

Rev Ivy Schulz

Level 1 Coach

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My name is Ivy Schulz and I am one of the pastors at Calvary Lutheran Church in Grand Forks. I am married to Dale and we have three daughters. Heide is 21, Holly is 19 and Ellie Mae is 17. I grew up in Northwood and moved to Wahpeton when I was in high school. After having children and staying home with them I became youth director at Bethel Lutheran in Wahpeton for ten years. After a few years of that work I began seminary and graduated in May 2015. I did internship at Prairie Rivers Parish, a three point congregation made up on churches in Wyndmere, Hankinson, and Lidgerwood. In 2015 I was called to Gustaf Adolf Lutheran Church in Gwinner where I served three wonderful years before being called to Calvary.

As a coach, I like to help people discover their big ideas, explore them, then break them down into manageable pieces and then help them to celebrate their successes - both large and small. Coaching is a conversation in which you guide the direction it goes while someone listens intently. When I am being coached myself, I find that there is a clarity that surfaces that I didn't know was possible. Having someone listen and ask questions creates a space in which I/we discover what God is doing. Often times what I think I want to be coached on isn't actually what I need to be coached on. That's the fun in it. The Holy Spirit shows up and guides us into what God is calling us to do and be and we can then take action while trusting in God's presence.