



Four easy locations so we're
always close to home!

OGDEN

917 Country Hills Dr., Ste. 5

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950 S. Medical Dr., Suite 103

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www.eartechaudiology.com

May Is
Better Hearing
& Speech
Month

Your community hearing health newsletter!



- Healthy Hearing Event
- Hearing Loss Can Double the Risk of Dementia
- ReSound LINX 3D
- Special Offer
- Triple-Berry Summer Salad

In this issue of
Hear + Now



Hear + Now

Your community hearing
health newsletter from
EarTech Audiology



Dear Friend,

As part of our commitment to healthy hearing, we've opened a portion of our appointment calendar for Hearing Assessments now through May 31st. Remember May is Better Hearing & Speech Month. Improve your quality of life and take advantage of this timely offer.

SPECIAL HEALTHY HEARING EVENT

Now through May 31st, 2018

9am - 5pm by appointment only

(801) 784-2770



During your appointment we will:

- Review your medical and hearing history.
- Examine your ear canal.
- Assess what you are currently hearing.
- Demonstrate and recommend treatment options if appropriate.



Recent studies have suggested that maintaining good hearing promotes healthy auditory processing in the brain decreasing risk of cognitive disorders and improve your overall quality of life as you age. We see it every day in the lives of our patients and believe that an annual hearing assessment is important for everyone aged 55 and older. **For a limited time, this service will be provided to you PLUS \$500 off a pair of premium hearing aids.** Appointments are limited so call today to reserve your place.

Reminder: it's important
to have your hearing
checked at least once
per year! If you haven't
already done so, call
today to schedule your
appointment!



We accept most insurance. Some insurances even cover hearing aids.
Also you can use your flex spending funds to purchase hearing aid.



Hearing Loss Can DOUBLE The Risk of Dementia

According to a recent study from researchers at Johns Hopkins and the National Institute on Aging, adults with even a mild hearing loss are far more likely to develop dementia. Dementia involves a loss of memory, logic, and language that greatly interferes with daily life.

The study followed 639 people, ages 36 to 90, for almost two decades, testing them for hearing loss and dementia every two years. The study participants with a hearing loss at the beginning of the research had a higher occurrence of dementia by the end of the study. Once hearing loss began to interfere with the ability to communicate, (such as trying to follow conversations in noisy restaurants), the risk for dementia increased.

Frank Lin, M.D., one of the authors of the study, believes that whatever causes dementia may also cause hearing loss. However, he found that the neurological stress of trying to communicate with a hearing loss could contribute to dementia. In noisy environments, a hearing loss can greatly impair the ability to understand what other peoples

are saying, which affects stress levels. A hearing loss can lead to frustration and embarrassment, and often people become isolated in order to avoid socializing. Other studies have linked isolation with an increased risk of dementia. Lin hopes that this study will encourage people to give hearing loss the serious attention it deserves: “For many years, hearing loss in older adults has been perceived as an unfortunate but inconsequential part of aging. Our research is now demonstrating that hearing loss doesn’t just affect a person’s quality of life. It may also lead to a decline in cognitive function.” After high blood pressure and arthritis, hearing loss is the third most common chronic health problem in older adults. Over 26 million Americans over age 50 have hearing loss and could greatly benefit from hearing aids—but alarmingly, only 3.8 million wear them! There is no reason to hesitate—today’s hearing aids discrete, comfortable, and affordable.

It’s very important to be proactive about your hearing health. We strongly urge our patients to call us for a comprehensive hearing examination! It’s time to improve your life!

SAVINGS CERTIFICATE

Redeem this certificate good for \$500 OFF any 2 premium hearing instruments

Competitive pricing
- Will match prices



Expires: May 31st, 2018

*Valid on select aids only. This offer cannot be combined with any other specials.



Sit back, relax and recharge

ReSound LiNX 3D™ Rechargeable offers superior sound quality and now comes with ZPower®, the only rechargeable battery with all day power.

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Introducing
ReSound LiNX 3D
Rechargeable
hearing aids



Made for
iPod iPhone iPad
Works with
Android



EarTech Audiology

Compassionate, Professional, Comprehensive Hearing Healthcare. Take a look at our audiology services below and learn how Eartech Audiology can help you. Schedule an appointment to learn more about your condition and your specific hearing diagnosis.



Terry Clawson, Au.D.
Doctor of Audiology



Kerry Braunberger, Au.D.
Doctor of Audiology

- Competitive pricing - Will match prices.
- Diagnostic comprehensive hearing evaluation. (covered by insurance)
- Provide comprehensive diagnostics for balance, tinnitus and auditory rehabilitation.
- Work with a Dr. of Audiologist so that you are getting the best comprehensive health care for your hearing and balance wellness.
- We provide offer digital hearing aids from all major manufactures such as Oticon, Phonak, ReSound, Siemens, Widex, Starkey, Sonic Innovations and others. We will get the best price possible on high quality hearing devices and accessories. No one has been able to match our price and quality of service.

- With the purchase of hearing devices at no additional charge you will receive free hearing device evaluation, minor on-site repairs and complimentary re-programming visits. *1 Yr.
- Offered through the hearing device manufacture is a full three-year manufacturer repair warranty and a one-year warranty for loss.
- We accept most insurances.
- A 7-14 day hearing aid trial period to ensure you are fully satisfied.
- No obligation - receive a FREE call captioning phone. Please call our office at [801-784-2770](tel:801-784-2770) for details and how to get this free phone.

Triple-Berry Summer Salad

- 9oz. baby spinach, torn
- 1 cup sliced strawberries
- 1 cup raspberries
- 1 cup blueberries
- 1/2 cup sliced almonds, toasted
- 1/3 cup chopped basil
- 1 avocado, chopped
- 4oz. goat cheese

(1) Tear spinach apart. (2) Slice Strawberries and Avocado into bit size pieces. (3) Microwave sliced almonds for 30 seconds at a time until golden brown. (4) Divide baby spinach between plates then top with berries, almonds, basil and chopped avocado. Crumble goat cheese on top then dress with salad dressing. We recommend strawberry balsamic vinegar, but any olive-oil based vinaigrette would be fantastic.

