



Alleluia! Adult Ministries

Sermon-Based Study
for Connect Groups

March 3, 2019

Sermon Series: Made Perfect in Weakness

Title: When I Feel Ashamed

Scripture: John 8:1-11

Connecting

Take a moment to introduce yourselves to one another.
Share a “High” and/or “Low” from the past week with the group.

Opening Prayer

Read Today’s Scripture: John 8:1-11

Discussion

1. What is your first memory of feeling ashamed? What emotions did you experience? If you are comfortable within your group (and this is a good time to remember complete confidentiality in our groups), share a recent time to experienced feeling ashamed.
2. What do you think causes “shame” in the human mind, heart, and soul? Do you think God wired us up when he created humankind to feel this emotion? Do you think shame is grounded in some sort of “moral compass” that we all have? Why or why not? Why do you think some people feel shame and others don’t?
3. Read Matthew 7:1-5. What do you think Jesus’ main point is here? Now read John 8:7. How does this align with what Jesus said in Matthew 7:1-5?
4. How quick are people in today’s culture to “cast stones” of judgment at others? Discuss avenues for doing so such as gossip, social media, etc.
5. What are some practical ways that Christians be counter-cultural and not participate in being judgmental and not “cast stones” at others?
6. The woman in today’s Scripture finds herself left with only Jesus after all of those accusing her walked away. What does Jesus say to her in John 8:11? If you were the woman, how would you feel in that moment? Discuss the forgiveness of Jesus, but also his command to “leave your life of sin.” Is a changed life and behavior the outcome of Jesus’ forgiveness when we feel ashamed? Why or why not? Should it be?

Closing Prayer