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FACIAL PLASTIC & COSMETIC SURGERY

ALLERGY TESTING & TREATMENT

HEARING AID SALES & SERVICE

## Post-Operative Instructions EAR SURGERY

Ear drum repair is a surgical procedure used to fix a hole or tear in the eardrum (tympanic membrane) it can also be used to repair or replace the three tiny bones behind the eardrum (ossicles).

The eardrum is a thin membrane between your outer ear and your middle ear that vibrates when sound waves hit it. Ear tubes or trauma may cause damage to your eardrum or middle ear bones that must be corrected with surgery. Damage to these organs can result in hearing loss and an increased risk for infection. There is more than one type of procedure used to repair the eardrum. If you have questions regarding the details of your surgery please contact our office.

You may experience some mild discomfort or drainage from the ear following surgery. Popping, crackling, and other sounds are common for many weeks. Increased hearing loss after surgery is expected and will improve as the eardrum heals. You may experience some lightheadedness following surgery, rest; it takes weeks for the ear to heal properly.

- Do not remove the dressing from the ear until instructed
- Take medication as directed
- DO NOT blow your nose forcefully
- Keep your mouth open when you sneeze to avoid pressure in the ear
- No heavy lifting or strenuous activity for 2 weeks
- No swimming is allowed until instructed by your surgeon
- When bathing or showering, keep the ear dry. A cotton ball with Vaseline or Bacitracin ointment can be used over the ear canal

## A post-operative appointment has been scheduled for \_\_\_\_\_

## LOCATION:

□ **Southwest** 1555 44<sup>th</sup> St. SW Wyoming MI 49509 Northeast
1425 Michigan NE Grand Rapids MI 49503

Mecosta705 Oak St. Big Rapids MI 49307

Hastings915 W. Green St. Hastings MI 49058

□ Greenville 403 S Nelson St Greenville, MI 48838