

# True North: Week 3

## Discuss Guide

### Discuss:

- List all the songs you can that talk about light. [You could have a prize for the person or group that comes up with the most.]
- Have three people read 1 John 1:5-9 from the three different versions [See text below]. Before you read, tell each person to pick out one thing that sticks out to them. Share with the group what it was.
- In order to know how and where to shine the light in our neighborhood, discuss areas where you have seen/witnessed Physical, Economic, or Mental Health darkness.
- To follow up, look at ways Jesus' light showed compassion and power. Discuss.
- Debates don't change people--When have you experienced the "nasty" debates that only created a greater divide? How can we use behavior to change that narrative?
- Discuss the questions "Am I worthy?" and "Is Jesus able?"
- What do you see/hear people experiencing during Covid that makes it a bit darker for people?
- Read [John 1: 1-12](#). Then discuss the differences in each occurrence of the term Light.
- If your child was lost, would you not turn on every light in and around your house to help them find their way home? Light gives direction hope to anyone who is lost. What hope and direction do the above verses in John give those that are lost?
- Read [2 Corinthians 4:6](#). Discuss how God made it possible for Christians to make the light shine through the darkness.

### Other Passages:

- 1 Timothy 6:16, "who alone is immortal and who lives in unapproachable light, whom no one has seen or can see. To him be honor and might forever. Amen

- Exodus 13:21, “By day the Lord went ahead of them in a pillar of cloud to guide them on their way and by night in a pillar of fire to give them light, so that they could travel by day or night.”
- Exodus 25:37, “Then make its seven lamps and set them up on it so that they light the space in front of it.”
- Matthew 4:16 from Isaiah 9:2, “The people living in darkness have seen a great light; on those living in the land of the shadow of death a light has dawned.”

## Apply:

- Jesus said, “You are the light of the world” (Matthew 5:14). What can you do to offer a bit of light during this dark season?
- What advice would you give to a person going through a dark season to let a little more light into their life?
- Open or download the CCV app as a group. Scroll down to the LIFE TRAINING button and examine what is available. This familiarity will make it easier to navigate a difficult time as well as help you steer someone to get help.
- How can we respond with compassion who is in sin? How can we offer power to those who are sick (physical, economic, mental health)?

## Prayer:

Let’s pray for those who are going through a dark and difficult season. Have the group bow their heads and just call out loud the name of a person who needs some light in their life. After some time, have one person voice a prayer to close.

## **1 John 1:5-9 (NIV)**

5 This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. 6 If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. 7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin. 8 If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

## **1 John 1:5-9 (ESV)**

5 This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all. 6 If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. 7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. 8 If we say we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

## **1 John 1:5-9 (NLT)**

5 This is the message we heard from Jesus and now declare to you: God is light, and there is no darkness in him at all. 6 So we are lying if we say we have fellowship with God but go on living in spiritual darkness; we are not practicing the truth. 7 But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin. 8 If we claim we have no sin, we are only fooling ourselves and not living in the truth. 9 But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.