

CHURCH-WIDE FAST



Dear Church Family,

In a spirit of unity & solidarity we are fasting as a church for during lent - specifically, Feb 20-Mar 30. The bible inspires us that there is power in unity (Genesis 11:6). And if you call Radiant your church home, let us be in solidarity through fasting and prayer for 40 days.

In losing something from our flesh, we gain something for our Spirit! I believe this will be a transformative year for Radiant. As we continue to grow and walk into a new season and chapter, I believe we must go deeper in our prayer life and willingly engage in the spiritual practice of fasting.

Below are four ways you can fast. Throughout the fast, feed your spirit with the following scriptures and pray using the accompanying theme as a guide. I also ask that you pray for your pastor, our leadership team, & staff as we continue to seek God's strength as I seek to lead well as we all serve God. Amen.

May you shine in the Lord's heart as you shine in mine,
Pastor Mike Thomas

- **Fast option #1** - 6am to 6pm // no food, water only
- **Fast option #2** - Daniel Fast (rf. Dan 1) // no meat, sugar, sweets, processed foods, alcohol
- **Fast option #3** - Media Fast // no secular entertainment, no social media; exception is media related to your vocational work, the news, worship service, or any media used to edify the believer (eg. virtual life groups, etc)
- **Fast option #4** - Shopping Fast // no extra purchases outside of needs

40 DAYS · 20 SCRIPTURES · 4 THEMES OF PRAYER

February 20 - 29

Prayer Theme

PURIFICATION

- Romans 12:1-2
- Titus 2:11-13
- Colossians 3:5-10
- Philippians 4:8-9
- Psalm 51:10-12

March 1 - 10

Prayer Theme

ELIMINATION

- 1 John 2:15-17
- Philippians 4:11-13
- Proverbs 15:27
- Matthew 6:16-18
- Matthew 6:31-34

March 11 - 20

Prayer Theme

TRANSFORMATION

- Ecclesiastes 3:1-8
- Acts 3:19-21
- Matthew 5:14-16
- Proverbs 3:7-8
- 1 Thessalonians 5:14-18

Mar 21 - 30

Prayer Theme

APPLICATION

- Psalm 37:23-24
- Psalm 1
- Ephesians 5:22-26
- 1 Corinthians 9:24-27
- Revelations 7:9-10