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# EASTGATE CHRISTIAN COLLEGE



SCHOOL OF  
BIBLICAL  
NUTRITION



SCHOOL OF  
CHRISTIAN  
MEDIA



SCHOOL OF  
BIBLICAL  
STUDIES



SCHOOL OF  
WORSHIPPING  
ARTS

[www.EastgateChristianCollege.com](http://www.EastgateChristianCollege.com)

Convenient.

Excellent.

## **SCHOOL OF BIBLICAL NUTRITION**

**The School of Biblical Nutrition offers classes which focus on raising up excellent Healthcare professionals who have a Biblical understanding of body, mind and spirit health. Our classes provide equipping for the following industries:**

### **NATUROPATHY**

1 Cor. 6:19-20 - “Don’t you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.”

### **HEALING MINISTRY**

James 5:16 - “Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective”

### **ESSENTIAL OILS**

Exodus 30: 23-25 - “Take the finest spices: of liquid myrrh 500 shekels, and of sweet-smelling cinnamon half as much, that is, 250, and 250 of aromatic cane, and 500 of cassia, according to the shekel of the sanctuary, and a hint of olive oil. And you shall make of these a sacred anointing oil blended as by the perfumer; it shall be a holy anointing oil.”

### **HERBOLOGY**

Genesis 1:29 - “Then God said, ‘Look! I have given you every seed-bearing plant throughout the earth and all the fruit trees for your food.’”

### **HEALTH COACHING**

2 Corinthians 7:1 - “Because we have these promises, dear friends, let us cleanse ourselves from everything that can defile our body or spirit. And let us work toward complete holiness because we fear God.”

### **NUTRITIONAL COUNSELING**

Daniel 1: 8, 15 - “But Daniel was determined not to defile himself by eating the food and wine given to them by the king. He asked the chief of staff for permission not to eat these unacceptable foods. At the end of the ten days, Daniel and his three friends looked healthier and better nourished than the young men who had been eating the food assigned by the king.”

### **HEALTH EDUCATION**

1 Cor. 9:27 - “But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.”

**SCHOOL OF BIBLICAL NUTRITION COURSES: BN NM**  
**(all courses receive 3 credit hours)**

- NM 101** God's Healthcare Plan - Discover God's original intention for health and healing.
- BN 102** Healthy Living - Body, Mind and Spirit - Learn how to be whole with body, mind and spirit medicine.
- BN 103** Introduction to Wellness - an overview of proper nutrition for adults and teens.
- EO 104** Biblical Herbology - Learn the herbs of the Bible and how their life-giving functions.
- NM 105** The Ministry of Healthcare - Disease-maintenance vs. Healthcare in the 21st century.
- BN 106** Extraordinary Enzymes - Learn the role of enzymes in optimum digestion.
- NM 107** The Body Miraculous: Anatomy - A general overview of the human anatomy and body systems.
- BN 108** Nutrition and Diet - Learn the basic elements of farm to table and plant to plate nutrition.
- EO 109** Intro to Massage - An introduction to the various massage techniques of massage.
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- BN 201** Infant and Childhood Nutrition - Learn proper nutrition for babies, toddlers and children.
- NM 202** Medical Terminology I - Learn the names of conventional medical treatments for common diseases.
- EO 203** Intro to Essential Oils - Match illnesses with essential oil cures and learn application
- NM 204** Psychology and Personality - An overview of the human mind & personality.
- BN 205** The Principles of Prevention - Heading off disease before it ever begins.
- NM 206** Detoxing the Body (and Mind and Spirit - How to detoxify all of your 15 major body systems in just 30 days.
- EO 207** Essential Oils and Frequencies - Learn the formulas of how essential oils balance the body.
- BN 208** Introduction to Homeopathy - Learn about the history of Homeopathy in America.
- NM 209** Introduction to Naturopathy - Learn about the history and future of Naturopathy in America.
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- NM 301** Diseases Explained I - The Pathology of major medical illnesses.
- NM 302** Medical Terminology I - Learn the names of conventional medical treatments for common diseases.
- EO 303** Intro to Reflexology - An introduction to accessing the nervous system through the soles of the feet.
- BN 304** Immune System of Steel - Strengthening and Developing an Impenetrable Immune System
- NM 305** Cancer-free Naturally - Testimonies of Cancer Cured Naturally without Chemo
- BN 306** The pH-Balanced Miracle - Learn how to read the body's chemical balances using "the power of hydrogen."
- EO 307** Pain Management with Acupressure - An overview to easing pain with bodily pressure points
- BN 308** Digestive Healing - Healing the gut for proper digestion and immune health.
- NM 309** Sleep Health - Learning the main culprits of insomnia.

**NM 401** Diseases Explained - The Pathology of major medical illnesses.  
**EO 402** Advanced Herbology - Learn the treatment of diseases using plants and herbs.  
**EO 403** Advanced Essential Oils - Match illnesses with essential oil cures and learn applications.  
**BN 404** Understanding Keto - Learn the benefits of living in a bodily state of ketosis.  
**NM 405** Childbirth and Midwifery - The Stages of Pregnancy, Labor, and Delivery Explained  
**NM 406** Juice Fasting- Using the power of juicing to help the body heal.  
**BN 407** Dementia Prevention and Reversing Memory Loss - Increased memory and decrease Alzheimer's risk.  
**BN 408** Healing Medical Prayers - healing prayers for every major body system and their illnesses.  
**BN 409** Pain-free Menstruation - Optimum reproductive health minus the suffering.

**BN 501** The Miraculous Molecules of Oils - God's chemistry in essential oils.  
**EO 502** Using Food As Medicine - God's provision for our total health through the foods He  
**NM 503** Why We Get Sick - Study how diseases form and how the body can resist them  
**EO 504** Oil Blend Synergy (Oil Recipes for Health) - discover the miracle of combining God's healing agents.  
**NM 505** Divine Health - Learn what the Bible says about living without disease and how to accomplish it.

**NM 601** Toxic Thoughts and Neuroplasticity: Learn how to rebuild the brain and heal it from negativity's toxicity.  
**BN 602** Food Combining - Discover which foods pair together to keep the body functioning optimally.  
**EO 603** Aromatherapy Recipes for Health and Healing - Discover the power of scent on the human brain  
**NM 604** Guide to Supplements and Vitamins - Learn all about vitamins, minerals, and what supplementation is best.  
**BN 605** Ancient Home Remedies I -

**BN 701** Ancient Home Remedies II - Learn what to do with home treatments when sickness comes.  
**EO 702** Essential Oils and Hormones - Unlock remedies for hormonal balance  
**NM 703** Biblical Plants: Herbs & Their Remedies - Learn the origins of essential oils by studying their herbal sources.  
**BN 704** Healing Via Hydrotherapy - Therapies and remedies using the regenerative power of water.  
**EO 705** - The Apothecary of Essential Oils - Learn the healing properties of essential oils.  
**NM 706** Miraculous Mental Health - Find God's design for true emotional and mental health that results in happiness.

**BN 801** The Christian Health-Care Professional  
**EO 802** The Christian Aromatherapist  
**NM 803** The Legal, Christian Naturopath  
**BN 804** The Christian Life Coach  
**EO 805** - The Christian Psychologist  
**NM 806** - The Well-Rounded Healing Minister

**REQUIREMENTS FOR ALL DEGREES IN ALL BIBLICAL NUTRITION SCHOOL MAJORS**

**TOTAL CREDIT BREAKDOWN FOR ASSOCIATES OF MINISTRY DEGREE **IN BIBLICAL NUTRITION (BN):****

| <b><u>Area of Study</u></b>                 | <b><u>Semester Hours</u></b> |
|---|------------------------------|
| Biblical Nutrition Classes (all BN classes) | 21                           |
| Biblical Studies Classes                    | 18                           |
| Electives (from all NM and EO classes)      | 15                           |
| Internship (approved by faculty)            | <u>6</u>                     |
| <b>TOTAL:</b>                               | <b>60 hours</b>              |

**TOTAL CREDIT BREAKDOWN FOR BACHELOR OF MINISTRY DEGREE **IN BIBLICAL NUTRITION (BN):****

| <b><u>Area of Study</u></b>                 | <b><u>Semester Hours</u></b> |
|---|------------------------------|
| Biblical Nutrition Classes (all BN classes) | 42                           |
| Biblical Studies Classes                    | 36                           |
| Electives (from all NM and EO classes)      | 30                           |
| Internship (approved by faculty)            | <u>12</u>                    |

**TOTAL: 120 hours**

**TOTAL CREDIT BREAKDOWN FOR MASTER OF MINISTRY DEGREE IN BIBLICAL NUTRITION (BN):**

| <u>Area of Study</u> | <u>Semester Hours</u> |
|----------------------|-----------------------|
|----------------------|-----------------------|

|  |    |
|--|----|
| Biblical Nutrition (BN 500-600 level)  | 6  |
| Biblical Studies                       | 6  |
| Electives (from all NM and EO classes) | 6  |
| Internship (approved by faculty)       | 6  |
| Master's Thesis*                       | 12 |

**TOTAL: 36 hours**

**TOTAL CREDIT BREAKDOWN FOR DOCTOR OF MINISTRY DEGREE IN BIBLICAL NUTRITION (BN):**

| <u>Area of Study</u> | <u>Semester Hours</u> |
|----------------------|-----------------------|
|----------------------|-----------------------|

|  |    |
|--|----|
| Biblical Nutrition (BN 700-800 level)  | 12 |
| Biblical Studies                       | 9  |
| Electives (from all NM and EO classes) | 12 |
| Internship (approved by faculty)       | 12 |
| Dissertation**                         | 15 |

**TOTAL: 60 hours**

**REQUIREMENTS FOR ALL DEGREES IN ALL ESSENTIAL OILS MAJORS**

**TOTAL CREDIT BREAKDOWN FOR ASSOCIATE'S OF MINISTRY DEGREE IN ESSENTIAL OILS (EO):**

| <b><u>Area of Study</u></b>             | <b><u>Semester Hours</u></b> |
|---|------------------------------|
| Biblical Nutrition Classes (EO classes) | 21                           |
| Biblical Studies Classes                | 18                           |
| Electives (from all NM and BN classes)  | 15                           |
| Internship (approved by faculty)        | <u>6</u>                     |
| <b>TOTAL:</b>                           | <b>60 hours</b>              |

**TOTAL CREDIT BREAKDOWN FOR BACHELOR'S OF MINISTRY DEGREE IN ESSENTIAL OILS (EO):**

| <b><u>Area of Study</u></b>     | <b><u>Semester Hours</u></b> |
|---------------------------------|------------------------------|
| Essential Oils (all EO classes) | 21                           |
| Biblical Studies Classes        | 36                           |

|  |                  |
|--|------------------|
| Electives (from all NM and BN classes) | 51               |
| Internship (approved by faculty)       | <u>12</u>        |
| <b>TOTAL:</b>                          | <b>120 hours</b> |

**TOTAL CREDIT BREAKDOWN FOR MASTER OF MINISTRY DEGREE [IN ESSENTIAL OILS \(EO\)](#):**

| <u>Area of Study</u>                   | <u>Semester Hours</u> |
|--|-----------------------|
| Essential Oils (EO 500-600 classes)    | 6                     |
| Biblical Studies                       | 6                     |
| Electives (from all NM and BN classes) | 6                     |
| Internship (approved by faculty)       | 6                     |
| Master's Thesis*                       | 12                    |
| <b>TOTAL:</b>                          | <b>36 hours</b>       |

**TOTAL CREDIT BREAKDOWN FOR DOCTOR OF MINISTRY DEGREE [IN ESSENTIAL OILS \(EO\)](#):**

| <u>Area of Study</u>              | <u>Semester Hours</u> |
|-----------------------------------|-----------------------|
| Essential Oils (EO 700-800 level) | 12                    |



|  |    |
|--|----|
| Biblical Studies                       | 12 |
| Electives (from all NM and BN classes) | 9  |
| Internship (approved by faculty)       | 12 |
| Dissertation**                         | 15 |

**TOTAL: 60 hours**

**REQUIREMENTS FOR ALL DEGREES IN ALL NATUROPATHIC DISCIPLINES MAJORS**

**TOTAL CREDIT BREAKDOWN FOR ASSOCIATES OF MINISTRY DEGREE IN NATUROPATHIC MEDICINE (NM):**

| <u>Area of Study</u>                    | <u>Semester Hours</u> |
|---|-----------------------|
| Biblical Nutrition Classes (NM classes) | 21                    |
| Biblical Studies Classes                | 18                    |
| Electives (from all EO and BN classes)  | 15                    |
| Internship (approved by faculty)        | <u>6</u>              |
| <b>TOTAL:</b>                           | <b>60 hours</b>       |

**TOTAL CREDIT BREAKDOWN FOR BACHELOR OF MINISTRY DEGREE IN NATUROPATHIC DISCIPLINES (ND):**

| <u>Area of Study</u>                   | <u>Semester Hours</u> |
|--|-----------------------|
| Naturopathic Medicine (all NM classes) | 24                    |
| Biblical Studies Classes               | 33                    |
| Electives (from all BN and EO classes) | 51                    |
| Internship (approved by faculty)       | <u>12</u>             |
| <b>TOTAL:</b>                          | <b>120 hours</b>      |

**TOTAL CREDIT BREAKDOWN FOR MASTER OF MINISTRY DEGREE IN NATUROPATHIC DISCIPLINES (ND):**

| <u>Area of Study</u>                     | <u>Semester Hours</u> |
|--|-----------------------|
| Naturopathic Medicine (NM 500-600 level) | 6                     |
| Biblical Studies                         | 6                     |
| Electives (from all BN and EO classes)   | 6                     |
| Internship (approved by faculty)         | 6                     |
| Master's Thesis*                         | 12                    |

**TOTAL:**

**36 hours**

**TOTAL CREDIT BREAKDOWN FOR DOCTOR OF MINISTRY DEGREE IN NATUROPATHIC DISCIPLINES (ND):**

| <u>Area of Study</u>                     | <u>Semester Hours</u> |
|--|-----------------------|
| Naturopathic Medicine (NM 700-800 level) | 12                    |
| Biblical Studies                         | 9                     |
| Electives (from all BN and EO classes)   | 12                    |
| Internship                               | 12                    |
| Dissertation**                           | 15                    |

**TOTAL:**

**60 hours**

\*Prior to writing a dissertation, subject matter must be approved by your advisor.  
At that time they will give you the current requirements for your specific dissertation.

\*\*Prior to writing a thesis, subject matter must be approved by your advisor.  
At that time they will give you the current requirements for your specific thesis.