



### **Mrs. Laetitia Mizero Hellerud**

As a four-time refugee, resilience and adaptation have become a way of life for **Laetitia Mizero Hellerud**. Having to adapt to this way of thinking since childhood, she learned to rely on her own decisions and at the same time, accept the love and help of others to survive. Laetitia was resettled in the USA in the fall of 1998.

Through UBUNTU, an intercultural consulting business she founded in 2015, Laetitia uses her life experience and professional expertise to help her clients bridge cultural differences and build better integrated communities. She believes that it starts with an open mind and an open heart.

In her spare time, she enjoys volunteering for different local and regional causes, writing and catching up with friends. More importantly, she loves spending time and traveling with her family. Laetitia, her husband Mark and their two adult children live both in North Dakota and in Minnesota.