



JULY 10 - 16, 2026 [WEEK 28]
FRIDAY, JULY 10 [DAY 136]



Two States

READ: Luke 1:46-48

⁴⁶ And Mary said: "My soul glorifies the Lord

⁴⁷ and my spirit rejoices in God my Savior,

⁴⁸ for he has been mindful of the humble state of his servant."

THINK ABOUT IT: What does the "state" of someone mean?

READ: DD- 136

READ: 1 Peter 1:10-11

¹⁰ Concerning this salvation, the prophets, who spoke of the grace that was to come to you, searched intently and with the greatest care, ¹¹ trying to find out the time and circumstances to which the Spirit of Christ in them was pointing when he predicted the sufferings of the Messiah and the glories that would follow.

THINK DEEPER: What are the two states spoken of in this chapter. Do we have one or two states?



JULY 10 - 16, 2026 [WEEK 28]
MONDAY, JULY 13 [DAY 137]



Incarnation and Suffering

READ: 1 Timothy 3:16

¹⁶ Beyond all question, the mystery from which true godliness springs is great:

He appeared in the flesh, was vindicated by the Spirit, was seen by angels, was preached among the nations, was believed on in the world, was taken up in glory.

THINK ABOUT IT: How do you describe what Jesus did on our behalf?

READ: DD- 137

READ: Isaiah 53:6

⁶ We all, like sheep, have gone astray, each of us has turned to our own way; and the LORD has laid on him the iniquity of us all.

READ: 2 Corinthians 5:21

God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.

THINK DEEPER: Do you believe that the incarnation (The Son taking on Flesh, "continues for all time?"



JULY 10 - 16, 2026 [WEEK 28]
TUESDAY, JULY 14 [DAY 138]



Cry of Dereliction

READ: Matthew 27:45-46

⁴⁵ From noon until three in the afternoon darkness came over all the land. ⁴⁶ About three in the afternoon Jesus cried out in a loud voice, “Eli, Eli, lema sabachthani?” (which means “My God, my God, why have you forsaken me?”).

THINK ABOUT IT: How would you describe what happened to God in this moment?

READ: DD- 138

READ: 1 Peter 3:18-19

¹⁸ For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive in the Spirit. ¹⁹ After being made alive, he went and made proclamation to the imprisoned spirits

THINK DEEPER: The Apostles Creed States... “He descended into hell.” Do you think this is true?



JULY 10 - 16, 2026 [WEEK 28]
WEDNESDAY, JULY 15 [DAY 139]



Death and Burial

Read: Isaiah 53:3

“He was despised and rejected by mankind, a man of suffering, and familiar with pain. Like one from whom people hide their faces he was despised, and we held him in low esteem.”

Think about it: Have you considered how abandoned Jesus must have felt.

READ: Chapter 139

READ: Luke 22:34, “Jesus answered, “I tell you, Peter, before the rooster crows today, you will deny three times that you know me.””

THINK DEEPER:

Do you think that the abandonment would be worse than the actual physical pain?



JULY 10 - 16, 2026 [WEEK 28]
THURSDAY, JULY 16 [DAY 140]



Descent into Hell

READ: 1 Peter 3:18-20

“For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive in the Spirit. After being made alive, he went and made proclamation to the imprisoned spirits—to those who were disobedient long ago when God waited patiently in the days of Noah while the ark was being built. In it only a few people, eight in all, were saved through water,”

Think About It:

What do you think it means that Jesus went and preached to the “Imprisoned Souls?”

READ: Ephesians 4:7-10

“But to each one of us grace has been given as Christ apportioned it. This is why it says: “When he ascended on high, he took many captives and gave gifts to his people.” (What does “he ascended” mean except that he also descended to the lower, earthly regions? He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.)”

1PETER 4:5-6

“But they will have to give account to him who is ready to judge the living and the dead. For this is the reason the gospel was preached even to those who are now dead, so that they might be judged according to human standards in regard to the body, but live according to God in regard to the spirit.”

THINK DEEPER:

Why would Jesus need to “descend into hell?”