A CHILD TALKING TO A LOVING FATHER.

"Our Father in heaven ..."

You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father" (Romans 8:15, NLT).

* * * * *

2. PRAY, DECLARING HIS NAME IN WORSHIP.

"... hallowed be your name ..."

God's name is a place of protection — the righteous can run there and be safe (Proverbs 18:10, Msg).

What are His Names?

- **Righteousness** – He makes me clean (Jeremiah 23:6).
- **Sanctifier** – He has called me and set me apart (Lev. 20:7-8).
- **Healer** – He heals all my diseases (Exodus 15:26).
- **Banner of Victory** – He has defeated my enemy (Ex. 17:15).
- **Shepherd** – He speaks to me and leads me (Psalm 23:1).
- **Peace** – He is my peace in every storm (Judges 6:24).
- **Provider** – He supplies all of my needs (Genesis 22:14).

* * * * *

3. PRAY FOR CHANGED LIVES & RELEASE OF THE SUPERNATURAL.

“... *your kingdom come* ...”

*Go and announce to them that the Kingdom of Heaven is near.
Heal the sick, raise the dead, cure those with leprosy, and cast out
demons. Give as freely as you have received! (Matthew 10:7–8, NLT).*

* * * * *

4. PRAY, SEEKING & DOING GOD’S WILL.

“... *your will be done on earth as it is in heaven* ...”

*... don’t be concerned about what to eat and what to drink ...
These things dominate the thoughts of unbelievers all over the
world ... Seek the Kingdom of God above all else, and he will
give you everything you need. (Luke 12:29–31, NLT)*

God’s primary will is for all men to find salvation through Jesus Christ and then grow to become mature disciples.

* * * * *

5. PRAY DAILY, ASKING GOD TO MEET YOUR NEEDS.

“... *Give us today our daily bread* ...”

*I look up to the mountains — does my help come from there?
My help comes from the Lord, who made heaven & earth!
(Psalm 121:1-2, NLT).*

* * * * *

6. PRAY, FORGIVING OTHERS AS YOU HAVE BEEN FORGIVEN.

“... *Forgive us our debts, as we also have forgiven our debtors* ...”

*I tell you, you can pray for anything, and if you believe that you’ve
received it, it will be yours. But when you are praying, first forgive
anyone you are holding a grudge against, so that your Father in
heaven will forgive your sins, too (Mark 11:24–25, NLT).*

Ask and receive God’s forgiveness for any sins He brings to mind. Also, forgive anyone who has offended you. You can even forgive people in advance.

* * * * *

7. PRAY TO OVERCOME TEMPTATION.

“... And do not lead us into temptation ...”

... let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us (Hebrews 12:1, NIV).

* * * * *

8. PRAY, RESISTING THE DEVIL.

“... but deliver us from the evil one ...”

Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded (James 4:7–8, NIV).

Take your stand against the enemy and fight the good fight of faith. Replace every lie the enemy has told you with the truth of God's Word.

* * * * *

9. EXPRESS FAITH IN GOD'S ABILITY.

“... for yours is the kingdom and the power and the glory forever.”

Ah, Sovereign LORD, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you. (Jeremiah 32:17, NIV).

End your prayer time by reminding yourself of God's ability. Return to praise and make your faith declarations.

- **“Yours is the Kingdom”** – all rule belongs to You.
- **“Yours is the Power”** – all mightiness flows from You.
- **“Yours is the Glory”** – Your victory shall be complete.

7 WARFARE PRAYERS

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7 WARFARE PRAYERS

Prayer is not only communion with God; it is confrontation with the enemy.

Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the Gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the Word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people (Ephesians 6:11-18, NIV).

These prayers are helpful in spiritual warfare. Look up the accompanying scriptures and meditate on them as you pray.

1. THE ARMOR OF GOD

(based on Ephesians 6:13-17)

"Thank You, Lord, for my salvation. I receive it in a new and fresh way from You, and I declare that nothing can separate me now from the love of Christ and the place I have in Your kingdom. I wear Your righteousness today against all condemnation and corruption. Fit me with Your holiness and purity — defend me from all assaults against my heart. Lord, I put on the belt of truth. I choose a lifestyle of honesty and integrity. Expose the lies I have believed, and show me the truths I need today. I choose to live for the Gospel in every moment. Show me where You are working and lead me to it. Give me strength to walk daily with You. I believe that You are powerful against every lie and assault of the enemy. You have good in store for me. Nothing is coming today that can overcome me because You are with me. Holy Spirit, show me the truths of the Word of God I will need to counter the traps of the enemy. Bring those Scriptures to mind today. Finally, Holy Spirit, I agree to walk in step with You in everything as my spirit connects with You in prayer throughout the day."

2. THE WEAPONS OF WARFARE

(based on 2 Corinthians 10:4-5; Isaiah 54:17; Nahum 1:9)

“Father, Your Word says no weapon formed against me shall prosper. Therefore I declare that no weapon formed against me prospers this day or any day to come in Jesus’ name. Your Word says that trouble will not arise a second time. Therefore I declare that Satan cannot make trouble for me again, in this manner, as he did in the past, in Jesus’ name. I declare all of these prayers accomplished and brought to pass by trusting you through faith and expectation in the name of Jesus.

Lord Jesus, I confess to You all of my sins this day, yesterday and every day past. I repent and renounce them, those known and unknown, those I have committed willingly and those I committed without realizing I was sinning. I lay down at Your feet all of the sins of my flesh, my tongue, and of my heart, and all unholy thoughts and actions. Thank You, Lord, for shedding Your precious blood for me.

This day and each and every day I ask for protection over my spouse; each of my children; our immediate family members, relatives, friends and acquaintances; and lastly for myself. I also ask today for protection during all of our travels; for our provision, finances, possessions, health, safety and welfare. I put all of these things under the covering of Your precious blood and declare that Satan cannot touch them, on this day or any day to come.

I stand on Your Word. The enemy is driven out from my home, workplace, church and its ministries, children, and loved ones; from my labors, land and my presence. I declare that Satan is not able to stand against me, and his works are taken captive and destroyed. No weapon formed against me will prosper, for the Spirit of the Lord shall raise a standard against them. I declare all of these things accomplished by Your Word.

Jesus, my Lord, I give You thanksgiving, praise, glory, honor and worship for Your righteousness and holiness given to me by Your Word on my behalf.”

3. PROTECTION PRAYER

(based on Psalm 91:1-16; Romans 12:1-2; 2 Corinthians 10:3-5)

“Heavenly Father, I bow in worship and praise before You. I cover myself with the blood of the Lord Jesus Christ as my protection. I surrender myself completely and unreservedly in every area of my life to You. I take a stand against all the workings of Satan that would hinder me in my prayer life. I address myself only to the true and living God and refuse any involvement of Satan in my prayer. Satan, I command you in the name of the Lord Jesus Christ, to leave my presence with all your demons. I bring the blood of the Lord Jesus Christ between us. I resist all the endeavors of Satan and his wicked spirits to rob me of the will of God. I choose to be transformed by the renewing of my mind. I pull down every thought that exalts itself against the knowledge of Christ and loose into myself a sound mind, the mind of Christ.”

4. GENERAL CONFESSION PRAYER

(based on Romans 10:10; James 5:16; I John 1:7-9, 3:8)

“Lord Jesus Christ, I believe You are the Son of God. You are the Messiah, who came in the flesh to destroy the works of the devil. You died on the cross for my sins and rose again the third day from the dead. I now confess all my sins and repent. I ask You to forgive me and cleanse me now from all sin. Thank You for redeeming me, cleansing me, justifying me and sanctifying me in Your blood.”

5. FORGIVENESS PRAYER

(based on Matthew 6:14-15; Leviticus 19:18)

“Lord, I ask for forgiveness for times I have not loved, but have resented certain people and have held unforgiveness in my heart. I call upon You, Lord, to help me forgive them. I do now forgive (name them). I also forgive and accept myself in the name of Jesus Christ.”

6. PRIDE PRAYER

(based on Proverbs 11:2, 16:18, 26:12; 1 Timothy 3:6)

“Father, I come to You in the name of the Lord Jesus Christ. I know pride is an abomination to You. I renounce anything that would cause me to have pride in my heart in dealing with other people. I renounce these and turn away from them. I humble myself before You and come to You as a little child.”

Study Proverbs 6:16-19, and remember fasting is a means by which a person humbles himself before the Lord.

7. GENERATIONAL BONDAGE PRAYER

(based on Exodus 20:4-6, 34:7; Numbers 14:18)

“In the name of the Lord Jesus Christ, I now renounce, break and loose myself from all spiritual, physical, mental or emotional bondages that are upon me, my family or family line as the result of the sin of my parents or any other ancestors. I thank You, Lord, for setting me free.”

FACTS ON FASTING

Fasting, combined with prayer, is a destiny-shifting act that releases divine power, restoration and blessings into our lives. Every January, Love of Christ Church encourages 21 days of fasting and prayer. If you choose to participate, here are some points to consider:

ABOUT FASTING:

- **Definition.** To abstain from physical nourishment for a specific period of time for spiritual reasons.
- **3 Types.** 1) Water only. 2) Water and juice only. 3) Restriction of the normal diet (Daniel 10:2-3).
- **Methods.** Choose one day, several days or all 21 days. Choose one meal, two meals or all three. *Note: If you have health concerns, check with your physician first. Or consider maintaining an attitude of personal denial by avoiding unnecessary foods and drinks, such as desserts, coffees, sodas, etc.*

SCRIPTURAL ATTITUDES TOWARD FASTING:

- **Obedience.** Jesus said, “*when* you fast,” not “*if* you fast.” (Matt. 6:16, Isaiah 58).
- **Humility and Repentance.** Seek the Lord. Confess and turn away from all known sins (2 Chronicles 7:14-15, Daniel 9:1-23).
- **Commitment.** Pray and seek God through His Word (Luke 4:1-14, Esther 4).
- **Expectancy.** Believe He will answer you (Dan. 10:1-14, Acts 13:1-4).

DANIEL FAST GUIDELINES:

Daniel denied himself of choice food, along with all meat and wine, and received significant answers to prayer (see Daniel 10:2-3, 12-13).

Foods to Eat

- **All fruits and vegetables**, fresh, frozen, dried, juiced or canned, including corn and potatoes.
- **All nuts and seeds**, including peanut butter.
- **All legumes**, canned or dried (ex. pintos, kidneys, split peas).
- **All plant-based oils**, including olive, canola and peanut.
- **Beverages.** Water or fruit juice without processed sugar.
- **Other.** Soy products, vinegar, seasonings, salt, herbs and spices.

Foods to Avoid

- **All meat and animal products** (ex. beef, pork, poultry, fish, eggs).
- **All dairy products** (ex. milk, cheese, cream, butter).
- **All grain products** (ex. all breads, whole grains, rice products, oats, barley, pasta).
- **All sugar-based beverages** (ex. soda, alcohol).

PERSONAL PRAYER TARGETS

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PERSONAL PRAYER TARGETS

I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone — for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth
(1 Timothy 2:1-4, NIV).

In the following spaces, write the names of people then pray for them.

MY GOVERNMENT

President: _____

National leaders: _____

State leaders: _____

City leaders: _____

MY FAMILY

Immediate: _____

Extended: _____

MY CHURCH

Pastor: _____

Ministry leader: _____

Specific ministry: _____

MY LIFE

People I work with: _____

Teachers or leaders for family members or myself: _____

THOSE I INFLUENCE

Close friends: _____

Neighbors: _____

Community acquaintances (sports, school events, hobbies, etc.):

MY NEEDS

PRAYER REQUESTS

Write down specific things you want God to change and be involved in. Include the date prayed and date your prayer is answered.

NAMES OF THOSE WHO NEED GOD

These are people you know who may not know Jesus as Savior and Lord or be involved in a local church. Pray for them by name, and then regularly invite them to attend church.

HOW TO PRAY FOR PEOPLE'S SALVATION

1. PRAY THAT THE FATHER WOULD DRAW THEM TO JESUS.

No one can come to me unless the Father who sent me draws him (John 6:44, NIV).

2. BIND THE SPIRIT THAT BLINDS THEIR MINDS.

The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ, who is the image of God (2 Corinthians 4:4, NIV).

3. LOOSE THE SPIRIT OF ADOPTIONS (SONSHIP).

For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, "Abba, Father" (Romans 8:15, NIV).

4. PRAY THAT OTHER BELIEVERS WILL CROSS THEIR PATHS AND ENTER INTO POSITIVE RELATIONSHIPS WITH THEM.

Ask the Lord of the harvest, therefore, to send out workers into his harvest field (Matthew 9:38, NIV).

5. LOOSE THE SPIRIT OF WISDOM AND REVELATION ON THEM SO THEY MAY KNOW GOD BETTER.

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better (Ephesians 1:17, NIV).

MY PRAYER JOURNAL

Record thoughts or impressions you receive while in prayer.

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