

SYDNEY FORESHORE LOOP

Suitable for all ages, skills and bikes, this gorgeous ride along quiet story-filled streets and shared paths has water views galore and plenty of hot-spots along the way...











SHARED PATHS

Are for the use of both pedestrians and bike riders. They are designated by images of a pedestrian and a bike on the pavement or on a street sign.

On a shared path:

- Pedestrians always have right of way.
- Slow down and ring your bell early to warn of your approach.
- Ride in a safe and courteous manner.
- Smile, wave or say 'thank you' as you pass.

NEW SHARED PATH MARKINGS

We are currently rolling out new blue onthe-ground line-markings to more clearly designate shared path areas and reinforce pedestrian priority.



SYDNEY FORESHORE LOOP

1 CUSTOMS HOUSE

Built in 1885, this heritage-listed building houses a public library, a scale model of Sydney under the glass floor and regular exhibitions and events in the forecourt. Upstairs you'll find flash diner Cafe Sydney while at ground level is primo pizzeria Young Alfred. 31 Alfred St Sydney

2 MUSEUM OF CONTEMPORARY ART

A glorious art-space perched on the harbour, the always vibrant and developing MCA hosts huge touring shows and is often at the heart of local festivals throughout the year. There's a cool store at ground level, a mod-Oz cafe next door and delights in every corner of its four floors. West Circular Quay, Sydney



3 THE ARGYLE

Hitting the tiles in The Rocks often means cruising the cobblestones of The Argyle. There's a myriad of venues within this historic corner of olde Sydney – cool bars, tapas dens, champagne saloons, outdoor arenas for music and film, and impromptu dance floors and festival events at every turn. 18 Argyle St The Rocks



4 CAFE SOPRA

Is that Cate Blanchett crunching a baguette? Or William Hurt rolling past on his fixie? Probably both.



Walsh Bay needed a food fix and Cafe Sopra is it. Vivacious vegetarian food, lush salads and rustic Italian (try the risotto Milanese) with crackerjack coffee and cool cocktails on the side. Shop 8, 16 Hickson Rd, Walsh Bay

6 BARANGAROO

Will it be a cluster of soaring steel and glass towers? Or a midnight garden of indigenous plants and animals? Whatever the future holds for this amazing and controversial site formerly known as "the Hungry Mile", the future is bright for cyclists with a sparkling run around the Walsh Bay finger wharves into the King Street food precinct and Darling Harbour marina. Hickson Rd, Barangaroo



(3) NATIONAL MARITIME MUSEUM

Totally free and crammed with stories and treasures from Sydney's rich and ancient relationship with the water, this excellent museum offers something for everyone – vintage surfboards, bikini exhibitions, reallife boats of old and lots of fun and fascination for all ages. 2 Murray St, Darling Harbour

7 FRANCOIS PASTRIES

Artisan pastries pervade this flash little boulangerie on the Union Street cycleway – beef pepper pies, mouth-watering little tarts and homemade apple pies ride shotgun to great coffee and an ambient decor. Shop 3, 35 Union St, Pyrmont

PIRRAMA PARK

One of Sydney's greenest spots, this parkland constructed on the former Water Police site takes its name from the First Australian's name for it, as recorded in First Fleet documents. Today, it's an award-winning wonderland with pedestrian boardwalks, playground, picnic and BBQ facilities. Along the way you'll see water-play features, wind-powered art installations, a sheltered bay and cafe with steps to the harbour and commemoration of its maritime history via 'Stevedore Walk'. *Pirrama Rd, Pyrmont*



BLACKWATTLE BAY

Named by early settlers sent to gather timber from its mangroves and often used as a hide-out for escaped convicts and bushrangers on-the-run, Blackwattle Bay today plays host to creative studios, rowing clubs and a park snaking its way to Annandale offering stunning views of the Anzac Bridge and the CBD skyline along the way. Cook St. Glebe

O SYDNEY FISH MARKETS

Rundown, smelly and always busy yet still a great (if grimy) window into Sydney's past as a maritime city. The array of seafood on show here is stunning, be it with dawn's first rays and the morning auction to chefs, or at lunch when the tourists and seagulls flock for fresh fish 'n' chips, crisp wines and cold beers on the battered wharves. Bank St, Pyrmont

10 BICENTENNIAL PARK

Heaven-on-earth for dogs off-theleash and almost as good for bike riders who can slide through its 6.8



hectares of parkland on the way to Rozelle via historic Bellevue House, a circa-1890s home soon to be a scenic cafe and community space. Federal Rd. Glebe

PRUBY L'OTEL

A fantastic addition to Victoria Road, Ruby is 'pub-cha' as only Sydney can do. Steamed prawn dumplings and fried squid specialties plus two-for-one curry and cocktail deals make it a fun segue from your cycling route. 68 Victoria Rd, Rozelle

1 THE RIVERVIEW

Balmain may have gentrified itself plenty in the past couple of decades but its soul is that of a rabble-rousing suburb with plenty of character (and characters). This recently reduxed bar is proof of it – a mixture of old and new at the bar, cycles, prams and mongrel dogs parked outside and both pub food and deluxe dining on offer. A great refueling zone on your ride if you fancy a roast-of-the-day and drink. 29 Birchgrove Rd, Balmain



@ ADRIANO ZUMBO

If you've cycled this far you deserve a treat – and where better to indulge your sweet spot than Zumbo's house of wicked chocolate delights where macarons, eclairs and all manner of sugary specials line the shelves? 296 Darling St, Balmain



GET YOUR FREE CYCLING GUIDE+MAP

THE CITY OF SYDNEY'S CYCLING GUIDE+MAP IS THE PERFECT COMPANION FOR BIKE RIDERS IN THE CITY OF SYDNEY AND SURROUNDING AREA.

TO GET A FREE SYDNEY CYCLING GUIDE+MAP POSTED TO YOU CALL 02 9265 9333 OR DOWNLOAD IT AT WWW.SYDNEYCYCLEWAYS.NET