

Small Group Study Questions

1. Would you rather take a sailboat across the ocean or ride a spaceship to the moon?
2. Read today's passage (**Mark 6:30-32**), review the sermon points, and share anything from the sermon that you found especially interesting, challenging or useful.
3. Is the notion of Jesus "**celebrating our successes**" (**v.30**) new to you? Can you point to specific things in your life and in the lives of your other small group members about which you could honestly say, "**Yeah, I think Jesus probably celebrates that**"?
4. Read **v.31**. Do you struggle to, or even resist the need to genuinely rest? If so, why? Does it make a difference to know that while He was here on earth, Jesus needed to rest too? **Read Psalm 103:13-14** and **Hebrews 4:14-16**. What insights can we draw about rest from those verses?
5. Discuss the difference, as you currently understand it, between seeking God's *hand* and seeking God's *face* in prayer. Is this a distinction that matters? Explain your answer. In which of those two dimensions of prayer would you most like to grow?
6. Is "**boat time**" (**v.32**) — a time of personal prayer, Bible reading and worship — currently a regular part of your walk with Jesus? If so, how's it going? If not, what needs to change in order for you to do so?