

DEVOTIONAL

for parents



We all make exchanges — all the time, in fact! Whether you're shopping, texting your best friend, swapping snacks at the lunch table, or returning a wave to a neighbor, most of the exchanges we make aren't very memorable. But the exchanges that stick with us are the exchanges we have with people who impact our lives for the better. Maybe you've exchanged meaningful advice, wisdom, or encouragement with your friends, family members, heroes, coaches, pastors, or younger people you've invested in. Those exchanges are what this series is all about. In this four-week series from 2 Timothy, we'll explore some advice the apostle Paul gave to Timothy, a guy he was mentoring, because we can learn from Paul's wisdom too. Through it, we'll see how we can all exchange wisdom with each other (no matter our age) by helping each other **discover our gifts, develop discernment, get equipped, and find strength.**

Want to learn and grow alongside your kid as we go through this teaching series? You can! Spend a few minutes each week **studying** the passages of Scripture we'll be teaching, **praying** about what God wants to do in you and in your family, and **growing** by putting God's words into practice in your own life.

WEEK 1 We can help each other discover our gifts.

2 Timothy 1:1-14; 1 Peter 4:10-11; 1 Corinthians 12:6



STUDY

Take a moment to read the passages we're covering this week.
What stands out to you in this passage and why?



PRAY

Thank God for the unique gifts given to each person, and pray for help seeing those gifts in yourself and others



GROW

So what's your next step? Have you taken time lately to notice what you're good at or passionate about? Who around you might need help recognizing their gifts, and how could you encourage them? Are there ways you could invite others to grow in their gifts by giving them space to lead, serve, or try something new? Whatever your next step is right now, take it.

WEEK 2 We can help each other develop discernment.

2 Timothy 2:8-9, 14-18, 22-23; Proverbs 3:5-6, 4:6-7



STUDY

Take a moment to read the passages we're covering this week.
What stands out to you in this passage and why?



PRAY

Pray for God to give you wisdom, to help you recognize what's true, and to surround you with people who point you toward it.



GROW

So what's your next step? Is there a situation where you're being called to think carefully, ask better questions, or slow down before reacting? What would it look like to invite someone trustworthy to walk with you as you try to make a wise decision? How might your perspective shift if you trusted God to guide you step by step? Whatever your next step is right now, take it.

WEEK 3

We can help each other get equipped.

2 Timothy 3:14-17; Psalm 119:97-105; Hebrews 4:12



STUDY

Take a moment to read the passages we're covering this week.

What stands out to you in this passage and why?



PRAY

Thank God for giving you Scripture to guide and equip you, and pray for wisdom to understand it better.



GROW

So what's your next step? Are you regularly spending time learning from Scripture, or is that something you want to grow in? Who has helped you understand God's Word in ways that stuck with you? How could you do the same for someone else? Whatever your next step is right now, take it.

WEEK 4

We can help each other find strength.

2 Timothy 4:6-18; Psalm 121; 2 Corinthians 12:9



STUDY

Take a moment to read the passages we're covering this week.

What stands out to you in this passage and why?



PRAY

Pray and ask God to remind you where true strength comes from.



GROW

So what's your next step? Is there someone who's been a source of strength for you that you need to thank or encourage? How might you rely on God's strength instead of trying to push through everything on your own? What would it look like to build a rhythm of giving and receiving encouragement in your daily life? Whatever your next step is right now, take it.