

Tinnitus and Hearing Survey

A. Tinnitus

Over the last week, tinnitus kept me from sleeping.

No, not a problem *Yes, a small problem* *Yes, a moderate problem* *Yes, a big problem* *Yes, a very big problem*

0 1 2 3 4

Over the last week, tinnitus kept me from concentrating on reading.

0 1 2 3 4

Over the last week, tinnitus kept me from relaxing.

0 1 2 3 4

Over the last week, I couldn't get my mind off of my tinnitus.

0 1 2 3 4

Total of each column

Grand Total

B. Hearing

Over the last week, I couldn't understand what others were saying in noisy or crowded places.

0 1 2 3 4

Over the last week, I couldn't understand what people were saying on TV or in movies.

0 1 2 3 4

Over the last week, I couldn't understand people with soft voices.

0 1 2 3 4

Over the last week, I couldn't understand what was being said in group conversations.

0 1 2 3 4

Total of each column

Grand Total

C. Sound Tolerance

Over the last week, sounds were too loud or uncomfortable for me when they seemed normal to others around me.*

0 1 2 3 4

If you responded 1, 2, 3, or 4 to the statement above:

Please list two examples of sounds that are too loud or uncomfortable for you, but seem normal to others:

*If sounds are too loud for you while wearing hearing aids, please tell your audiologist.

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