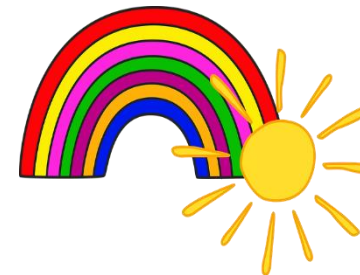




FAITH CHILD CARE AND NURSERY SCHOOL

Menu
August 19 - 23



| | BREAKFAST | | LUNCH | | SNACK | |
|------------------|---------------------------------------------------------------|-----------------------------------------|------------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------|
| | Infants | 1 year and up | Infants | 1 year and up | Infants | 1 year and up |
| Monday | *IF formula/breast milk, WGR IF infant oatmeal cereal, peach | Life cereal, mixed fruit, milk | *IF formula/breast milk, LF cheese, green beans | Beef hot dog, hot dog bun, baked beans, orange slices, milk | *IF formula/breast milk, WGR IF infant rice cereal, pears | Graham cracker, milk |
| Tuesday | *IF formula/breast milk, WGR IF infant rice cereal, bananas | Croissant, oranges, milk | *IF formula/breast milk, tuna, pears | Goulash, tossed salad, WGR wheat bread stick, plum, milk | *IF formula/breast milk, WGR IF infant oatmeal cereal, peas | Club crackers, cheddar cheese cubes, water |
| Wednesday | *IF formula/breast milk, WGR IF infant wheat cereal, apples | Kix cereal, applesauce, milk | *IF formula/breast milk, yogurt, carrots | Turkey, WGR roll, veggie pasta salad, apple, milk | *IF formula/breast milk, WGR IF infant rice cereal, peaches | Trail mix, 100% white grape juice |
| Thursday | *IF formula/breast milk, WGR IF infant oatmeal cereal, prunes | Blueberry muffin, pineapple, milk | *IF formula/breast milk, hard-boiled egg, squash | Chicken & rice, WGR bread stick, mixed vegetables, plum, milk | *IF formula/breast milk, WGR IF infant wheat cereal, bananas | Animal crackers, milk |
| Friday | *IF formula/breast milk, WGR IF infant rice cereal, pears | Multigrain Cheerios cereal, pears, milk | *IF formula/breast milk, LF cottage cheese, sweet potatoes | Grilled ham & cheese, WGR bread, tomato salad, pear, milk | *IF formula/breast milk, WGR IF infant oatmeal cereal, green beans | Low-fat yogurt, pretzel sticks, water |

Week 3 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.

Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified LF=Low Fat WGR = Whole Grain Rich Seasonal fresh fruits and vegetables may be substituted when available.