



CHUMites,

How's your Lent going? What spiritual practices have you taken up that are life-giving for you? If you are engaging in a fast of giving something up, how is it drawing your attention back toward God?

My Lent has felt busy so far, full of family activities and travels. Yet, I also feel my soul stretching and growing. I am fasting this Lent. I am typically a vegetarian, but for Lent, I have also given up eggs and dairy and I'm eating as a vegan. This helps me be mindful of what I eat, and it requires me to spend extra time planning my meals and preparing food for myself.

Last night, after laying down for several hours to rest and recuperate some of the energy that drains out of me on Sunday mornings, I sprang into action to make food for my week. Homemade bread was whirring in my bread machine, I blended chickpea salad in my food processor, roasted tofu and potatoes, boiled broccoli and sauteed carrots, onions, and sweet peppers, mixed up a sauce, and made quinoa.

I felt good! I love cooking when time slows down and nobody is waiting to eat. I can get lost in the rhythms of chopping and mixing and it is a form of rest for me. It also brings my attention to caring for my body and listening to her cues—whether it's hunger, pain, tension, fatigue, stress, or emotional overload—I've realized that my body is so wise. And I learn so much when I listen to her!

As I cooked, I was reflecting on the day (you might say I was praying) and especially thinking about worship and people in our church community. I felt tender when I remembered how a CHUMite at 9 am worship (who is a veteran) had shared she had a premonition that we needed to pray for our country—she felt something was going to happen last week. I gave thanks for a CHUMite who texted me a song about rest that we can use in worship. I felt sentimental when thinking about the online worship option that keeps people who are immuno-compromised or need time to rest connected with church. I smiled and laughed when I remembered how Brian Sutton surprised me and played that intro music and video for my sermon at 10:15 am worship! I appreciated the UMC connection with the upcoming workshop on combatting white Christian nationalism (or we might better say non-Christian nationalism). I felt grateful when I thought about long-time CHUMites who welcomed me and my family when I was newly appointed, and I felt excitement about new guests who I met for the first time that morning.

At 9 am, during the children's story time, when we talked about holding onto something to experience spiritual rest. I gave the children smooth pebbles they could hold onto. However, one of the children (Emerson) had a basket of "Emotional Support Pickles." They were literally labeled. I loved them! We talked about how there are many things we can hold onto to experience spiritual rest. She drew a picture and showed me after worship. I want to share it with you, too.

Friends, my basket is full of emotional support pickles. My heart is full. My soul feels rested.

We have such a unique church. And it's a unique church because it's full of unique people who seek to love God, follow Jesus, and be filled with the Holy Spirit. It's a unique church because it's full of unique people who try to live authentically as themselves and give space for others to do the same. It's a unique church because it's full of unique people who are humble and kind and loving. Thank you for being one of the unique people that makes our church who we are. We couldn't do this without you.



Peace,
Pastor Jill

CHURCH SERVICES

9:00 am Worship - Traditional
(online & on site)

10:15 am Worship - Contemporary
(online & on site)

Online Services can be found on our Facebook page, Apple TV, Roku, YouTube or on the website at: collegehillumc.org.

Sunday, March 08, 2026

Sermon: Noticing Energy:
Social and Emotional Rest
Rev. Jill Sander-Chali—Preaching

Sunday, March 15, 2026

Sermon: Pursuing Stillness:
Sensory Rest
Rev. Jill Sander-Chali—Preaching

Sunday, March 22, 2026

Sermon: Seeing Beauty: Creative Rest

Sunday, March 29, 2026

Palm Sunday
Sermon: Living Abundantly: Triumph
Rev. Jill Sander-Chali—Preaching

Thursday, April 02, 2026

Maundy Thursday
5:30pm—Potluck Dinner
6:30pm—Service

Friday, April 03, 2026

Good Friday
6:30pm—Service

Easter Sunday, April 05, 2026

Sermon: Living With Hope: Resurrection
Rev. Jill Sander-Chali—Preaching

College Hill
United Methodist Church
A Reconciling Congregation
Phone # - (316) 683-4643
Webpage - www.collegehillumc.org

MARCH CALENDAR OF EVENTS

March 4

5:30pm—Meal
6:00pm Sound Bath/Children/Youth
6:15pm Handbell Choir Rehearsal
7:15pm Chancel Choir Rehearsal

March 5

7:00am ROMEO's
10:00am Needle Art's Guild
7:00pm Uptown Neighborhood Assoc.

March 6

Church Office Closed

March 7

Church Office Closed

March 8

9:00am Worship-Sanctuary
10:15am Worship-Fellowship Hall
10:15am Sunday School Classes
11:30am Faith Sister's Book Club
1:00pm The Journey Inward Workshop

March 9

1:30pm Reader's Theatre
5:30pm Trustees Meeting
6:00pm Meditation Group
6:15pm Finance Meeting
7:00pm Church Council Meeting

March 10

1:00pm Staff Meeting
6:00pm Marketing Meeting
One Board Transition Team Meeting

March 11

5:30pm—Meal
6:00pm Mandalas/Children/Youth
6:15pm Handbell Choir Rehearsal
7:15pm Chancel Choir Rehearsal

March 12

7:00am ROMEO's
10:00am Needle Art's Guild
6:30pm CHUM Women's Group

March 13

Church Office Closed

March 14

Church Office Closed
Noon Gary Poss Celebration of Life

March 15

9:00am Worship-Sanctuary
10:15am Worship-Fellowship Hall
10:15am Sunday School Classes

March 16

8:00am Spring Break Camp
5:00pm Needle Arts Guild
6:00pm Meditation Group

March 17

8:00am Spring Break Camp
1:00pm Staff Meeting

March 18

8:00am Spring Break Camp
5:30pm Dinner
6:00pm Pet Show and Tell, All Ages
7:15pm Chancel Choir Rehearsal

March 19

7:00am ROMEO's
8:00am Spring Break Camp
10:00am Needle Art's Guild

March 20

Church Office Closed
8:00am Spring Break Camp
9:30am Food Pantry Set Up
11:00am Open Door Lunch

March 21

9:00am Food Pantry and Breakfast
1:00pm Youth Destination Unknown

March 22

9:00am Worship-Sanctuary
10:15am Worship-Fellowship Hall
10:15am Sunday School Classes

March 23

6:00pm Meditation Group

March 24

1:00pm Staff Meeting
6:30pm NAMI Share and Care Group

March 25

5:30pm Dinner
6:00pm Line Dancing/Children/Youth
6:15pm Handbell Choir Rehearsal
7:15pm Chancel Choir Rehearsal

March 26

7:00am ROMEO's
10:00am Needle Art's Guild
6:00pm Mission Committee

March 27

Church Office Closed

March 28

Church Office Closed

March 29

Palm Sunday—Cantata/Special Music
9:00am Worship-Sanctuary
10:15am Worship-Fellowship Hall
10:15am Sunday School Classes
11:30am Palm Sunday Extravaganza
1:30pm Staff Parish Relations Comm.
2:00pm Prayer Labyrinth Open

March 30

8am Prayer Labyrinth Open
6:00pm Meditation Group

March 31

8am Prayer Labyrinth Open
1:00pm Staff Meeting

April 1

8am Prayer Labyrinth Open
5:30pm Dinner
6:00pm Prayer Labyrinth/Drumming
6:00pm Children/Youth
7:15pm Chancel Choir Rehearsal

April 2

7:00am ROMEO's
10:00am Needle Art's Guild
5:30pm Maundy Thursday Potluck
6:30pm Maundy Thursday Service

April 3

Church office Closed
6:30pm Good Friday Service

April 4

Church office Closed

April 5

Easter Sunday
Details in next newsletter.

Palm Sunday

Sunday, March 29, 2026



9am in the Sanctuary - Join us for the Chancel Choir Cantata, Jubilation Ringers and children waving palms.

10:15am in the Fellowship Hall - Join us for special music by the Art and Soul Singers, Changing Faces Band and children waving palms.

11:30am - Fellowship Hall -Pot Luck lunch, game and craft stations for all ages.



YOUTH SUNDAY SCHOOL
Sunday Mornings
10:15am on 2nd Floor
No Youth Sunday School the first Sunday of each month.

All youth, 6th -12th grades, come join us as we gather together in our classroom on 2nd floor. Contact Rev. Bev Baumgartner with questions.

bev.baumgartner@collegehillumc.org

CHILDREN'S SUNDAY SCHOOL
for 3 years old through 5th grade
Sunday Mornings @ 10:15am
No Children's Sunday School the first Sunday of each month.

CHUM Nursery
The CHUM Nursery is available on Sunday mornings for children ages 6 weeks to 5 years. It is available from 8:45 - 11:15 am. The nursery is located on the main floor across from Fellowship Hall.

Contact Jodi Rice with questions:
jodi.rice@collegehillumc.org

Maundy Thursday

Potluck and Worship

Thursday, April 02, 2026
5:30pm - Potluck Dinner
6:30pm - Worship Service in Fellowship Hall

Bring a dish to share and join us for a potluck and worship. We will gather around tables and share in communion, remembering Jesus gathering with the disciples in the upper room.



CHUM Staff at the Beyond Conference. Thank you for this opportunity to learn and grow as your staff here at College Hill.

GOOD FRIDAY

APRIL 03, 2026

6:30PM

Service in the Sanctuary

CHUM NEWSLETTER DEADLINE
The deadline to submit information for the newsletter is by Noon the Thursday before. Newsletters are emailed on Monday morning. Please submit all information to:
brian.sutton@collegehillumc.org

Address Service Requested

EASTER SUNDAY

LIVING WITH HOPE AND RESURRECTION
APRIL 5, 2026

8AM - SUNRISE SERVICE IN THE TRINITY GARDEN LED BY CHUM YOUTH

8:30AM - BREAKFAST IN THE PARLOR

9:00AM - WORSHIP SERVICE IN THE SANCTUARY

10:15AM - WORSHIP SERVICE IN THE FELLOWSHIP HALL