

*Pastor's Pen*

*Pastor Doug Chambers*

February 15, 2026

## *I Fight!*

Therefore I run thus: not with uncertainty. Thus, I fight: not as *one who* beats the air. <sup>27</sup>But I discipline my body and bring *it* into subjection, lest, when I have preached to others, I myself should become disqualified. 1Cor.9:26

Why would Paul put so much emphasis on the "body" bringing it into submission to God? Because God cares about our bodies. He expects us to use discipline and self-control to glorify Him in it. He that destroys his body, God will destroy him! Stewardship includes discipline, our flesh nature wants to please itself and no one else. So, Paul was "fighting" his own body keeping it in control. This includes all aspects, what we eat, what we see, what we hear!

It is interesting to note that the last fruit of the Spirit is "self-control". It is the crowning of a life that the Spirit is controlling including love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Paul made sure that he glorified God in his body and you do the same!

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