

High School Ministry

Grades 9-10

Held at St. Sebastian Parish

High School Youth Ministry for St. Catherine and St. Sebastian Parishes is focused on helping students in grades 9-10 grow in their knowledge of our faith and in their personal spirituality. Through catechesis, participation in mass, socializing and community engagement, we strive to provide opportunities for young people to encounter and serve Jesus Christ. High School ministry will focus on teaching young people concrete ways to live out the Catholic faith, while guiding them to an understanding of how God works, through scripture and tradition. We are committed to fostering a sense of self, by encouraging them to cultivate a personal relationship with God.



This year formation sessions for youth in grades 9 and 10 will happen on the Second Sundays of the month, from 9 - 10:15 am. The schedule is attached and we will have these sessions from October through May. Due to the availability of youth in grades 9 and 10, they will have a hybrid formation schedule. Some of their lessons will be to read and reflect on their own, guided by a personalized schedule. High school ministry to youth should prepare them for the confirmation process. As a result of not attending Catholic schools, we aim to provide an intellectual catechesis of Catholic teachings, reflective of what is happening in Catholic schools. The program will provide books and learning materials needed to gain knowledge and that will be considered their at home formation.

Family Faith Formation

In addition to their small group and at home sessions, we ask that youth in high school participate in family formation events. There are five family events, listed on their schedule below. The youth will not only benefit from the catechesis at these sessions, they will also participate as helpers to foster a spirituality of service. We ask that parents also attend the family formation events. Parents are encouraged to model faithful discipleship in ways that witness to sharing time, talent and treasure with the parish. Both continual formation and service to community are key components of a healthy faith life, we encourage parents to teach this truth by word and deed. Attending the family formation sessions will be fruitful for your family and our parish community.

An essential part of our formation program are the family sessions, which are intergenerational lessons focused on one topic. We have scheduled five family programs this year, building upon the liturgical calendar and core themes or teachings of the Catholic Church. Each family program involves a fun activity, sharing in community, take-home resources for continued family engagement and learning. All families are expected to participate in the family events.

Family resources for formation at home are always available, please contact any formation minister if you would like materials to do with your family at home! The cost of these sessions are included in the registration fee.

NOTE: Families involved in Youth Ministry will receive regular up-dates, with formation information, and articles related to growing in faith through the email provided on your registration. Communication will also take place through the bulletin and verbal mass announcements. Your high schooler(s) will also receive text messages from Margaret.

2026 – 2027 Faith Formation for grades 9&10

Location: St. Sebastian Adult Formation Room

September

Sunday – 20

Catechetical Sunday

Parent & catechist blessing at all masses, Catechist Training

Tuesday– 22

5:00 pm-7:00 pm

Domestic Church in Action Family Event

October

Sunday – 11

9:00 am

FF Class

November

Sunday – 8

9:00 am

FF Class

December

Sunday – 13

9:00 am

FF Class

Saturday – 19

4:00 pm-7:00 pm

Game Night Family Event

January

Sunday – 10

9:00 am

FF Class

February

Sunday– 14

9:00 am

FF Class

Wednesday– 10

4:00 pm-6:00 pm

Mercy & Families Family Event

March

Sunday – 14

9:00 am

FF Class

Sunday– 21

11:30 am-1:00 pm

Holy Week Family Event

April

Sunday – 14

9:00 am

FF Class

May

Tuesday– 4

5:00 pm-7:00 pm

12 Disciples Family Event

Sunday – 9

9:00 am

Last FF Class

Revised 08/10/2026