



2019 DAILY LENTEN CALENDAR

Ash Wednesday	Philippians 1:27-30
Thursday	2 Corinthians 1:3-7
Friday	2 Corinthians 4:7-12
Saturday	Galatians 6:1-5
First Sunday	Acts 5:40-42
Monday	Philippians 3:7-11
Tuesday	Acts 3:17-23
Wednesday	Mark 9:38-50
Thursday	Luke 24:24-26
Friday	Luke 24:46-49
Saturday	Hebrews 2:10-18
Second Sunday	Hebrews 4:6-10
Monday	Hebrews 9:23-28
Tuesday	1 Thess. 4:1-8
Wednesday	Colossians 1:9-14
Thursday	1 Peter 1:8-17
Friday	1 Peter 2:21-25
Saturday	1 Peter 3:8-18
Third Sunday	1 Peter 4:12-16
Monday	1 Peter 5:6-11
Tuesday	Matthew 6:1-13
Wednesday	Matthew 18:15-22
Thursday	Ephesians 4:25-32
Friday	Mark 11:19-26
Saturday	Luke 7:36-50
Fourth Sunday	Mark 5:21-43
Monday	Acts 2:37-41
Tuesday	2 Timothy 2:8-13
Wednesday	2 Timothy 4:16-18
Thursday	Acts 10:39-46
Friday	1 John 1:5-10
Saturday	Romans 3:21-28
Fifth Sunday	James 5:13-18
Monday	Romans 5:1-11
Tuesday	Romans 6:12-18
Wednesday	Romans 7:7-14
Thursday	Romans 8:18-25
Friday	John 12:1-7
Saturday	John 12:23-36
Palm Sunday	Matthew 21:1-16
Monday	Luke 22:39-62
Tuesday	Luke 22:63-71
Wednesday	Luke 23:1-10
Thursday	Mark 15:1-14
Friday	John 19:1-37
Saturday	John 19:38-42
Easter Sunday	John 20:1-31

Lent originated in the early centuries of church history as a time of preparation for Easter. It begins on Ash Wednesday and lasts until Holy Saturday, the Saturday before Easter. The last week of Lent is called Holy Week, which includes both Maundy Thursday (commemorating the institution of the Lord's Supper) and Good Friday (commemorating the crucifixion of our Lord).

Reminiscent of Israel's forty years in the wilderness and Jesus' forty days of fasting in the wilderness, the Lenten season, not counting Sundays, lasts forty days. Sundays are not included because the Lord's Day, according to church tradition, is never a fast day but always a feast day, a celebration of the resurrection.

We hope you find these daily scripture readings, and practices helpful tools for entering into this Lenten season and that it takes you to a deeper understanding, appreciation, and experience of the story of God.

Grace & Peace,

OneLife Staff

Recommend Resources | Books & Music...

- * *Lent For Everyone* By NT Wright
- * *Bread & Wine Readings For Lent & Easter* By Orbis Books
- * *Show Me The Way* By Henri Nouwen
- * *Eastertide: Prayers for Lent Through Easter from The Divine Hours* By Phyllis Tickle
- * *Lent* [cd] by The Brilliance