

Dream On

Psalm 3:1-6

“But You, Lord, are a shield around me, my glory, and the One who lifts up my head.” - Psalm 3:3

Main Point: No matter our past, we can “Dream On” knowing God fulfills our dreams and His promises.

Introduction: Use the following questions to introduce the topic of discussion -

How old were you when “Dream On” was released in 1973? Do you have a favorite Aerosmith song?

Has there been anything you settled for in life instead of “Dreaming On”? Explain.

The lyrics say, “you got to lose to know how to win.” How has this been true in your life?

The song “Dream On” is about the “hunger to be somebody: to dream until your dreams come true,” according to Steven Tyler. But many of us have seen dreams come and go, or have had the wrong dreams in life and maybe you’ve been left unsatisfied. In our passage today we see King David facing one of the largest trials of his life, but dreaming on through it and remaining hopeful.

1) Sometimes it’s hard to dream on because of **GUILT**. Read together in **PSALM 3:1-2**.

David was running for his life when he wrote this Psalm. **What guilt and regret had he experienced in life that could have destroyed him had it not been for his faith in God?**

Guilt carries with it enormous power. It can cause you to feel unworthy, to give up, or believe your guilt is so strong that God cannot overcome it. **What was David’s response to the guilt in his life? Read Psalm 51 and discuss.**

When have you quit dreaming because of guilt? How have you rejected God’s use of your life because you felt He couldn’t use a person with your past?

2) Dreams come alive again when we take time to **REMEMBER**. Read together in **PSALM 3:3-4**.

David was in a very troubling situation. **What important things did he remember in that time?**

What does Psalm 103:12 say God has done with the guilt and sin that we feel like is keeping us from Him? How often are you “crying aloud” to Him and what do you believe his response would be?

What times in your life can you look back on and remember God’s goodness and faithfulness in your life?

God is not oblivious to you. He knows what’s happening in your life (Psalm 139). He simply desires for you to call out to Him. **How can you do that this week?**

3) We can dream on because **GOD FULFILLS OUR DREAMS**. Read together **PSALM 3:5-6**.

How do you typically sleep when you are distressed or worried? What was David’s reaction to the circumstances?

David had committed himself and his cause to God, and being sure of His protection, he had come to a place of peace. **What areas of your life do you need to commit to God and rely, or lean on Him, to sustain you?**

What has God been impressing upon you and your heart that might be scary or out of your comfort zone? How have you been encouraged to dream on through David’s psalm/story?

Pray:

As you close your time together pray the Lord would release you from any guilt you are carrying. Allow Him to take your burden and replace it with forgiveness. Pray God would remind you of His goodness and faithfulness. Ask that He would fulfill your dreams and give Him praise for doing so. Dream big and pray until your dreams come true!

Connect:

Leaning on the Everlasting Arms:

What a fellowship, what a joy divine,
Leaning on the Everlasting Arms!
What a blessedness, what a peace is mine,
Leaning on the Everlasting Arms!

Leaning, leaning,
Safe and secure from all alarms;
Leaning, leaning,
Leaning on the Everlasting Arms.

O how sweet to walk in this pilgrim way,
Leaning on the Everlasting Arms!
O how bright the path grows from day to day,
Leaning on the Everlasting Arms!

What have I to dread, what have I to fear,
Leaning on the Everlasting Arms!
I have peace complete with my Lord so near,
Leaning on the Everlasting Arms!