

# ***What Is That?***



***a five day family  
devotional***

***NR CHURCH***

## **WELCOME**

***We are thrilled that you are joining us on this five day devotional plan. This guide was created for you to help your children understand some key points in their faith. It is a simple guide that was made for launching discussion. We encourage you to be intentional with your devotionals and set this time aside for family and faith.***

## ***ACTIVITY GUIDE***

***For each topic you will find a colouring page at the back of this guide. The purpose of these colouring sheets is that they serve as a reminder for the lesson of the day. We encourage you to put up the activity sheets around the house so that what has been planted today won't soon be forgotten. Feel free to colour as you learn about the topic of the day.***

# ***What is Communion?***

*While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body." Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins. Matthew 28:26-28*

## **BEFORE YOU BEGIN**

Before you begin, print the "What is Communion" colouring page out for your family. Enjoy colouring your sheet as you discuss the topic of the day.

To begin your devotional guide with your child(ren) ask them what they know of communion or what they may think it is. After a brief conversation you will know best how to proceed with the discussion for the day.

## **BIG IDEA**

Communion is a reminder of what Jesus did on the cross for us.

## **DEVOTIONAL**

Ask your children if they can think of any symbols or events that serve as a reminder for something else. One example could be Christmas and how the holiday acts as a reminder of when Jesus was born. Brainstorm a few of these reminders together. Communion is just like this! Explain to your children that when Christ followers take communion, they are reminded to ask forgiveness of their sins and to think about the sacrifice Jesus made on the cross.

Jesus tells us about communion in Matthew 28:26-28. Jesus shares communion with his disciples and together they eat bread and drink wine to remember Jesus' body that was on the cross and the blood that was poured out for our sins. Jesus tells his disciples to take communion to remember Him and all that He has done. We are also Jesus' disciples and are to follow what he has said.

If you are comfortable to lead your family in communion, we encourage you to do so. Communion doesn't need to just a church thing. Communion can happen when we want to physically remember Jesus' sacrifice.

# ***What is Baptism?***

*When all the people were being baptized, Jesus was baptized too. And as he was praying, heaven was opened and the Holy Spirit descended on him in bodily form like a dove. And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased." Luke 3:21-22*

## **BEFORE YOU BEGIN**

Before you begin, print the "What is Baptism" colouring page out for your family. Enjoy colouring your sheet as you discuss the topic of the day. To begin your devotional guide with your child(ren) ask them what they know of baptism or what they may think it is. After a brief conversation you will know best how to proceed with the discussion for the day.

## **BIG IDEA**

Baptism is a symbol of how our lives transform when we choose to accept Jesus

## **DEVOTIONAL**

Yesterday we learned about how communion is a reminder for what Jesus did for us. Today we are going to learn how baptism is a symbol for when we choose to accept Jesus into our hearts. Ask your family if they can brainstorm a list of symbols or actions that show how you feel. One example could be how a hug symbolizes our love for others. When we give a hug we are showing love. Baptism is the ultimate example Jesus gives us of showing people that we choose to live our lives for Him.

Baptism isn't just a day in the pool but something way better. When we are baptized we are dunked in and out of the water. Going into the water represents saying goodbye to a life without Jesus in our hearts and coming out of the water symbolizes a new life with Jesus. It isn't complicated, it's a symbol of saying yes to living your life for Jesus!

We encourage you as parents to share your experience with baptism and how you made the choice to be baptized. This may be a good opportunity to invite your children into doing the same.

# ***What is Worship?***

*"Come, let us bow down in worship, let us kneel before the Lord our Maker"*  
*Psalm 95:6*

## **BEFORE YOU BEGIN**

Before you begin, print the "What is Worship" colouring page out for your family. Enjoy colouring your sheet as you discuss the topic of the day.

To begin your devotional guide with your child(ren) ask them what they know of worship or what they may think it is. After a brief conversation you will know best how to proceed with the discussion for the day.

## **BIG IDEA**

Worship is an action that shows God we love Him.

## **DEVOTIONAL**

We have learned so far about symbols and reminders and today we will learn about an action that you may have heard about already- worship. When we hear the word worship our minds normally think of singing songs to God.

This is definitely a type of worship but it's also so much more. When we worship, we are giving love and praise to something. Can your family think of other ways we can give love and adoration to God?

The Bible tells us that we can sing praises to God, we can kneel and pray to Him. We can also worship through the action of loving others. When we put God first we are worshipping Him because are being mindful of Him before anything else. Explain to your family that it is possible to worship other things if we are not careful. When we begin to put our love for other things before our love for God, it becomes idolatry. Let's make an effort this week to worship God in all the many forms he gives us. Let's be sure we don't let our love of other things become our point of worship. We are to worship only God says the ten commandments.

If you feel led, spend sometime in active worship as a family. Praise God in song, in word or in action and demonstrate for your children what worship really is.

# ***What is the Bible?***

*Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.*

*Matthew 7:24*

## **BEFORE YOU BEGIN**

Before you begin, print the "What is the Bible" colouring page out for your family. Enjoy colouring your sheet as you discuss the topic of the day.

To begin your devotional guide with your child(ren) ask them what they know of the Bible or what they may think it is. After a brief conversation you will know best how to proceed with the discussion for the day.

## **BIG IDEA**

The Bible is instructions from God that helps bring us closer to Him

## **DEVOTIONAL**

The Bible is a gift from God because it gives us such clear instructions on how to live a godly life. The Bible is also full of stories that help us understand who God is and how much he loves His people.

To help your children understand the purpose of the Bible show them some instruction guides from board games or perhaps a few recipe books that demonstrate how to make a meal. Ask your children what the purpose of these guides is. Explain to them that the Bible is similar. God gave us the Bible to help us live a life that is pleasing to Him. If we want to know how to best live on the Earth God created, we should follow His guide. Just like when we want to know how to play a game, we should turn to the instructions that the game creator gave us. We can learn a lot from the experiences from the people in the Bible and this helps us understand and know more about God.

Finish by asking your family if they have a favourite story or verse from the Bible. What is God telling us through that story or verse?

# ***What is Evangelism?***

*Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,  
Matthew 28:19*

## **BEFORE YOU BEGIN**

Before you begin, print the "What is Evangelism" colouring page out for your family. Enjoy colouring your sheet as you discuss the topic of the day. To begin your devotional guide with your child(ren) ask them what they know of evangelism or what they may think it is. After a brief conversation you will know best how to proceed with the discussion for the day.

## **BIG IDEA**

Evangelism is a fancy word for sharing the Gospel with others

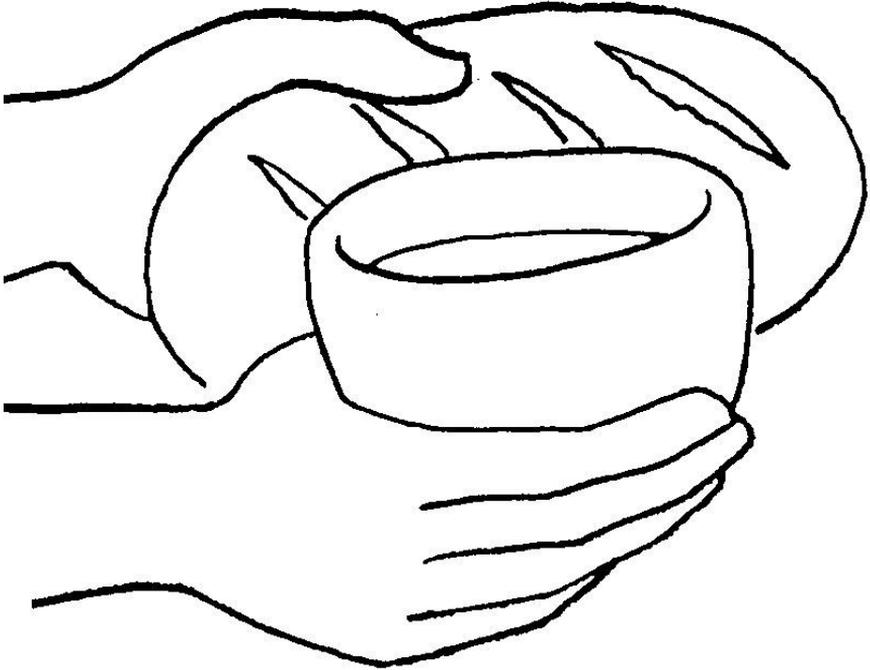
## **DEVOTIONAL**

Evangelism a big word for kids but the purpose is so much greater. It's necessary that we teach our children that evangelism is sharing the Gospel, or in even simpler words, telling others about Jesus. Ask your family if they can think of a time that they were so excited about something that they could hardly wait to spill the beans. This could be an exciting event that happened at school or something wild they experienced out on the playground. Whatever the case, we all have had moments that we can't wait to share.

Our faith should move us in the same way. When we learn about the unbelievable love of Jesus, our reaction should be that we can't wait to share it with others. That's all evangelism is- intentionally sharing the love of Jesus with others.

Close by asking your family if they have evangelized with others. Talk about the importance of sharing the gospel with others.

# ***What is Communion? Colouring Sheet***



*While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body." Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins.*

*Matthew 28:26-28*

# ***What is Baptism?***

## ***Colouring Sheet***



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# ***What is Worship?***

## ***Colouring Sheet***

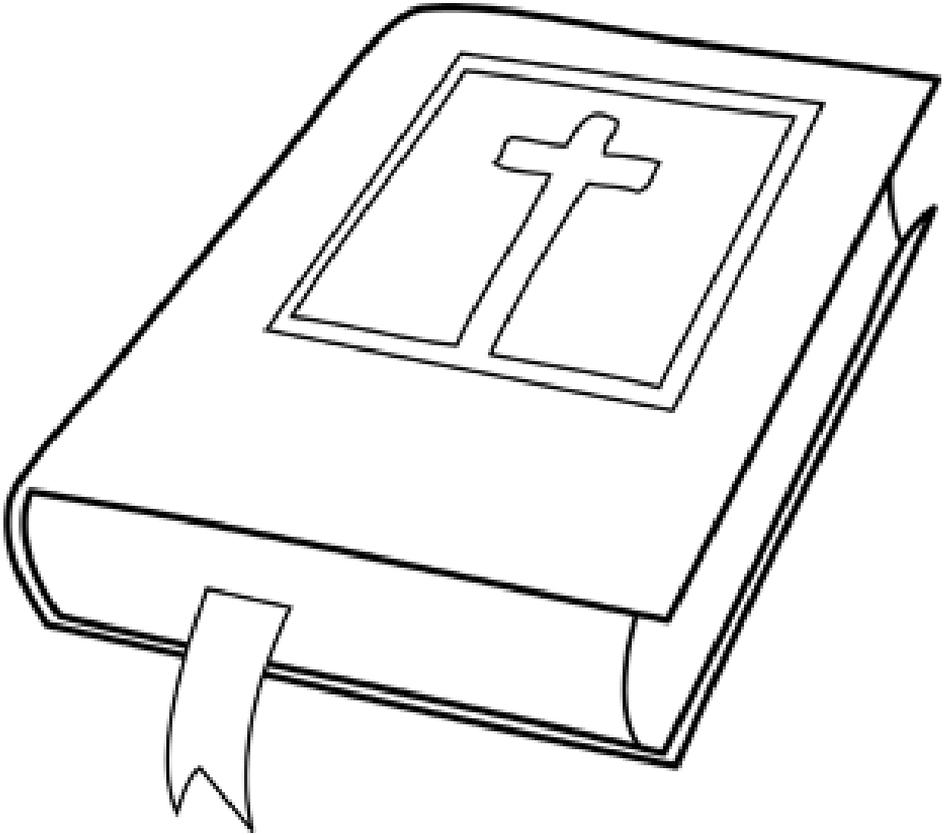


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the Lord our Maker"*

*Psalm 95:6*

# ***What is the Bible?***

## ***Colouring Sheet***



*Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.*

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# ***What is Evangelism?***

## ***Colouring Sheet***



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