



Dinner - 5:30pm
Provided by
our Youth

YOGA 6:00-7:00pm

Wednesday
February 25, 2026

No chanting. No pressure.
No flexibility test at the door.
Just a fun, relaxing, feel-good
hour on the mat or in the chair.
(Feel free to bring your mat
if you have one.)
Come as you are—no judgment,
no pressure,
no pretzel-shaped expectations.

YOGA
Class
FOR ALL

Join Us For Yoga Class. Finding Inner Peace and Balance

THE JOURNEY INWARD

March 8, 2026
1:00 - 5:00pm

About Soul Collage
"The Journey Inward" Workshop will provide space for a spiritually reflective exercise of putting images into a collage and then allowing the Spirit to speak to you through them. This is a process to start (or continue!) the journey of knowing yourself. You will be guided to create cards using images that speak to you and then listen, discovering what lies within!

Need to Know

- Bring magazines to share with lots of pictures in them. The more variety of images that we have, the better!
- Co-Facilitated by Don and Janet Shepherd
- Got questions? Contact them at 316-258-3026 or belaat.son313@gmail.com

Want to know a little more?
Read "Soul Collage Evolving" by Seena B. Frost" or visit <https://soulcollage.com/>

Scan the QR Code or visit our website to sign up for the class.

COLLEGE HILL
UNITED METHODIST CHURCH

CHUM KIDS' SPRING BREAK Camp

No Cost

Join Us for some Fun and Adventures!

A SAFE PLACE TO SPEND SPRING BREAK. PLEASE BRING A SACK LUNCH.

CRAFTS, GAMES, MISSION ACTIVITIES...

8:00AM-5:00PM
K-5TH GRADE
MARCH 16-20, 2026

Email Jodi Rice to Sign Up.
jodi.rice@collegehillumc.org

Sunday, February 22nd

Girl Scout Cookie Sales - parlor and at the table outside of the Fellowship Hall
Reception for Carli Siebenmark in the parlor
8:30 – 11:15 a.m. – CHUM Nursery in rooms #101-103
9:00 – 10:00 a.m. – Traditional service in the sanctuary
10:15 – 11:15 a.m. – Agape Sunday School Class in room #201
10:15 – 11:15 a.m. – Children's Sunday School in room #B13
10:15 – 11:15 a.m. – Common Threads in room #B3
10:15 – 11:15 a.m. – Communicators Sunday School Class in room #B9
10:15 – 11:15 a.m. – Contemporary worship service in the Fellowship Hall
10:15 – 11:15 a.m. – Seekers Sunday School class in room #B5
10:15 – 11:15 a.m. – Viceroy Sunday School class in room #B4
10:15 – 11:15 a.m. – Youth Sunday School in room #210

Monday, February 23rd

Church office is open from 9:00 a.m. – 3:00 p.m. today
1:30 – 2:30 p.m. – Reader's Theatre in room #105
5:00 – 8:00 p.m. – Needle Arts Guild in room #105
6:00 – 7:00 p.m. – Meditation Group in the chapel

Tuesday, February 24th

Church office is open from 9:00 a.m. – 3:00 p.m. today
6:30 – 8:30 p.m. – NAMI Share and Care Group in room #105

Wednesday, February 25th

1:30 – 3:00 p.m. – God of the Bible in the study
5:30 – 6:00 p.m. – Wednesday Night Dinner in the Fellowship Hall
6:00 – 7:00 p.m. – NA Board in room #B4
6:00 – 7:00 p.m. – Wednesday Night Kids Connect in rooms #101-#103
6:00 – 7:00 p.m. – Wednesday Night YOGA Class in the Fellowship Hall
6:00 – 7:00 p.m. – Wednesday Night Youth Connect in rooms #207 and #210
6:15 – 7:10 p.m. – Handbell Choir Rehearsal in room #B14
7:15 – 8:15 p.m. – Chancel Choir Rehearsal in the sanctuary

Thursday, February 26th

7:00 – 8:30 a.m. – ROMEOs at Spear's
10:00 a.m. – 3:00 p.m. – Needle Arts Guild in room #105
6:00 – 9:00 p.m. – EmberHope class for prospective foster parents in the Fellowship Hall
6:00 – 7:00 p.m. – Mission Committee in the study

Friday, February 27th

Church Offices Closed
6:00 – 7:00 p.m. – TGIF at Norton's, 125 N St Francis

Saturday, February 28th

8:00 a.m. – noon – All CHUM Work Day



**Releasing Tension:
Physical and Mental Rest**

Sunday, February 22, 2026
10:15 a.m.

* - Please rise in body and/or spirit

Gathering & Welcome

Rev. Jill Sander-Chali

Blessing Our Space with the 4 Directions

Bill Morton

Opening Song

Tired – Toby Keith

Art and Soul Singers with the Changing Faces Band

Meet and Greet

Sharing our Concerns and Hopes

Rev. Jill Sander-Chali

Singing Bowl

Investing in Our Community

Rev. Jill Sander-Chali

Investment Song

Sabbath – Krissy Nordhoff

Art and Soul Singers with the Changing Faces Band

Children's Storytime

Rev. Jill Sander-Chali

Appreciation for Carli Siebenmark

Words for the Journey

Exodus 20:8-11 (CEB); Luke 8:22-23a (CEB);

Luke 16:13 (CEB)

Carol Hirsh – Liturgist

Song of Preparation

Peace Be Still – James Cleveland

Art and Soul Singers with the Changing Faces Band

Sermon

“Releasing Tension: Physical and Mental Rest”

Rev. Jill Sander-Chali

Closing Song

Take Care of Yourself – Maisie Peters

Art & Soul Singers w/ the Changing Faces Band

A Blessing for the Journey

Rev. Jill Sander-Chali



**CH COLLEGE HILL
UNITED METHODIST CHURCH
not your ordinary church**

CHUM ALL CHURCH WINTER WORK DAY

JOIN US!

We have a big, old, building that often needs some repairs. We will be working on light bulbs, tile, painting, general cleaning and more.

There will be tasks for all ages and skill levels, so bring your family and friends. Together, we can make our church a brighter, cleaner place for everyone!

**02.28.26
8:00AM - NOON**

JOB FOR ALL SKILL LEVELS

MANY HANDS MAKE LIGHT WORK

REMEMBER IN YOUR PRAYERS

CJ Whitlow

Timothy Jay William

Darlene Scheffer

Connie Gaston

Cal Wiebe

Dana Brown

Brent Sprunger

Judy Kempker

Linda Weir

Anna

Rebecca Shepherd

Ashley Abedini

Bob Christensen

Con Kranz, brother-in-law of Lloyd Hanna

Robert Wright, relative of Jan Wright

Sherry Wright, sister-in-law of Jan Wright

Prayers for baby Ford and his family as he continues hospice care

(friend of Anne Gibson)

Carol Keller, friend of Judy Church

Angela, cousin of Heather Manganiello

Debbie McCurdy, friend of Rob Simon

Ally, cousin of Jodi Rice

Jack Foy, brother-in-law of Susan McCoy

Jeannie, friend of Ellen Estes

Please visit our prayer board outside Pastor Bev's office and keep in prayer our Homebound, Assisted Living church family and Military Personnel. Be sure to submit all prayer requests & updates to Haley.sewell@collegehillumc.org or by calling the church. 316.683.4643

**TODAY
IN THE PARLOR
OR
OUTSIDE 10:15
AFTER SERVICE**

**GIRL SCOUT
COOKIE SALES**

Your presence during this worship service constitutes your consent to be photographed, filmed and/or otherwise recorded. Thank you.

Music License:

CCLI #504270060 and PML & WCL #10865

Church Office: 316.683.4643

www.collegehillumc.org

View our website for more information and upcoming events.