



*a preschooler's guide to*

**PRAAYER**

**NRCHURCH.CA**

# hello.

We are so glad you have decided to teach your preschooler about prayer.

Our hope is that your toddler learns from a young age about the power of prayer and that it is so much more than a laundry-list of requests.

We pray that you as a parent is also reminded about the power of prayer and how to set up your prayer life as a model for your child(ren).

In this 5-day series, you will have a day by day guide of how to teach your child to pray. Each day includes a finger puppet to help remind your child of what to pray for. Included as well is a recap of the week to remind your family of what you learned about prayer.

Be blessed this week,  
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### CUT AND PLAY

Cut out each finger puppet and add a piece of tape to join the wings together. Each day you learn something new about prayer with your preschooler, give them the finger puppet to slip on as a reminder of how to pray!

# PRAISE

Our first prayer item is praise. Give your child their PRAISE finger puppet to colour as you chat about praising God in prayer. Above all else we want our preschoolers to know that we love God for who He is and that praying isn't just a list of things we want.

Ask your child why they love their mom or dad so much? It isn't just because they give them whatever they want, but more so because they just love them! Teach your child to lift God up and help them remember that above all else, he is so good!

Pray with your child:

God you are so good and we love you for who you are. You created me and all the people that I love. That is so awesome. You are so great and you do the best job of taking care of me. I love you Lord.

# THANKS

Today we are focusing on thanking God when we pray. Cut out the THANKS finger puppet to colour as you talk about being thankful in prayer. So often we get caught up requesting from God and forgetting to thank God for what he has done or for the requests he has answered. Let's teach our toddlers to thank God first for all he has given to us. Chat with your child about the things they are thankful for or for the things they are very happy they have. Pray with them and allow your child to thank God for their favourite things.

**Pray with your child:**

Thank you God for everything you have given me. We thank you for our family, our yummy food, parks to play at and a comfy bed to sleep in. Thank you God for listening to us when we pray. You have done so much for us, we love you.



# SORRY

Today we are focusing on saying sorry to God when we mess up. Cut out the SORRY finger puppet to colour as you talk about repentance and forgiveness. God makes it very clear that we need to repent of our sins and ask for forgiveness. This is a big concept for our preschoolers but a crucial part of our faith. Let's teach our preschoolers to say sorry to God when we do something that is wrong. Just like we learn to say sorry to people when we do them wrong, we need to say sorry to God too. Use a recent example where your child did something they shouldn't have. This isn't to make them feel guilty but to help them use this situation to ask God for forgiveness.

**Pray with your child:**

I am sorry God for the mistakes I have made and for not obeying your commands. Please help me make better choices and to listen to you always. Thank you for forgiving me, I love you.

# OTHERS

The Bible tells us to put others before ourselves, so let's teach our children to pray for those around us before we begin to pray for ourselves. Cut out your OTHERS finger puppet and colour it as you talk about praying for others. Teach your child that when we pray we can ask God for anything. He loves hearing our voice when we talk to Him. Ask your child what they think other people may need prayer for. It would be helpful to give them some concrete examples of people to pray for as well as ask them of someone they would like to pray for.

**Pray with your child:**

Thank you God for all the people in my life. God we ask that you heal those who are sick and love our friends and family who don't know you. Thank you for listening to my prayers. I love you.

# PLEASE

On our final day of learning about prayer we will teach our preschoolers about asking God for things in their own life. It's important to teach your child that when we ask God for things, it is not all about getting what we want, like a new bike. It's about asking God for things in our life that will make God happy. Chat with your child about the things that they think will make God happy. A few examples could include when we listen to Him, when we are helpful, when we are nice to others. God wants our life to be the best it can be. Let's teach our children to pray and say please to living a life that makes God smile.

**Pray with your child:**

It is so awesome that I can ask for you anything. I am learning to ask for things that will make you happy. Help me make choices that make you smile and help me live a life that is the best it can be.



# Recap the Week

## I PRAISE YOU BECAUSE

- 1.
- 2.
- 3.
- 4.
- 5.

## I THANK YOU BECAUSE

- 1.
- 2.
- 3.
- 4.
- 5.

## I AM SORRY FOR

- 1.
- 2.
- 3.
- 4.
- 5.

## THE PEOPLE I PRAY FOR

- 1.
- 2.
- 3.
- 4.
- 5.

## I WANT TO ASK YOU FOR

- 1.
- 2.
- 3.
- 4.
- 5.