



Celebrating 20 years of serving youth and their families

May 30, 2018

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Thank You for being partners with us at this busy time. Here are just a few of the activities keeping us focused and busy this past month.

- We have launched our new Biblical Life Skills curriculum. It fulfills the Iowa Health Class requirements. It includes Powerful Choices with the enhancements for *anti-bullying, refusal skills, and exit plans*. We have also added *biblically inspired take home worksheets for further discussion for parental/caregiver guidance and individualization* of the lessons.
- We have a need for staff to fulfill the obligations of the research grant that is available. We will partner with the University of Iowa and they will measure the effectiveness of our parent/caregiver involvement innovations to Powerful Choices curriculum. We are looking to add the following staff:
 - Education Director
 - Educators
 - Accountant
 - Research Assistant
- We have trained teachers at the Anamosa Middle School so they could present Powerful Choices to the 7th and 8th grade students before school lets out in June.

There is firm evidence of the life changing power the youth of Eastern Iowa have received that have been a part of Powerful Choices classes over the past 20 years. We are excited to be adding lessons on optimal health choices that will assist our youth **to avoid risks with dire consequences**. Take home worksheets and family meetings enable further parent/caregiver discussion and customization for their family's values.

Our community lost a very special lady April 27th. **Irene Kathryn Espe** went to be with the Lord. She chose Equipping Youth as one of the places to honor with her memorials. Irene was a good friend to us and she will be missed by so many in our community and her family. *Thank you to each of you that honored her life of service to the Lord with a donation to Equipping Youth.*

The Staff and Board of Directors of Equipping Youth