

Blessing Box Ideas

→ → → → → → → → → take a blessing, leave a blessing → → → → → → → → →

-**Canned foods with pull tabs** are ideal for someone who is homeless or doesn't have a can opener (or a kid who doesn't know how to use one)

-**"Just add water" items**, as many people don't have butter, milk, and oil that are required to cook many pasta and rice meals

-**Think about the entire meal:** donate spaghetti noodles + a jar of sauce, Tuna Helper + a can of tuna

-**A jar of peanut butter** is cheap and can last someone a while! Plus it keeps well even after it's been opened

- **Fruits and vegetables** are important for people without proper nutrition. Fruit snack cups are a great way to fill that gap

-**Hearty snacks** like crackers, nuts, pop tarts, granola bars, jerky

-**Perishable items** like bread, eggs, and fruits will keep in the box during cold months while they would not in the summer

-**Bottles of water** are always great

-**School supplies** like pencils and paper can make a big difference for kids on their own

-**Basic hygiene items** are so helpful! Shampoo, soap, toothpaste, toothbrushes deodorant, hand soap, sanitizer, baby wipes, toilet paper, feminine hygiene products, laundry detergent... the list goes on



FIRST BAPTIST CHURCH
LAWRENCEBURG