




## FAITH CHILD CARE AND NURSERY SCHOOL

Menu  
March 26 – 30, 2018

	BREAKFAST		LUNCH		SNACK	
	6 mo. – 1 <sup>st</sup> B-day	1 year and up	6 mo. – 1 <sup>st</sup> B-day	1 year and up	6 mo. – 1 <sup>st</sup> B-day	1 year and up
<b>Monday</b>	Enfamil IF formula/breast milk, WGR IF infant oatmeal cereal, peaches	WGR Cheerios, peaches, milk	Enfamil IF formula/breast milk, LF cheese, green beans	Fish sticks, tartar sauce, WGR bread, french fries, applesauce, milk	Enfamil IF formula/breast milk, IF infant rice cereal, pears	WGR Wheat thins, 100% orange juice
<b>Tuesday</b>	Enfamil IF formula/breast milk, IF infant rice cereal, bananas	Cinnamon raisin bread, banana, milk	Enfamil IF formula/breast milk, tuna, pears	Chicken thighs, WGR roll, roasted potatoes, mandarin oranges, milk	Enfamil IF formula/breast milk, WGR IF infant oatmeal cereal, peas	Ritz crackers, LF cheese cubes, water
<b>Wednesday</b>	Enfamil IF formula/breast milk, WGR IF infant wheat cereal, apples	WGR Granola, apple, milk	Enfamil IF formula/breast milk, yogurt, carrots	Cheese pizza, tossed salad, pears, milk	Enfamil IF formula/breast milk, IF infant rice cereal, peaches	Mixed fruit, pretzels, water
<b>Thursday</b>	Enfamil IF formula/breast milk, WGR IF infant oatmeal cereal, prunes	WGR Mini bagel / cream cheese, orange, milk	Enfamil IF formula/breast milk, hard-boiled egg, squash	Eggo waffle, yogurt, hash browns, banana, milk	Enfamil IF formula/breast milk, WGR IF infant wheat cereal, bananas	WGR Goldfish, milk
<b>Friday</b>	<b>CLOSED FOR GOOD FRIDAY HAPPY EASTER</b>					

Week 1 - Infants under 12 months are served iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.

Gerber foods are served to children 6 mo. – 1<sup>st</sup> B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified    LF=Low Fat    WGR = Whole Grain Rich    Seasonal fresh fruits and vegetables may be substituted when available.