



FAITH CHILD CARE AND NURSERY SCHOOL

Menu

March 18 – March 22



	BREAKFAST		LUNCH		SNACK	
	Infants	1 year and up	Infants	1 year and up	Infants	1 year and up
Monday	*IF formula/breast milk, WGR IF infant oatmeal cereal, peaches	Kix cereal, mixed fruit, milk	*IF formula/breast milk, LF cheese, green beans	Macaroni & cheese, ham, peas, banana, milk	*IF formula/breast milk, WGR IF infant rice cereal, pears	Cheez-its, 100% white grape juice
Tuesday	*IF formula/breast milk, WGR IF infant rice cereal, bananas	Cinnamon swirl bread, peaches, milk	*IF formula/breast milk, tuna, pears	Meatloaf, WGR wheat roll, mashed potatoes, apple, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, peas	Wheat Thins crackers, yogurt, water
Wednesday	*IF formula/breast milk, WGR IF infant wheat cereal, apples	Multigrain Cheerios, applesauce, milk	*IF formula/breast milk, yogurt, carrots	Fish sticks, tater tots, WGR cornbread, corn, pear, milk	*IF formula/breast milk, WGR IF infant rice cereal, peaches	Pretzels, pumpkin applesauce, water
Thursday	*IF formula/breast milk, WGR IF infant oatmeal cereal, prunes	Bagel & butter, mandarin oranges, milk	*IF formula/breast milk, hard-boiled egg, squash	Lemon chicken, WGR wheat roll, cabbage, orange, milk	*IF formula/breast milk, WGR IF infant wheat cereal, bananas	Ritz crackers, cheese cubes, water
Friday	*IF formula/breast milk, WGR IF infant rice cereal, pears	Corn Chex cereal, pears, milk	*IF formula/breast milk, LF cottage cheese, sweet potatoes	Pancake, turkey sausage, hashbrowns, cinnamon applesauce, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, green beans	Animal Crackers, milk

Week 2 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk. Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.
 IF=Iron-fortified LF=Low Fat WGR = Whole Grain Rich Seasonal fresh fruits and vegetables may be substituted when available.