

WALK WORTHY IN COMMUNITY
Ephesians 4:25-32
May 17, 2026



Seven Ways to Put Off the Old and Put On the New

1. Speak with _____ (v.25)

2. Resolve Conflict with _____ (v.26-27)

3. Demonstrate _____ (v.28)

4. Communicate with _____ (v.29)

5. Walk in _____ marked by _____ (v.30)

6. Deal Decisively with _____ (v.31)

7. Live _____ (v.32)

➤ Which of the above commands is the Holy Spirit prompting you to grow in right now? What is your next move to surrender and obey?



Welcome
We are so glad you're here!

May 17, 2026

SUNDAY

- **WORSHIP SERVICE - 10AM** Richmond High School Auditorium
- **GRACEKIDS**
 - **Infant/Toddler Nursery / Birth-Pre-K**
 - **Kids Church - K-5th Grade** Kids will be with us for worship then dismissed during the video before the sermon. They will return at the end of the service.
- **SMALL GROUPS - Week of May 17th**

THIS WEEK

- **Wednesday - Effect Student Ministries**
 - (6-12th Grade) 6:30-8:30PM
 - At the Church on Forest & Friday

UPCOMING

- **May 29 - Small Group Leaders Meeting 6:30PM at the Church Building**
- **May 31 - the Last Sunday of May**
 - 5th Sunday Benevolence Offering
 - Baptism Service - 5PM at the church, Grace Family Update, please bring an appetizer to share
- **June 7 - Guest Speaker - Nicu Sotir**
 - Love offering will be received for our Romanian partners in the Gospel
- **June 14 - Graduation/Promotion Sunday**
- **June 22-27 - Week #3 LA Camp**
 - Please register kids ASAP!
- **July 5 - Special Guests: The Behrendt's**
- **Vacation Bible School 2026 (July 27-31 6-8:30pm)**



Week 20

Why must the Redeemer be a true and righteous human?

The Redeemer must be a true and righteous human because the justice of God requires that only one with a human nature who has not sinned may pay for my sin.
Hebrews 2:17

Our Giving to the Lord

5/10/26 Offering will be updated next week

Thank You for continuing to give sacrificially to the Lord! You can give by mail, the Church Center App, and online migracechurch.com/give

Phone | 586.727.8755 email | office@migracechurch.com

SMALL GROUP STUDY GUIDE
WALK WORTHY IN COMMUNITY
Ephesians 4:25-32
May 17, 2026



REVIEW

1. To begin, read Ephesians 4:25-32 aloud. What specific command stands out to you in this passage?
2. Paul says, "We are members one of another" (v.25). How does this truth serve as the framework for the instructions that follow?

ASSESS

3. Verses 26-27 and 31 address anger and bitterness. How can unresolved anger or bitterness damage unity in a church or small group?
4. In verse 29, Paul commands us to speak only what is "good for building [others] up." What does "edifying" speech look like in everyday church life? How can we guard our words to promote unity instead of division?

5. What does it mean practically to "not grieve the Holy Spirit of God" (v.30) in light of the behaviors listed in this passage?
6. Paul tells us to "be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you" (v.32). Why is forgiveness essential for maintaining Christian unity? What makes forgiveness difficult and how does the gospel empower it?

APPLY

7. Which of the commands from this passage do you sense the Holy Spirit pressing you to apply more fully in your life right now? What are the immediate steps for you to take to follow His leading?
8. How can our small group grow in unity as we encourage one another to "put off the old" and to "put on the new" in the coming weeks?

PRAYER

Spend time praying for our entire church body to grow in holiness, unity, and discipleship together. Pray that God will use us to show the watching world around us that Jesus is real and that He transforms lives.