

WEEKEND DISCUSSION GUIDE

Achilles: Week 1

Watch

[Click here](#) to watch the recap video.

Ice Breaker

When it comes to food, what is your Achilles heel?

Discuss 1

- Why do you think pride is the Achilles heel of the Church?
- Who are some public figures that display a prideful heart? How do they contrast to public figures that display the opposite, humility? Why is humility so attractive?
- If the church were able to overcome the Achilles heel of pride, how could that impact our culture? How would non-Christians view the Church?

Discuss 2

- Jesus valued others above himself. Why is it so hard to place others before ourselves?
- Ashley said that humility isn't thinking less of yourself; it's thinking of yourself less. How have you seen humility misunderstood in our culture? If so how?
- How does humility free you and enhance your relationships?

Discuss 3

- Read [James 4:6](#), [Proverbs 11:2](#), [Proverbs 13:10](#), [Proverbs 16:18](#), and discuss the results of a prideful heart.
- What are the effects that pride can have on us? How can it affect others around us?
- Are you aware of the pride in your life and how it manifests itself? How can you guard against being prideful in those areas?

Take Away

Take time this week to name your pride. Then ask someone to hold you accountable to living with humility in that area.