

Mega 5 Camp

PRESCHOOL (K3-K4)

Mega 5 Camp Preschoolers will be hosting “**Amazing Athletes**” who will focus on teaching children life skills through 10 sports. Preschoolers will be using their motor skills, learning nutrition and muscle identification while being introduced to Football, Hockey, Lacrosse, Golf, Baseball, Basketball, Tennis, Volleyball, Track & Field and Soccer.

SPORTS

Football

Join the flag football team as we drill and scrimmage. Experienced coaches will teach technical skills of passing, route running, receiving, ball carrying, ball hiking, and appropriate blocking. Kids should wear athletic clothing, sunscreen, and either tennis shoes, or cleats. Bring a water bottle.

Soccer

Campers will focus on the technical skills of dribbling, turns, passing and receiving, and shooting. They will participate in drills and scrimmages. Kids should come dressed to play outside, wearing sunscreen, proper shoes and shin guards (if you have them).

Basketball

Campers will focus on offensive fundamentals (shooting and passing, ball handling), defensive fundamentals (proper stance and footwork, rebounding, man-to-man techniques), and team fundamentals. Combining fun, drills and scrimmages will make the teaching go by quickly.

Cheerleading

Athletes will learn fundamentals of cheer, stunts, motions, dance, jumps and more. They will perform Sunday during the Family celebration.

Wrestling

For novice or advanced wrestlers, instruction will be in small groups and personalized. Time will be spent on technique, drilling and live wrestling. Bring a t-shirt, shorts, tennis shoes with socks, a towel, and a water bottle.

Kidz Fusion

Learn to be fit and active in a fun way. Activities include Jelly Jamz (dance fitness), circuit training, dice fitness, fit or quit, and jump and play. Bring a t-shirt, shorts, tennis shoes with socks, and a water bottle. Get kids moving and keep them moving!

PERFORMING ARTS

Ukulele

Learn the basics of how to play the ukulele. Kids will learn the basics of the ukulele through fun, silly and crazy camp songs. Learn the most common chords and basics of music theory.

Dance Praise:

Students will learn to worship through dance and lyrical movement. Students will learn choreography to contemporary Christian music and explore the elements of rhythm, syncopation, passion, and life. Apparel should be athletic/comfortable. Will look to worship on Sunday with congregation as well, demonstrating one of our learned pieces on stage.

CULINARY ARTS

Junior Chef: Cooking

Campers will learn a variety of cooking skills such as reading and following recipes, using measuring tools, food handling and safety, food presentation and table setting. Junior chefs will learn hands-on preparation of 1-2 recipes each day. If your child loves to hang out in the kitchen, then this is for them! *(Not recommended for students with food allergies)*

Baking

Learn to bake like the pros! Each day we'll try a new baking technique from creaming butter and sugar for cupcakes to decorating sugar cookies like an expert! We will keep your taste buds watering, while focusing on the presentation of baked goods too. Closed-toed shoes are required. *(Not recommended for students with food allergies)*

VISUAL ARTS

Sewing:

A stitch in time may save time, but we are going to learn to savor the process! Campers will learn some basic hand embroidery while making and decorating a pillow. We will learn both hand embroidery and machine stitching. Each camper will be able to personalize their own pillow over the course of the camp.

Drawing:

Take your sketching to the next level! Kids will learn techniques such as shading, perspective and drawing from real life using pencil and charcoal.

Color Your World (Painting):

Beginner and intermediate campers will experiment with the preliminary application of watercolors. We'll have fun learning new techniques and painting skills, while tapping into individual creativity to design our own original masterpiece. All supplies provided. Please wear clothing that can get messy.

Facepainting:

In this class we will teach you the colorful art of face painting. These fun and energetic ladies will walk you through the basics, including hygiene, proper tools and techniques, all while creating fun looks and learning God's word. No previous art skill necessary.

3D Art:

Let's get our hands dirty! Create unique pieces of art with your hands. We'll mold and sculpt, while experimenting with different mediums each day. All supplies provided. Please wear clothing that can get messy.

Next Level Lego's and 3D Puzzles:

Have fun designing and building a Lego race Car, catapult, robotics project and Big Build in a team-based environment. Also solve a 3D puzzle. Explore engineering and physics principles, while developing problem solving and critical thinking skills. Take your Lego play to the next Level!

Slime Time:

Bring your slime hands and get ready for a week of messy fun! Wear clothes and shoes that can get stained and dirty. Create different types of slime and spin the wheel of slime for a fun time with a messy twist.

Jewelry:

Participants in this beginner's jewelry making class will learn some basic skills using a variety of materials. Skills will include jump rings, crimp beads finishing, bead weaving, clasp attachment, headpins, knotting techniques, and metal stamping. Instructors will guide children through hands-on jewelry making and kids will get to wear their finished pieces of jewelry.

OUTDOOR SKILLS

Fishing/Camping

Campers will learn basic survival, camping skills, fishing techniques and more. Put down the video games and learn to connect with nature!