



## Dance Spirit

~Inspiring performers to reach their potential with positive, professional training in a wholesome atmosphere!



**DANCE SPIRIT** is a community dance program of Alleluia! offering classes for children ages three and up. The schedule may include Dance Discovery, tap, jazz, ballet, musical theater, and acting! Children are encouraged and challenged to reach their dance goals as well as personal goals by striving to be the best that they can be!

Dance has a positive influence on memory, concentration, and mood. It helps in the development of decision making, critical thinking, and team work. Dance can stimulate energy and creativity for lifelong learning and activity. And...dance is fun! All are invited to participate in the program.

### **Director/Instructor: Ms. Jeanne O'Connell**

Jeanne O'Connell is a teacher, choreographer, and performer who has worked in all areas of entertainment. She brings with her over 30 years of dance experience which helps to make this a leading, professional program in the community. She has performed in Broadway shows such as 42nd Street, appeared in national television shows and commercials and danced in numerous productions at Disneyland. Most importantly, she strives to bring out the best in each student!

### **Instructor: Ms. Julie O'Connell**

Julie O'Connell has been a performer and choreographer for more than four decades with credits that include the original Los Angeles company of 42nd Street, films, and many television shows! She has trained well-known performers, including Drew Barrymore, Christina Applegate, and Katie Holmes. Julie has a tremendous ability to inspire young performers and bring out their unique best. Her students have gone on to enjoy much success.

### **The O'Connell's Performing Company (Participation is by audition only)**

The performing company provides performing opportunities for students who wish to be more involved in the arts. Students work on skills as well as choreography which will be performed in local area shows, parades, and community events. The company also presents full length musicals annually. Boys and girls ages 7 & up are encouraged to audition. Contact director Jeanne O'Connell for audition date and further information at [dancespirit@alleluia.church](mailto:dancespirit@alleluia.church). We reserve the right to make changes/corrections to the following information.

**\*Admission into classes is at director's discretion.**

**\*Private lessons are available upon request.**

**\*Director reserves the right to cancel classes due to low enrollment.**

### **Attire:**

Ballet classes: wear solid colored leotard, pink tights, and pink ballet shoes.

Tap classes: wear dance clothes with black tap shoes.

Jazz classes: wear dance clothes with black jazz shoes.

Dance Discovery classes: wear leotard (preferably no skirt), pink tights, black tap shoes/pink ballet shoes.

Email [dancespirit@alleluia.church](mailto:dancespirit@alleluia.church) for more information or questions.

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### **Winter/Spring CLASSES ARE BELOW.**

- This session runs January 14 – May 16, 2019. We will pro-rate if you begin mid-session.
- No classes will be held 2/18, 3/6, 4/18, or the week of 3/25-28 during spring break.
- There will be an end-of-the-year dance show. More details to follow.

### **Primary Tap/Jazz/Ballet (Boys/Girls 6-8)**

**Monday, 4:45-5:30pm \$215.**

This class is for youngsters who are ready to move out of the Dance Discovery class and into a more focused class. Students will learn tap, jazz, and ballet. They will have fun as they learn the basics in the three styles of dance.

### **Teen Tap/Jazz (Boys/Girls 11-14)**

**Monday, 5:30-6:30 \$225.**

This class is for students age who are interested in learning tap and jazz. Whether a student is new to dance, returning after some time off, or continuing training, it will be a great class for young teens to learn the fundamentals, solidify the basics, and develop their dance skills. (No prior experience necessary!)

### **Int./Adv. Ballet/Lyrical (Boys/Girls 12 & up)**

**Monday, 6:30-8:45pm \$305.**

This higher level ballet class is for students who have established proper body placement, core strength, know the positions of the feet, arms, and body and can properly execute fundamental ballet steps. Students will continue their study of ballet and work on turns, leaps, and jumps. Admittance into this class is by teacher approval.

### **Beg./Int. Ballet (Boys/Girls 8 & up)**

**Tuesday, 4:30-5:30pm \$240.**

Students will learn proper placement, alignment, and terminology of classical ballet. They will learn basic ballet steps, increase strength and flexibility, improve balance and coordination, and develop poise. Admittance into this class is by teacher approval.

### **Junior Performing Group (Boys/Girls by audition only)**

**Tuesday & Thursday weekly, 5:30-7:00pm \$490.**

The junior group is for dancers who have established a solid foundation in dance and enjoy performing. On Tuesdays, students will continue to develop their tap and jazz skills by learning more advanced steps, combining larger sequences of steps, incorporating turns and leaps, and more complicated rhythms. On Thursdays, students will continue to refine technique and will learn choreography which will be performed in area shows, events, and competitions.

### **Senior Performing Group (Boys/Girls by audition only)**

**Tuesday & Thursday weekly, 7:00-8:45pm \$490.**

The senior group is for intermediate to advanced level dancers and seasoned performers. Tuesday class includes tap and jazz in which the students will be challenged with advanced steps and rhythms, complicated sequences of steps, turns, leaps, and jumps, and larger and grander movements. On Thursdays, students will polish their technique and learn choreography which will be performed in local area shows, events, and competitions.

### **Dance Discovery II (Boys/Girls 3-5)**

**Wednesday, 9:30-10:15am \$215.**

This class is for girls and boys who are just beginning their journey through dance. Children will love the self-expression and creativity in this class. They will begin to understand the movement of dance, have control over the body, and the freedom to let go! Students will incorporate many of the primary concepts, (rhythms, patterns, shapes), into their dancing.

### **Musical Theatre Dance (Boys/Girls 13 & up, \$10 drop-in, \$80 for 10 classes)**

**Wednesday, 6:30-7:30pm**

This class is ideal for students who like to dance, sing, and act. Students will learn the fundamentals of dance and will explore many different styles of the theatre. Technique as well as routines will be taught! This class is terrific for students who are preparing to audition and perform in shows! No prior experience necessary!

### **Adult Tap**

**Wednesday, 7:30-8:30pm, \$80. (Adults 13 & up, \$10 drop-in, \$80 for 10 classes)**

This class is for ages 13 and beyond! The class will focus on the fundamentals of tap dancing (basic steps as well as tempo, rhythm, balance, and coordination skills). This is an ideal class for those who want to learn to tap, are training for shows, or looking for a fun way to exercise!

**Elementary Tap/Jazz (Boys/Girls 8-11)**

**Thursday, 4:30-5:30pm \$225.**

The elementary level of dance is for students who have a foundation in tap and jazz. Students should know the basic steps, dance terms, and have an understanding of body mechanics. This class is a great stepping stone for students who are considering studying dance more seriously or want to join the performing company.

**Ballet, Tech, Turns, and More! (Boys/Girls 10 & up, \$20. drop-in, or \$135.00 for session)**

**Saturday, 10:00am-12:30pm (Dates: TBD)**

This class is for dancers age 10 and up with teachers approval. It is an advanced level class that will require discipline, focus, and hard work! The class will vary from week to week but it will include ballet, turns, leaps, conditioning, stretching and more! Come prepared to WORK!