Up to the Challenge

When a fire burns, it needs three things:

- Fuel (like wood or candle wax)
- Oxygen from the air
- Heat to start the chemical reaction of burning



If any one of those 3 ingredients are missing, the fire will not burn. Water is often used to extinguish a fire because it replaces the oxygen and cools the temperature of the reaction. Here is a video that shows a fire starting and stopping because the oxygen is used up around the fuel. (*Under Water Candle Experiment* https://youtu.be/pyy_lup0F4c).



In the story of Elijah on Mt Carmel in 1 kings 18, Elijah used fire to show the power of God to King Ahab. Although Ahab was a king of Israel, he did not follow the teachings of God. The evil King Ahab allowed and encouraged his people to worship Baal – a false god that people believed to control the weather. When a 3-year drought happened, the Israelites decided to build altars and pray to Baal in an effort to end the drought. The prophet Elijah proved

to King Ahab and all the Israelites that our God is the strongest and only true God. See a video of the story HERE. (*Elijah on Mount Carmel* – Saddleback Kids https://youtu.be/vbsbBlaJiCY).

Go back and look at the 1 video again. Think about this.

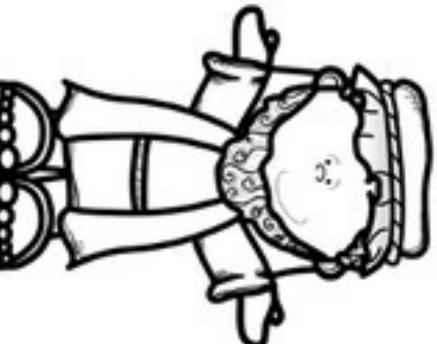
- WE are the candle
- God's truths provide the spark of our faith.
- The Holy Spirit is the breath of God in us.
- There are lots of distractions (like water) all around us.

What happens when we ignore God's truths and the Holy Spirit? That is like us tearing down the altars for God! Our fire will go out.

But, can always ask God to relight our fires. There is not challenge too big for God, and He will always win. He has the answers for our problems and discouragements. He knows what is making us uncomfortable or unhappy. We don't have to look anywhere else for answers. God lights our fires.

ijah Calls on God God answers him





1 Kings 18

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