



Alleluia! Adult Ministries

Sermon-Based Study
for Connect Groups

December 16, 2018

Sermon Series: The Heart of Christmas
Title: The Heart that Prepares
Scripture: Luke 1:39-55

Connecting

Take a moment to introduce yourselves to one another.
Share a “High” and/or “Low” from the past week with the group.

Opening Prayer

Read Today’s Scripture: Luke 1:39-55

Discussion

1. This last weekend was the 3rd Weekend in the season of Advent. If you have spent any time resting in God’s promises (Weekend 1) and/or done practical things prepare room in your heart (Weekend 2) this Advent season, please share with the group.
2. This weekend, Pastor Tim talked about “The Heart that Celebrates.” What are specific things you did growing up in your home to celebrate Christmas? What new traditions help you celebrate since you became an adult and/or had children of your own?
3. In this week’s Scripture readings, Elizabeth & Mary share God’s gifts of their pregnancies with one another. Look back at what they said to one another. What jumps out at you from anything they said to each other?
4. Mary said, “My soul glorifies the Lord.” Do you believe that we have a soul? Why or why not?
5. The Bible is clear that we have a soul. Pastor Tim shared a quote from George McDonald, “You do not have a soul. You ARE a soul. Your soul has a body.” Discuss this.
6. How can your “soul” magnify the Lord? What are practical ways? Pastor Tim encouraged us to have our soul elevate us to a place of praise, even when our mind/body are not willing. How do you feel about this possibility?

Closing Prayer