



# ST. RAPHAEL

## THE ARCHANGEL

CATHOLIC CHURCH

830 S Westhaven Drive, Oshkosh, WI 54904  
920 233 8044 | parish.office@raphael.org | raphael.org

### MASS SCHEDULE

Saturday 5 pm  
Sunday 8 am, 10 am, 5 pm

#### Weekday Masses

Monday - Wednesday 8 am  
Thursday & Friday 7:15 am

#### Reconciliation

Saturday 3:30 pm - 4:30 pm  
Tuesday 4:30 pm - 5:30 pm  
Wednesday 8:00 pm - 8:30 pm

#### Mass for the Homebound

Radio Mass Sunday 8 am on WOSH 1490AM  
TV Mass w/ Bishop Ricken - Sundays at  
10:30 am on WFRV Local 5

#### Parish Office Hours

Monday - Thursday 8:00 am - 4:30 pm  
Friday 8:00 am - 1:00 pm

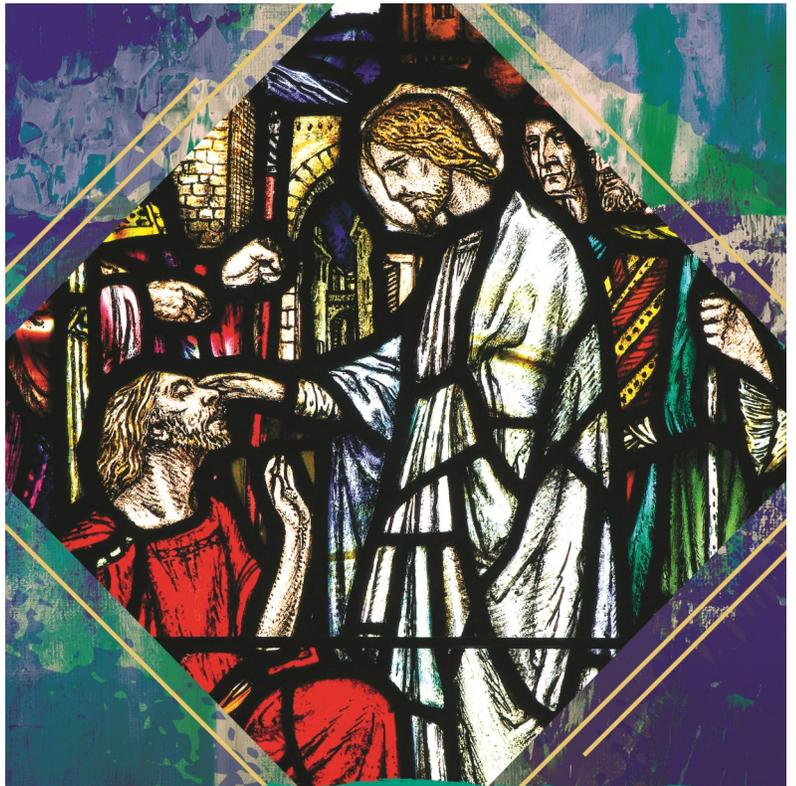
**Our Catholic School:** Lourdes Academy  
www.lourdes.today 920-426-3626

#### PASTORAL TEAM

Pastor Fr. Tom Long  
Parochial Vicar Fr. Ben Pribbenow  
Pastoral Associate Sara Scheunemann  
Deacons Greg Grey, John Ingala,  
Mark Leafgren

Please remember St. Raphael Church in your  
Will and Estate Planning

## March 15, 2026



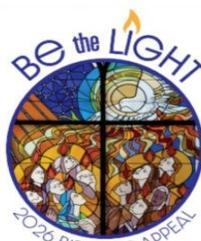
### 4TH SUNDAY OF LENT

The Pharisees also asked him how he was able to see.  
He said to them, "He put clay on my eyes, and I  
washed, and now I can see." - Jn 9:15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

### MISSION OF ST. RAPHAEL

As friends and followers of Jesus, we are devoted to fostering households and communities of discipleship through the mission and ministry of the Catholic Church.



Please support this year's  
Bishop's Appeal!

#### Ways to give:

- The mailing sent to your home
- Materials in the Gathering Space
- Catholic Foundation website:  
[catholicfoundationgb.org/give](http://catholicfoundationgb.org/give)

Dear Parishioners

Blessed *Laetare Sunday!* On the 4th Sunday of Lent each year we Rejoice, knowing that we are drawing ever nearer to the holiest days of the year: the Paschal Triduum and Easter. This is shown with the use of Rose colored vestments and the allowance of more decoration and music in the liturgy.

The lightly colored vestments remind us that Christ is the light of the world. He comes to help us see rightly. As we read in the first reading, "Not as man sees does God see, because man sees the appearance but the LORD looks into the heart." Keep this in mind as you evaluate how your Lent is going. What does it look like to you? On the outside, are things in shambles? Have you slipped back into old habits around social media or the news? Did you accidentally eat meat on a Friday? Do not get me wrong, our external practices are essential to our Lenten journey and to our lives as Catholics. That said, there is something deeper...

The Pharisees in our Gospel are obsessed with the external appearance. They only care about external adherence to the Law. As a result, they become blinded to the reality of the savior in front of them although they claim to be able to see. Perhaps your Lent is going just the way you thought it would. On the outside, you have it all together. But, where is your heart? I am convinced that one could perfectly adhere to one's Lenten penances and not grow at all in relationship to the Lord. On the contrary, sometimes a faltering in practice is just what we need to spur us to a deeper conversion towards Jesus.

Has sin or difficulty made you feel insufficient, in the dark, or blind? Remember that God often sees differently than you do. Turn back to the Lord and rejoice this Fourth Sunday of Lent! See, our salvation is near at hand.



**Lenten Blessings,**

**Fr. Ben**



**Gina Greening** will enter the Catholic Church through a Profession of Faith and the sacraments of the Eucharist and Confirmation this weekend.

**Gina, welcome to the Catholic Faith!**

## World's Poor Collection This weekend March 14/15

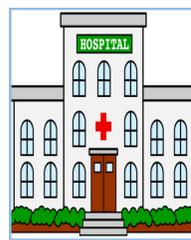
This weekend we take up our World's Poor Collection benefiting the Catholic Campaign for Human Development, Catholic Relief Services, Peter's Pence, and the Solidarity Fund for the Church in Africa. Your support of this collection provides relief for struggling communities, both here and around the world. Please prayerfully consider how you can support the collection. Thank you for your generosity in supporting this collection and sharing Christ's love with others.

## Sister Parish Update

### Mission Trip Informational Meeting

An informational meeting will be held on **Monday, March 16, 2026** at 6:30 for any adults interested in participating in a parish mission trip to Jackson, KY the week of **April 20-24** (plus travel dates – to be determined). This is an "extra" trip to work on specific items at Holy Cross that we have not been able to address in previous trips. If you have any questions, please reach out to Carl Glowcheski at 715-213-1729 or Anne Glowcheski at the parish office at 233-8044.

**Support** – If you are unable to join the team on the trip but would like to participate in other ways, prayers and donations are graciously accepted and appreciated.



## Hospital Visits

Is a loved one in the hospital and would like a visit? Please call the parish office at 920-233-8044 and let us know so we can arrange for one of the priests to come visit! If a loved one is at Mercy, we only know that if you inform us.

## City-Wide Reconciliation Service

*Thursday, March 19 at 2 pm  
St. Raphael Church*

**NEVER underestimate the power of PRAYER....**

## WHAT'S HAPPENING

### Saturday, March 14 World's Poor Collection

#### Oshkosh Area Food Pantry Collection

9:00 am Working Moms Group  
 3:30 pm Reconciliation  
 5:00 pm Mass  
 6:00 pm Cookie Social

### Sunday, March 15 World's Poor Collection

#### Oshkosh Area Food Pantry Collection

Morning Masses at 8am & 10am

#### Burrito Sunday

10:00 am Sunday School  
 3:00 pm Families of Faith  
 4:00 pm Stations of the Cross  
 5:00 pm Mass  
 6:00 pm High School Youth Ministry Event

### Monday, March 16

8:00 am Mass  
 2:00 pm Women of Faith Small Group Mtg  
 5:00 pm Prayer Shawl Meeting  
 6:00 pm Baptism Class  
 6:15 pm Catholicism 101 (St. Mary, Winneconne)  
 6:15 pm **Finance Council Meeting**  
 (moved from Tuesday, March 17)  
 6:30 pm Mission Trip (Jackson, KY) Mtg  
 7:00 pm Women of Faith Small Group Mtg

### Tuesday, March 17

8:00 am Mass  
 9:00 am Moms Group  
 12:00 pm Soup & Study  
 4:30 pm Grades 1-5 RE Classes  
 4:30 pm Middle School Edge  
 4:30 pm Reconciliation  
 6:30 pm Fully Alive in Jesus - Lenten Retreat

### Wednesday, March 18

8:00 am Mass  
 9:00 am Fully Alive in Jesus - Lenten Retreat  
 9:30 am Women's Spirituality Group  
 4:30 pm Grades 1-5 RE Classes  
 5:30 pm Middle School Edge  
 5:30 pm Easter Vigil Rehearsal  
 7:30 pm High School RE Classes  
 8:00 pm Reconciliation

### Thursday, March 19

7:15 am Mass  
 2:00 pm Grief Support  
 2:00 pm City Wide Reconciliation (St. Raphael)  
 4:30 pm Youth Choir  
 6:00 pm Mixed Choir  
 6:00 pm No Parish Council Meeting  
 7:10 pm Good Friday Music Rehearsal

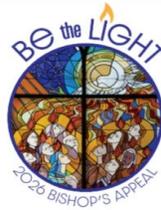
### Friday, March 20

7:15 am Mass  
 4:30 pm Friday Fish Fry (Fifth One!)

STEWARDSHIP OF SHARING WILL BE  
 UPDATED IN NEXT WEEKEND'S BULLETIN

### Weekend Mass Updates:

	Saturday		Sunday		Total
	5:00	8:00	10:00	5:00	
February 14/15	344	421	635	240	1,640
February 21/22	462	367	565	272	1,666
Feb 28/March 1	390	359	635	261	1,646
March 7/8	434	301	531	382	1,648



Please support this year's  
**Bishop's Appeal!**  
 Our parish goal: **555 Donors**  
 Number of Donors: **311**

Money given over the amount needed is invested for future capital needs. Thank you for your generosity, as these donations are important for our long term needs.

### Fish Fry Count - March 6

dine in	525
carry out	375
<b>meals served</b>	<b>900</b>



### FISH FRY NEWS!

The Fish Fry Committee is looking to recruit another co-chair to join our management team for next year's Fish Fry. Great benefits! Please contact Ron Bruch at 920-279-5319 or ronaldmbruch@gmail.com.

### Desserts Galore!

Desserts for **take out and dine in** are very much appreciated! For take out desserts, please wrap desserts individually Each week the **dine-in** dessert will be "Baker's Choice" with the favorites being pies, cheesecakes, bars, tortes and brownies.

### Saturday, March 21

9:00 am Christ Child Society Mtg/Workshop  
 3:30 pm Reconciliation  
 5:00 pm Mass  
 6:00 pm Newcomer Dinner

### Sunday, March 22

Morning Masses at 8am & 10am  
 Coffee & Donuts after morning Masses  
 4:00 pm Stations of the Cross  
 5:00 pm Mass

# RELIGIOUS EDUCATION



The Holy Hero for the month of March is St. Joseph, foster father of Jesus. With spring break and Holy Week just around the corner, a perfect way to honor him is by taking a family pilgrimage to the National Shrine of St. Joseph, located in De Pere, Wisconsin. The Shrine is housed in Old St. Joseph Church, which is located on the St. Norbert College Campus. The shrine is open 6am-11pm, with Mass being celebrated daily at 7pm during the 139th Annual Solemn Novena, which takes place March 11-19. To find out more visit [norbertines.org/joseph/](http://norbertines.org/joseph/).

## RE Updates

- Safe Environment sessions will take place for all youth grades 1-10 on March 17/18. Letters were mailed to families the first week of March. Contact Jessie Adrians with questions.
- There are no weekly class sessions for grades 1-10 on March 24/25 and March 31/April 1. Have a happy and safe spring break and a blessed Holy Week!
- First Eucharist Celebrations will take place at the Saturday 5pm and Sunday 10 am Masses on the following weekends. Please keep our First Communicants and their families in your prayers:

April 11/12  
 April 18/19  
 May 2/3

A special shout out to the following parishioners and staff who assisted with the First Eucharist Retreats on March 7/8. Thank you for being the hands and feet of Jesus to others:

- Delaney Anderson (youth volunteer)
- Lois Reischl (2nd grade catechist)
- Kathy Baehman (Family Outreach Coordinator)
- Deacon John Ingala

**Prayer for a New President  
 of Lourdes Academy**

Almighty God,

You sent your Son Jesus as our Good Shepherd to lead and guide us.  
 We humbly ask Your Holy Spirit to call a faith-filled leader  
 to serve as our new President of Lourdes Academy.  
 May we grow ever closer to You and one another.  
 We ask this through Christ our Lord.

Amen.

Our Lady of Lourdes, *pray for us.*  
 Live, Jesus, in our hearts. *Forever.*

FATHER CARR'S PLACE 2B  
 1062 N. KOELLER STREET  
 OSHKOSH, WI 54902  
 (920) 231-2378

*Alleluia, Alleluia, Alleluia*  
*He is Risen, Risen Indeed*

**FATHER CARR'S PLACE 2B  
 EASTER SUNDAY DINNER**

APRIL 5th, 2026

EASTER SUNDAY DINNER DELIVERY 10:30AM - NOON  
 TAKING ORDERS NOW (920) 231-2378

EASTER DINNER DINE-IN SERVING FROM NOON - 1:30PM  
 NO RESERVATIONS NECESSARY

**ALL ARE WELCOME**



### Are you interested in becoming Catholic?

If you are interested in becoming part of the Catholic faith, or learning more about it, please call or email the parish office to learn how you can join the Catholic Church. 920-233-8044 or [parish.office@raphael.org](mailto:parish.office@raphael.org)

**2026-27  
 NEW STUDENT ENROLLMENT  
 IS OPEN!**





For more information, contact Theresa Warwick  
 at 920-426-6421 or [twarwick@lourdes.today](mailto:twarwick@lourdes.today)



[lourdes.today](http://lourdes.today)

## Upcoming Events at a Glance

March 17 - Soup & Study 12 noon  
March 19 - City Wide Reconciliation  
St Raphael 2pm  
March 22 - Stations of the Cross 4pm  
March 27 - Last Fish Fry 4:30pm  
March 29 - Palm Sunday  
April 2 - Holy Thursday Mass 7pm  
April 3 - Good Friday Services 1pm, 7pm  
April 4 - Holy Saturday - Easter Vigil 8pm  
April 5 - Easter Sunday - 7am, 9am, 11am No 5pm



Congratulations to  
**Dave and Pat Galica**  
who are celebrating their  
50th Wedding Anniversary  
this week.



This week's Memorial Candle is  
burning in loving memory of  
**Margaret Bauer & Jim Hetue**



Please pray for:  
**Doreen Effertz**  
who died on March 8



This weekend's Radio Broadcast Mass is  
sponsored in loving memory of  
**Gilbert and Frances Pohl**



The intercessory prayer team will be  
available to pray with you after the  
5pm Mass on Saturday and 8am  
and 10am Masses on Sunday  
mornings. The intercessory prayer  
team will pray with you for special intentions  
that you might have for yourself, family, friends,  
or to pray with you to thank God for His many  
blessings.

## How is Your Lent Going?

We are about halfway through Lent, the season of prayer, fasting and almsgiving. It's a time of patience, reflection, and of growth as we strive to become more like Jesus. Some people have given up chocolate or coffee for Lent. Others fast from a variety of vices. With all of this in mind, we may question ourselves at this point, "How is Lent going for me so far?" I have a few helpful suggestions to make the most of Lent and to think about ways to be a true disciple of Christ.

### Reflection

One of the best ways to make the most of Lent is to be a person of stillness and reflection with the Lord. We live in a time of constant cell phone usage, busy-ness, and movement. It is challenging to live in a mindset of reflection, peace and tranquility. Slowing down, taking the time to listen to others, and spending time in prayer is a great place to start.

### Sacrificial Living

When we temporarily give up something we love a lot during Lent, it is an offering to God, and it is something good. Sacrificial living and giving is the best when we intend to make a practice ongoing. Giving to those in need and going without something is more meaningful when we intend to continue living in this way. Our practices should be something we plan to implement long after Lent to imitate Christ our Savior.

### Cultivating Better Relationships

The Lord desires us to model him especially in terms of how we treat other people. The closest people in our lives often are family members we live with. Cultivating better and more virtuous relationships with family and those closest to us enables us to model the Lord. When we put the needs of others first, become better listeners, and seek reconciliation where possible, we are living our best Lent.

When thinking about Lent, remember first to pray, fast and give alms. Praying is the most effective activity we can do in order to grow in our faith. We can fast from those things in our lives that in the end are harmful to our souls and can give to others both materially and spiritually. With the help of the Lord, we can make the most of Lent!



**Kathy Baehman,**  
*Family Outreach*

## The Woman at the Well

Over the last few weeks in this column, I have offered some musings on the story of the woman at the well. Mostly, I have sought to look at Jesus' perspective – how he was compelled by love to seek out this woman; how Jesus came to her as he was, tired and thirsty, which gave her freedom to be who she really was with him; and how he, as the divine bridegroom, pursues his bride.



Today, I'd like to turn our attention to the Samaritan woman and how this encounter with Jesus changed her life. One line from the Gospel especially stands out to me: "Then, leaving her water jar, the woman went back to the town and said to the people..."

First, she left her water jar. After coming to the well at the hottest part of the day to draw water, she leaves her jar behind when she returns home. She forgets her original intent and desire, because a greater desire in her heart has been filled and she has found a new, and far more important, purpose. Her thirsty soul truly has been satisfied by the "living water" that Jesus gives, and she has found her mission: to share with others about the One who is the source of this water that "wells up to eternal life."

Second, we see tangible proof for how the Samaritan woman has been changed by this encounter with Jesus when we observe her actions upon returning to town. This woman – who came to the well at noon, the time of day when she could most easily avoid seeing people – now is unafraid to return home and share with everyone the good news of who Jesus is. Her past no longer haunts her; rather, it becomes the foundation of her testimony, the evidence she points to as proof for Jesus being the Messiah: "He told me everything I ever did."

The Samaritan woman is made new by receiving the living water of Jesus' mercy and love. At this halfway point in the Lenten season, it might be a good time to ask, "Have I been changed in any way by an encounter with Jesus this Lent? How? Where I am still longing for my life to be made new by him?" Could we also meet with him at the well of our own hearts to have a conversation with him about these things?



With prayers for you this Lent,

Sara Scheunemann  
Pastoral Associate

### Women of Faith Small Groups

New women are welcome to join in at any time! We are offering a study on Women in the Old Testament.

**Mom's Group:** First & Third Tuesdays of the Month (Sept-May), 9 am, St. Raphael, Good Samaritan Hall

**Working Mom's Group:** Second Saturdays of the Month, 9 am, St. Raphael, Rooms 110 & 111 (off of Good Samaritan Hall)

**Women's Group Open to All:** Third Mondays of the Month, 2 pm, St. Raphael Rooms 104-106

**Women's Group Open to All:** Third Mondays of the Month, 7 pm

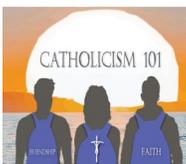
Contact Sara at [sara.scheunemann@raphael.org](mailto:sara.scheunemann@raphael.org) or 920-233-8044, ext. 228, to be connected to any of these groups.



**Stations of the Cross**  
**Sundays: March 15,**  
**March 22**

Starting at 4 pm in Church

Walk with Jesus to Calvary in this beloved Lenten devotion.



**Catholicism 101**  
**Monday, March 16**  
**6:15-7:45 pm at St. Raphael,**  
**Rooms 104-105**

**Topic: Night of Prayer & Reflection**  
You are welcome anytime! Need more info?  
Contact Sara Scheunemann,  
Pastoral Associate, 920-233-8044, ext. 228.



**Prayer chain** – Pray on your own by first name for those requesting prayers

[parish.office@raphael.org](mailto:parish.office@raphael.org)

## Looking Ahead...

### Getting to Know the Holy Spirit: The Book of Acts

Tuesdays from 2-3 pm, Starting April 14  
Location: St. Martin Chapel

When our Bishop David Ricken met with Pope Francis in Rome a few years ago, he asked him what he could do to help us grow in our relationship with the Holy Spirit. Pope Francis encouraged him to read and pray with the Acts of the Apostles as a source of inspiration. As our diocese enters a season focused on growing deeper in our relationship with the Holy Spirit, we invite our parish to follow this advice!

Join us for a weekly time of prayer and conversation about Acts and the role of the Holy Spirit in the church at its founding and today in our own lives.

Contact Sara, pastoral associate,  
[sara.scheunemann@raphael.org](mailto:sara.scheunemann@raphael.org) or 920-233-8044,  
ext. 228 for more information. No RSVP required.

### Summer Catholicism 101: Encountering Jesus in the Gospel of John

Mondays from 7-8 pm  
May 4, 11; June 1, 15, 29; July 6, 20, August 3, 17  
Location: Rooms 104-106

There is no one else like Jesus. Come and get to know him better in our summer session of Catholicism 101. Whether you've known him your whole life or are just beginning, he always has more to share. We'll encounter and grow with him as we read and pray with the Gospel of John. A short video reflection from Dr. Allen Hunt of Dynamic Catholic will provide some background for our learning as well.

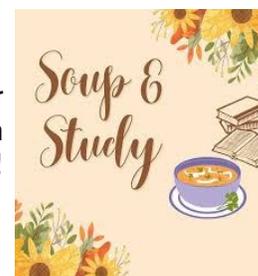
You are welcome anytime! Need more info? Contact Sara, pastoral associate,  
[sara.scheunemann@raphael.org](mailto:sara.scheunemann@raphael.org) or 920-233-8044,  
ext. 228. No RSVP required.

## Soup & Study

### The Lenten Big 3: Prayer, Fasting, & Almsgiving

Every Lent, we think about three things: prayer, fasting, and almsgiving. This Lent, our Soup & Study series will take a closer look at these three pillars of the Lenten season. Join us for some inspiration and to renew your own Lenten practices. No registration required! If you are able to bring bread or soup to share, please sign up in the Gathering Space.

**THIS Tuesday, March 17 12-1 pm: Almsgiving with Chris Arnold**



## Lent is Coming!

### Fully Alive in Jesus - Weekly Lenten Retreat

What does it look like to be fully alive in Jesus? And how do we get there? This Lent, we will explore how a true encounter with Jesus leads to abundant life for us and others. The story of the Samaritan woman from the Gospel of John will provide the backdrop for our prayer in this one-hour weekly retreat in March. Our hour together will include a talk on the topics below, guided prayer, and conversation.

### Fully Alive in Jesus - Weekly Lenten Mini-Retreat Dates & Times

Tuesdays, 6:30-7:30 pm: March 17, 24 - OR -  
Wednesdays, 9-10 am: March 18, 25  
St Raphael Church

### Topics include:

Letting go and leaving behind: Steve and Maureen Anderson (March 17/18)

Receiving and sharing new life: Fr. Tom Long (March 24/25)

Register at <https://tinyurl.com/weekly-lent-2026-retreat>, by emailing [sara.scheunemann@raphael.org](mailto:sara.scheunemann@raphael.org), or by calling 920-233-8044 ext. 228; walk-ins are always welcome. You are welcome to switch times from week to week if needed to accommodate your schedule.



## Knights in Action

### Knights of Columbus Charity Raffle

So far this year the council has sold 244 tickets, which amounts to \$1220.00. Best of luck to all who purchased tickets. Tickets can still be purchased through the months of March and April. As a reminder, the first-place prize is \$50,000.00, 2nd is \$25,000 or a Harley and 3rd through 100 is \$500.00. If you want tickets, see Tom Hellmann or any Knight.

### Checks Will be Presented

On Sunday March 15<sup>th</sup> the council will be presenting checks to the following non-profits in our community.

**Covey of Oshkosh \$1381.70**

**Special Olympics of Oshkosh \$1423.57**

**S.E.R.V. \$1381.70**

The checks are from the proceeds during our tootsie roll campaign conducted last May. Because of your support and that of the community, we are able to do this. The checks will be presented after masses on the 15<sup>th</sup>. Thanks again for your support.

### Mark Your Calendars

Burrito Breakfast will be on March 15. Proceeds will benefit the Newman Center on the UWO campus.

Blood Drive will be on April 6 from 12:30 to 5:00pm at St. Raphael.

To join the Knights, you can go to: <https://www.kofc.org/secure/en/join/join-kofc.html>

*Blessings to all,*

*Mike Brefczynski, Grand Knight*



**Sarah Doll**

### JOINING OUR PARISH

If you are interested in becoming a member of St. Raphael Parish, ask a parish staff person, deacon or priest before or after Mass for a New Parishioner Folder, or call the parish office. After reviewing the folder, set up an appointment to meet with Fr. Ben or Fr. Tom. We would love to welcome you as a parish member!



We are collecting NEW hygiene and cleaning items for local crisis agencies through The Family Radio's annual "Help for the Homeless" hygiene drive, **through March 14/15.**

Please place your donations in the *Help for the Homeless* collection box located in the Gathering Space by March 15. Or make a financial donation for the purchase of supplies for our community at The-Family.net. **Most urgently needed items are laundry soap, kitchen size trash bags (shelters go thru LOTS of these), shampoo, cleaning supplies, diapers, toilet tissue, and feminine care. Your donations will remain in this community.** Note: SNAP (formerly Food Stamps) does not cover the cost of non-food items such as soap and diapers. Thank you! More information at [thefamily.net](http://thefamily.net) or 800-236-9364.



The following children will be baptized at St. Raphael this weekend

**Sawyer Frances**

son of Lucas & Evlyn Weber

**Arlo Timothy**

son of Thomas & Jennifer Arneson

**Cameron Lee**

son of Connor & Miranda Knaus

**Welcome, Little Ones!**

### Infant Baptism

Infants accept the faith through the faith of their parents. Our parish offers group sessions to prepare parents for the baptism ceremony and for leading their children in a life of faith. Sessions are held twice per month, all year round. It may be easier to participate in a session before the child is born. Please call or email to register for the Baptism Preparation session and to schedule your child's baptism.

Contact Jill Eaton at 920-233-8044, ext 222 [jill.eaton@raphael.org](mailto:jill.eaton@raphael.org) There is one session for the first child, and a different session for the second child. Once parents have completed both sessions, they do not need to repeat for subsequent children.

One **Catholic godparent** is needed, who must be a **Confirmed, practicing Catholic** at least 16 years of age. If there are two godparents, there should be **one male and one female**. There should not be more than two godparents. A non-Catholic Christian may serve as a Christian witness in addition to the Catholic godparent.

# How to Go to Confession...

May the Passion of Our Lord Jesus Christ,  
the intercession of the Blessed Virgin Mary and of all  
the saints,  
whatever good you do and suffering you endure,  
heal your sins,  
help you grow in holiness,  
and reward you with eternal life.  
Go in peace.

—*Rite of Penance*, no. 93

- 1 PREPARATION:** Before going to confession, take some time to prepare. Begin with prayer, and reflect on your life since your last confession. How have you—in your thoughts, words, and actions—neglected to live Christ’s commands to “love the Lord, your God, with all your heart, with all your soul, and with all your mind,” and to “love your neighbor as yourself” (Mt 22:37, 39)? As a help with this “examination of conscience,” you might review the Ten Commandments or the Beatitudes (Ex 20:2-17; Dt 5:6-21; Mt 5:3-10; or Lk 6:20-26).
- 2 GREETING:** The priest will welcome you; he may say a short blessing or read a Scripture passage.
- 3 THE SIGN OF THE CROSS:** Together, you and the priest will make the Sign of the Cross. You may then begin your confession with these or similar words: “Bless me, Father, for I have sinned. It has been [*give days, months, or years*] since my last confession.”
- 4 CONFESSION:** Confess all your sins to the priest. If you are unsure what to say, ask the priest for help. When you are finished, conclude with these or similar words: “I am sorry for these and all my sins.”
- 5 PENANCE:** The priest will propose an act of penance. The penance might be prayer, a work of mercy, or an act of charity. He might also counsel you on how to better live a Christian life.

- 6 ACT OF CONTRITION:** After the priest has conferred your penance, pray an Act of Contrition, expressing sorrow for your sins and resolving to sin no more. A suggested Act of Contrition is:

My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance,  
to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ  
suffered and died for us.  
In his name, my God, have mercy.

(*Rite of Penance*, no. 45)

- 7 ABSOLUTION:** The priest will extend his hands over your head and pronounce the words of absolution. You respond, “Amen.”
- 8 PRAISE:** The priest will usually praise the mercy of God and will invite you to do the same. For example, the priest may say, “Give thanks to the Lord for he is good.” And your response would be, “His mercy endures for ever” (*Rite of Penance*, no. 47).
- 9 DISMISSAL:** The priest will conclude the sacrament, often saying, “Go in peace.”

If it has been a while since your last confession, remember, “Do not fear” (Is 41:10). The priest will help guide you. And feel free to take this how-to guide with you! (For more information, visit [www.usccb.org/confession](http://www.usccb.org/confession).)

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## MASS INTENTIONS

### Saturday, March 14

5:00 pm Dewey Moore †

### Sunday, March 15 Fourth Sunday of Lent

8:00 am Paul Brueggen †

10:00 am John A. Nolte †

5:00 pm People of the Parish

### Monday, March 16

8:00 am Mary Lee Roxbury †

### Tuesday, March 17 St. Patrick, Bishop

8:00 am Bob Gunderson †

### Wednesday, March 18

8:00 am Mary Be Lay †

### Thursday, March 19

11:00 am Country of Burmese

### Friday, March 20 St. Joseph, Spouse of the Blessed

#### Virgin Mary

7:15 am Phil & Ester Lee †

### Saturday, March 21

5:00 pm Adam Gundlach †

### Sunday, March 22 Fifth Sunday of Lent

8:00 am Paul Brueggen †

10:00 am Robert & Carol Gibson †

5:00 pm People of the Parish



St. Raphael is equipped with a hearing loop. Please switch your hearing aid to T-Coil.



The **Rosary** is prayed each weekday at St. Raphael church. Mon-Wed at 7:25am before the 8am Mass, Thur-Fri at 7:45am after the 7:15am Mass.

The Rosary is also prayed at 10:15am every Wednesday at Fr. Carr's.

#### Parish Leaders:

Trustee-Secretary: Ed Jeziorny

Trustee-Treasurer: Dave Hetzel

Parish Council Chairperson - Ben Sanderfoot

Finance Council Chairperson - Su van Houwelingen

### Lourdes Academy, our Catholic School

Dr. John Dinegan President

Daniel Moore Elementary & Middle School Principal

David Mikesell High School Principal

### 5th Sunday of Lent / March 22, 2026

#### First Reading:

I will put my spirit in you that you may live, and I will settle you upon your land; thus you shall know that I am the LORD. (Ez 37:14)

#### Psalm:

With the Lord there is mercy and fullness of redemption. (Ps 130)

#### Second Reading:

If the Spirit of the one who raised Jesus from the dead dwells in you,

the one who raised Christ from the dead will give life to your mortal bodies also, through his Spirit dwelling in you. (Rom 8:11)

#### Gospel:

"I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die." (Jn 11:25-26)

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#### Parish Staff (email staff & priests: [first.last@raphael.org](mailto:first.last@raphael.org))

Example: Fr Tom: [tom.long@raphael.org](mailto:tom.long@raphael.org)

#### Telephone ext

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Parochial Vicar (ext 226).....Fr. Ben Pribbenow  
Pastoral Associate (ext 228).....Sara Scheunemann  
Pastoral Minister (ext 236).....Dcn. John Ingala

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Pastoral Care Facilitator (ext 222) .....Jill Eaton  
Religious Education Secretary (ext 223).....Anne Glowcheski

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RE Coordinator (Gr 6-12)(ext 233).....Katie Klug  
Youth Ministry Grades 6-12 (ext 233).....Katie Klug  
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