

WHAT TO PACK:

MISCELLANEOUS

- □ Bible
- ☐ Notebook, pen / pencil
- ☐ Spending money
- ☐ Money for the offering
- ☐ For ministry projects: work gloves, closed toe shoes



BEDDING

- ☐ Pillow/ pillowcase
- Sheets for twin size mattress or air mattress
- \square Blanket or sleeping bag

TOILETRIES

- ☐ Soap
- ☐ Shampoo
- ☐ Bath towel/ wash cloth sunscreen

PROHIBITED

Fireworks Alcohol Tobacco Vaping

Drugs & drug paraphernalia firearms

Weapons of any kind Drones Pornography Gambling



Momentum does not make the guidelines a focal point of the week at Momentum Youth Conference. You will not hear us make a major issue of rules from the platform during sessions. Momentum realizes that families and local church youth ministries have varying levels of practices, guidelines and policies.

However, for the duration of the conference, we expect everyone to be on the same page with the following practices, guidelines and policies called "The Momentum Way"

Click on the following <u>link</u> or scan the QR code for a complete list of practices, guidelines and policies that were a part of the registration form.

ATTIRE

BOTTOMS (shorts/pants)

- Shorts and pants must fully cover the buttocks at all times, whether standing or sitting
- The minimum inseam for shorts is mid-thigh
- No cut-off shorts or pants that expose undergarments or excessive skin

SHIRTS & TOPS

- All shirts and tops must have straps or sleeves
- No cut-off shirts or tops
- Sports bras are not allowed in the place of shirts for any activity or daily wear
- All shirts must be long enough to touch the top of pants/ shorts when arms are at rest by the side
- No offensive or inappropriate apparel
- No clothing with offensive words, slogans, images or innuendos
- Clothing may not display brands or logos that promote illegal substances (e.g. alcohol, drugs, ect.)

SWIMWEAR

- GIRLS
 - Swimsuits must fully cover the torso and have a straight-across seam over the chest
 - A one-piece swimsuit is preferred, but if a two-piece is allowed if it meets the same coverage standards
- BOYS
 - Swim trunks are required. Speedos or athletic shorts are not permitted as swimwear
- TO AND FROM THE POOL
 - All participants must walk to and from the pool fully clothed in a tshirt and shorts or swim trunks
 - Swim cover-ups must not be see-through or mesh (girls may wear a swim dress or appropriate cover-up

ATHLETIC APPAREL

- All athletic wear (including shirts, shorts, and pants) must adhere to the same guidelines as the general dress code, including
 appropriate coverage and inseam length
- BOYS
 - o shirts must be worn at all times outside the dorm

