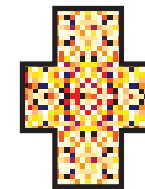




Welcome!

First Holy Communion



Pax Christi
Sacrament Preparation



Opening Prayer



Pax Christi
Sacrament Preparation

A still life photograph featuring a silver crucifix on the left, a golden chalice in the center, and an open book with yellowed pages on the right. The background is a warm, textured brown. The text is overlaid on the right side of the image.

Heavenly Father,

we thank you for giving us the gift of life and the opportunity to receive the Body and Blood of your Son, our Lord and Savior Jesus Christ.

Holy Spirit,

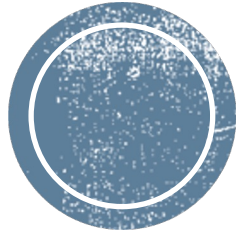
we pray for the gift of understanding as we continue to learn about the great mystery of the true presence of Jesus in the Blessed Sacrament.

Glory Be,

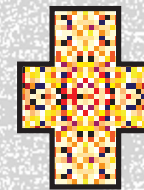
To the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end.

Amen.





Administration Stuff



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Sacrament Preparation

Homework Due

- Turn in homework from sessions 5 & 6



Reminders

Reconciliation

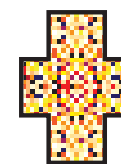
- 1st reconciliation must be before March 31 (Easter)
- 2nd reconciliation prior to FHC

First Communion Masses

- All First Communicants are scheduled
- Review information handouts

Next Meeting

- Tuesday, April 16
 - FHC Mass Rehearsal 6:30 – 7:45pm in the church



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A note of great importance...

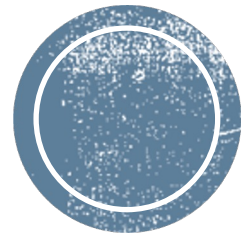
I am your point of contact for ALL things related to First Holy Communion & Second Reconciliation questions, issues, and/or requests

- ***PLEASE*** come to me with anything you would like to discuss
- PLEASE do not ask Fr. Andrzej – or any other Pax staff – about any changes or considerations for First Holy Communion masses or about reconciliations



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Brief Review

The Mass

Jesus

is the

Word of God and the Bread of Life



Catholic Mass

Two main parts



Liturgy

the words and actions that we use when we worship God and celebrate the sacraments



Liturgy of the Word

Liturgy of the Eucharist

Liturgy of the Word

Readings from Scripture are proclaimed

*When the priest or deacon gives his homily,
Jesus is present, and God speaks to us*



*Just as Jesus taught the
people long ago, he
teaches us today when
we hear Scripture
readings at Mass*



Liturgy of the Eucharist

At the Last Supper, Jesus told us to remember and share in the sacrifice He made for us

this is why we celebrate the Eucharist every week



We gather around the table of the Lord, share a sacred meal, celebrate the mystery of Jesus' life, death, and resurrection



Liturgy of the Eucharist

Heaven and earth come together in this wonderful celebration

The angels and saints give all their love to Jesus and worship at the altar with us



*At the Last Supper
– and in every Eucharist –
Jesus gives His whole self to us*

*The bread IS His body
The wine IS His blood*



Liturgy of the Eucharist

Invitation to Prayer



Priest

- Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

People

- ***May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.***



Liturgy of the Eucharist

Preface Dialogue



Priest

- The Lord be with you.

People

- ***And with your spirit.***

Priest

- Lift up your hearts.

People

- ***We lift them up to the Lord.***

Priest

- Let us give thanks to the Lord our God.

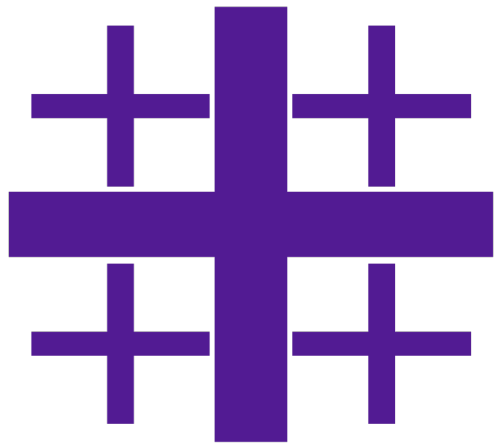
People

- ***It is right and just.***



Liturgy of the Eucharist

Holy, Holy, Holy ~ Sanctus



People

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.



Liturgy of the Eucharist

Memorial Acclamation



Priest

- The mystery of faith.

People (one of these, A, B, or C)

- A* ***We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.***
- B* ***When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.***
- C* ***Save us, Saviour of the world,
for by your Cross and Resurrection,
you have set us free.***



Liturgy of the Eucharist

Doxology ~ Amen



Priest

- Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

People

- ***Amen.***



Liturgy of the Eucharist

The Lord's Prayer

*Our Father,
who art in heaven,
Hallowed be thy Name,
Thy kingdom come.
Thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us
our trespasses.
As we forgive those
who trespass against us.
And lead us
not into temptation,
but deliver us
from evil.
Amen.*

Priest

- At the Saviour's command and formed by divine teaching, we dare to say:

People

- ***Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.***

Priest

- Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

People

- ***For the kingdom, the power and the glory are yours now and for ever.***



Liturgy of the Eucharist

Sign of Peace



Priest

- The peace of the Lord be with you always.

People

- ***And with your spirit.***

Priest/Deacon

- Let us offer one another a sign of Christ's peace.

People to each other

- ***Peace be with you.***



Liturgy of the Eucharist

Mystery of Faith



People

- ***Lamb of God, you take away the sins of the world, have mercy on us.***
- ***Lamb of God, you take away the sins of the world, have mercy on us.***
- ***Lamb of God, you take away the sins of the world, grant us peace.***



Liturgy of the Eucharist

Invitation to Communion



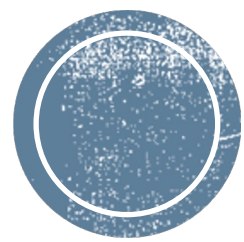
Priest

- Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People

- ***Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.***

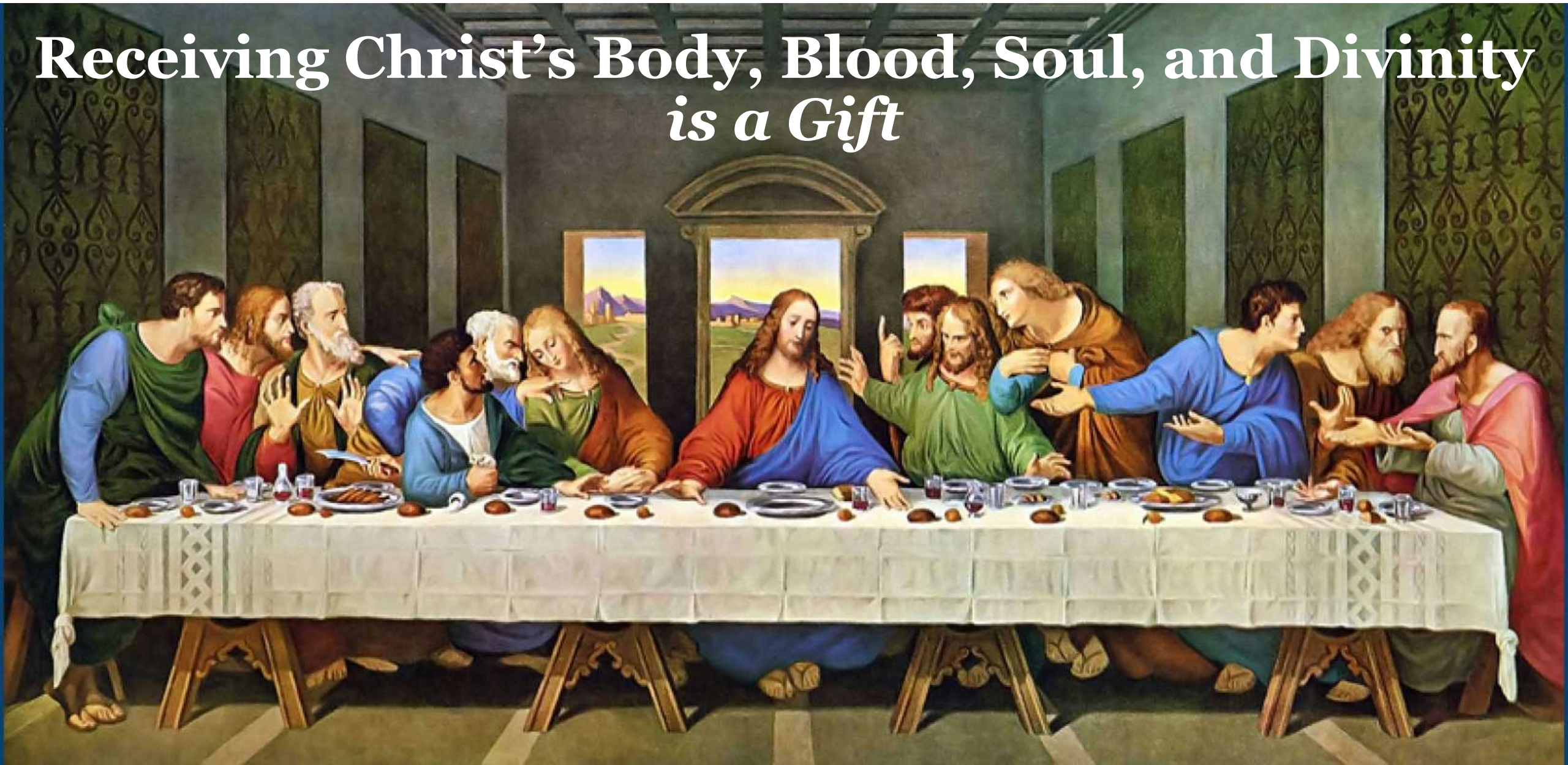




Receiving Holy Communion



Receiving Christ's Body, Blood, Soul, and Divinity *is a Gift*





Receiving the Eucharist



***Bow, then create a throne for God with your hands,
one hand under the other,
and keep your eyes on Christ***

The Body
of Christ

Amen



Receiving Holy Communion in Your Hands





**Carefully
take the
Host from
your hand
and place
It in your
mouth**

- *Be careful to consume any crumbs remaining on your hands*
- ***The Host must be consumed immediately***
- ***No one should walk away with the Eucharist in his/her hand***

Receiving Holy Communion in Your Hands





**You *RECEIVE* the Body of Christ,
You do not *TAKE* it**

*LET Christ's Body settle onto
your hands – it's not catch!*

***You should not receive
Jesus in your hand if:***

- you are holding something (or someone) in your hands or arms
- there is something that would diminish the attention and care you can give to the Host in your hand (e.g., one of your hands is bandaged)
- you are wearing gloves

Receiving Holy Communion in Your Hands



Receiving Holy Communion on Your Tongue

Approach the Priest or Eucharistic Minister who lifts the Host so you can see it and says *The Body of Christ*

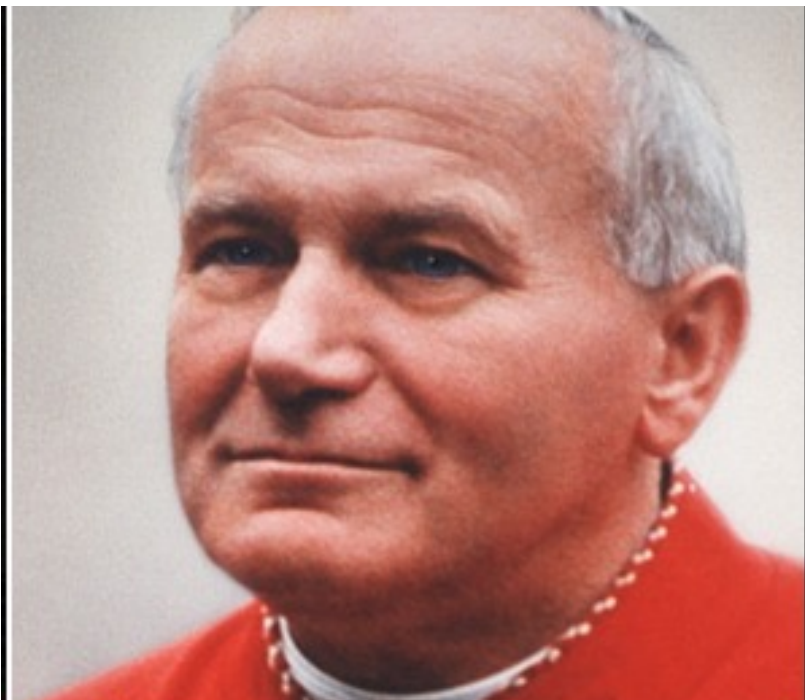
Say *Amen*

Open your mouth and extend your tongue a little bit to receive the Host



➤ *Stay still until after the Host is placed on your tongue!*





The Eucharist is the source and
summit of the Christian life

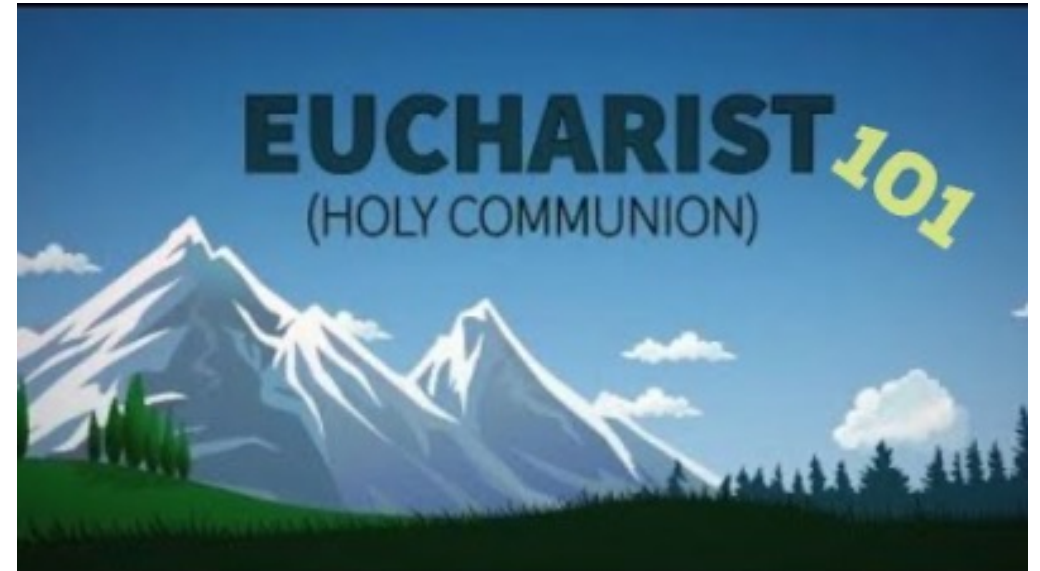
— Pope John Paul II —

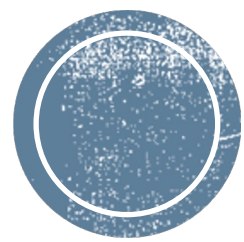
The
REAL PRESENCE
the teaching that Jesus Himself
is really and fully present
– Body, Blood, Soul, & Divinity –
in the Eucharist





SCAN ME





Inside a Catholic Church



Our Amazing Catholic Churches



Video

Handout

Learning the parts of our Catholic Churches, and about the beautiful things in them, helps us to appreciate God's House

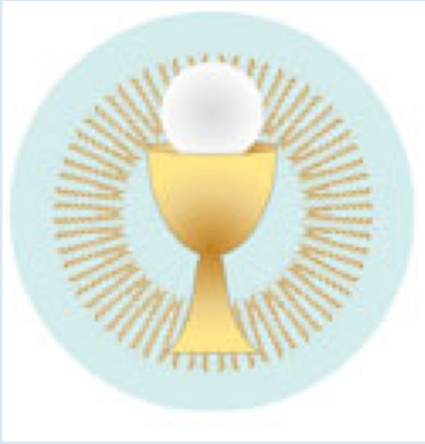




SCAN ME



**SECRET MISSION:
CHURCH BUILDING**



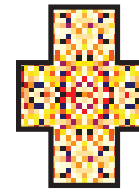
April Homework

Signs of Grace: You Are Loved

Due on or Before April 16

Sessions 7, 8

**Brother Francis: The Mass Video
Communion Quiz**



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Second Reconciliation

***On or before
First Holy Communion***



The background of the entire slide is a warm, golden-toned photograph of religious symbols. In the upper left, a crucifix is visible. In the center, a golden chalice stands on a wooden surface. To the right of the chalice is a loaf of bread. In the lower left, an open book, likely a Bible, is spread out. The lighting is soft and creates a hazy, reverent atmosphere.

First Holy Communion Rehearsal

Tuesday, April 16, 2023

In the Sanctuary

6:30 - 7:45 pm



Your Help is Appreciated!

Return all supplies to
the bags on your table



Check around your
chairs and table, pick
up scraps or trash
and throw away



Gather your papers,
books, and other
belongings



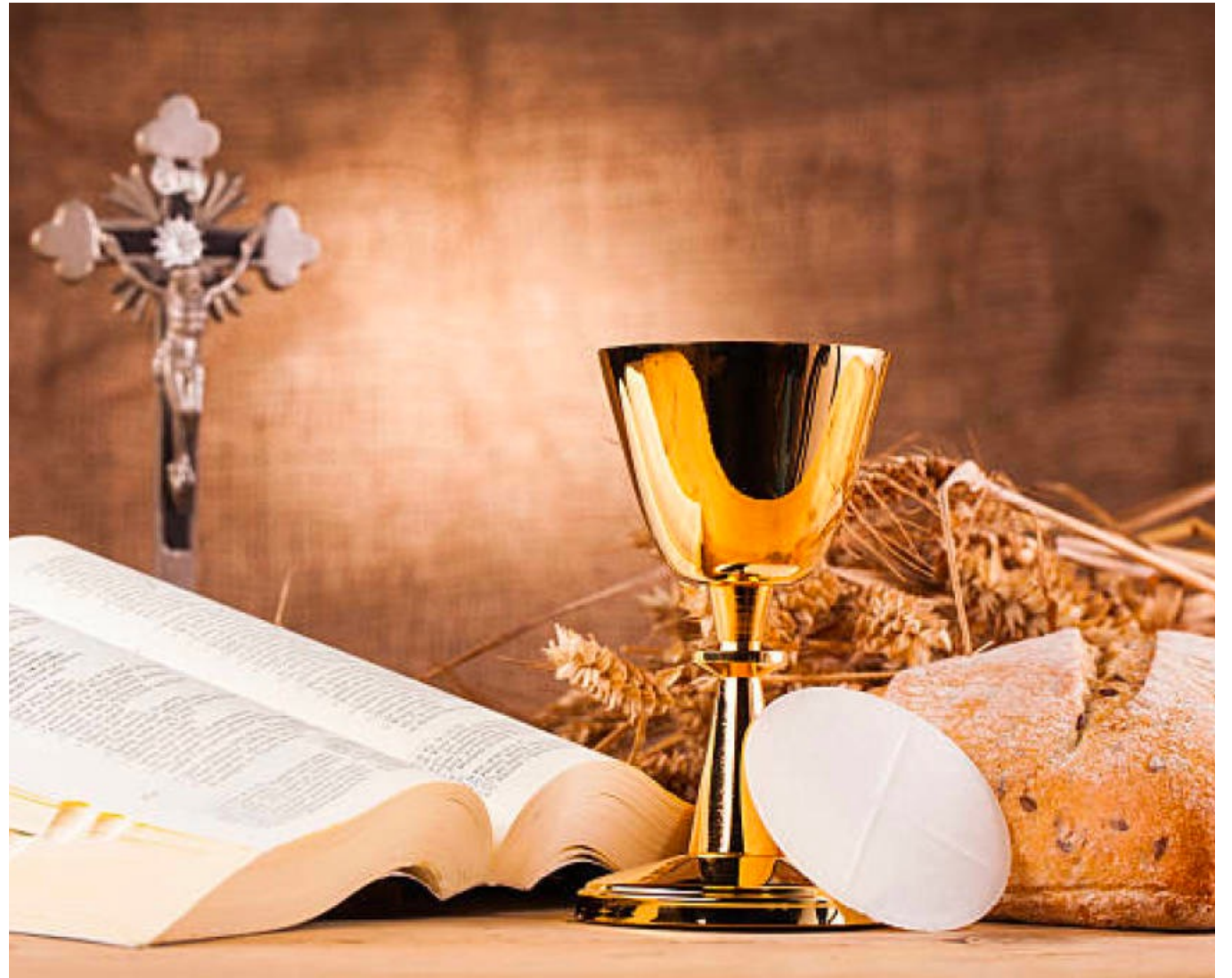
Prepare for our
closing prayer



Our Father,

Who art in Heaven,
hallowed be Thy name;
Thy Kingdom come,
Thy will be done
on earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil

Amen.



Closing Prayer



See you on
April 16!

Happy Easter



Pax Christi
Sacrament Preparation