COLLEGE HILL
UNITED METHODIST CHURCH
Faith Without Fear, Love Without Limits

Advent in Action

26 DAYS OF HOPE, PEACE, JOY AND LOVE

WEEK 1: HOPE

Sun, Nov 29	Mon, Nov 30	Tue, Dec 1	Wed, Dec 2	Thu, Dec 3	Fri, Dec 4	Sat, Dec 5
 **Light the Way** Light your first candle. Think of one thing you're hopeful for this season.	 **Surprise Someone** Send an encouraging text to someone who could use a little hope.	 **Coffee Kindness** Buy someone's coffee/ take a friend to coffee or leave a little extra tip.	 **Pet Hope!** Donate pet food to a local shelter.	 **A Blast from the Past** Share a favorite Christmas memory or photo with **family and friends.**	 **Share a Laugh** Send a funny Christmas meme, joke, or silly photo to three friends.	 **Give a Little Hope** Donate a warm pair of socks or gloves to the blessing box at church.

WEEK 2: PEACE

Sun, Dec 6	Mon, Dec 7	Tue, Dec 8	Wed, Dec 9	Thu, Dec 10	Fri, Dec 11	Sat, Dec 12
 **A Moment of Peace** Light your second Advent candle. Spend five minutes in silence, breathing and reflecting.	 **Make Peace** Reach out to someone you've lost touch with. A simple hello can mean a lot.	 **Unplug for Peace** Turn off your phone and television for one hour. Enjoy the quiet.	 **Cookie Connection** Bake or buy cookies and share them with someone.	 **Spread Some Good News** Share a positive, uplifting news story instead of something negative.	 **Cozy Christmas Night** Put on comfy clothes, make hot chocolate, and watch your favorite holiday movie.	 **Peace in Our Community** Write a thank-you note to a teacher, healthcare worker, first responder, or community helper.

WEEK 3: JOY

Sun, Dec 13	Mon, Dec 14	Tue, Dec 15	Wed, Dec 16	Thu, Dec 17	Fri, Dec 18	Sat, Dec 19
 **Choose Joy!** Light the pink Advent candle. Do something today that makes you genuinely happy.	 **Christmas Dance Party** Turn up your favorite holiday song and dance like nobody's watching!	 **Christmas Lights Adventure** Take a walk or drive to enjoy holiday lights. Invite someone along!	 **Candy Cane Kindness** Pass out candy canes with a handwritten message of encouragement.	 **Ugly Sweater Day** Wear your funniest Christmas sweater or most festive outfit.	 **Christmas Scavenger Hunt** Find five things: a star, a snowman, a wreath, a reindeer, and a nativity scene.	 **Secret Santa Surprise** Leave a small anonymous gift or encouraging note for someone.

WEEK 4: LOVE — DECEMBER 20–24

Sun, Dec 20	Mon, Dec 21	Tue, Dec 22	Wed, Dec 23	Thu, Dec 24
 **Love Shines Bright** Light your fourth Advent candle. Tell three people what you appreciate about them.	 **Love Your Neighbor** Wave at random people while you are driving.	 **Christmas Card Surprise** Write a Christmas card to someone who might be feeling lonely or forgotten.	 **The Gift of Gratitude** Write down five things you're thankful for this year, including one unexpected blessing.	 **Be the Light** On Christmas Eve, light a candle and reflect on how you can share Christ's love with the world.