



BIBLICAL COUNSELING

Every Sunday at *4:00PM*

The Men & the Women will meet to be equipped in the **all-sufficient Word of God** to deal with the problems of life.

- ✓The WOMEN will meet in the sanctuary.
- ✓The MEN will meet in the conference room (by the restrooms/church office).

We will examine topics such as:

- ✓What is biblical counseling? The foundation of the sufficiency of the Word of God
- ✓Understanding the heart. How do people change?
- ✓What is sanctification?
- ✓Suffering
- ✓Fear/Worry
- ✓Depression
- ✓Sexual sin/abuse
- ✓Anger
- ✓Forgiveness
- ✓Marital conflict