

Listen Up! Summer 2013

IMPROVING COMMUNICATION THROUGH BETTER HEARING HEALTHCARE

HEARING AND BALANCE CENTERS OF WEST TENNESSEE

6242 Poplar Avenue, Memphis, TN 38119 • (901) 842-4327

THE JACKSON HEARING CENTER

172-D University Parkway, Jackson, TN 38305 • (731) 660-5511

**Respected by doctors,
trusted by patients!**

www.hearingmemphis.com

Our Hours

MEMPHIS

Mon-Fri: 8 am-5 pm

Closed: Noon-1 pm

JACKSON

Mon-Fri: 8 am-4:30 pm

Closed: Noon-1 pm

WALK-IN CLINIC

Both our Memphis and Jackson offices have daily walk-in services from 11:00 am to 12:00 pm.

*You are welcome to the **WALK-IN CLINIC** for cleaning and minor repairs. If you received a **REMINDER CARE CARD** and are doing fine, and only need a cleaning, you may come to **WALK-IN CLINIC** instead of making an appointment. However, if you need a hearing test or your hearing aid needs adjusting or programming, you must have an appointment in order for us to serve you.*

When you call for an appointment, we assure that you will be scheduled for the first available appointment. While we do everything we can to schedule you in a timely manner, it is rarely feasible for us to see you the same day. We want to make sure we have the appropriate amount of time to spend with you!

GOING WIRELESS HELPS YOU GET THE MOST OUT OF YOUR EVERY DAY HEARING

In previous issues of *ListenUp*, we described how easy it was to go wireless. We have been overwhelmed by the interest our patients and their family and friends have shown in the wireless technology.

The TV-DEX streams the television directly into your hearing aids, allowing others to keep the volume comfortable for them.

The M-DEX streams the telephone signal directly into your hearing aids. This allows you to have a clear conversation hands-free and hear better by receiving the telephone signal in both ears.

The RC-DEX allows you to have multiple programs for your hearing aids to maximize your hearing in different listening situations such as in restaurants or movie theaters. Furthermore, you control the overall volume of your hearing aids.

In addition, there are other assistive listening devices that may make it easier for you to hear that are not Bluetooth. These devices include:

- Infra-red or FM system for television
- Amplified telephones
- Alarm clocks that amplify and vibrate
- Amplified timers for cooking



WIDEX
HIGH DEFINITION HEARING

Enjoy your phone conversations again!

The new PHONE-DEX from Widex is an all-purpose, cordless phone that streams crystal clear sound directly to your hearing aids. It provides excellent speech understanding over the phone by allowing you to listen through both ears, while acting as a conventional cordless phone for your friends and family! It couldn't be easier to operate, and is ready to use with any CLEAR, SUPER or DREAM hearing aid.

The PHONE-DEX and other DEX accessories from Widex let you take advantage of a whole new world of sounds. They make it easier for your CLEAR, SUPER or DREAM hearing aids to communicate with phones, TVs, remotes, and other external devices. Call or make an appointment today to learn about which DEX devices can work for you!



PHONE-DEX. For easy landline use!

Introducing Dr. Natalie Wyatt ...



Natalie Wyatt, Au.D., FAAA, CCC-A, Doctor of Audiology

Please join us in welcoming our new audiologist, Dr. Wyatt, to The Jackson Hearing Center. Dr. Wyatt is not one to lose her roots. She was born and raised in Jackson, Tennessee, where the majority of her family and friends also grew up. She was away for eight years while attending college in Knoxville, where she did her undergraduate study at The University of Tennessee, and in Hattiesburg, Mississippi, where she earned her doctorate degree from The University of Southern Mississippi. Even after four years among the Golden Eagles she is still an avid Volunteers fan! Dr. Wyatt is also a member of the National Scholars Honor Society and the Alpha Omicron Pi Sorority. Her experience includes clinical placements at several ear, nose, and throat practices as well as a hospital setting while she was in school. Her most rewarding experience so far was one she says that she really could relate to. She explains, “I treated a patient once who lived alone. All her family lived out of town. Her hearing loss was to a point where she couldn’t carry on a conversation over the phone. It was so difficult for her to stay in touch with them.” She continued, “I fit her with hearing aids and spent time with her practicing how to use the telephone with her new hearing aids. On a follow up visit, her son flew all the way in from Portland, Oregon, just to thank me. He said that his mother was so much happier now that she is able to stay in touch with family and friends.”

Pardon Our Mess!

The Jackson Hearing Center is getting a facelift! After 12 years in business and with adding a full-time audiologist, it is time to make some changes to our office in order to make it more accommodating to all. We appreciate your patience as we go through these changes and we hope you will enjoy our new look!



In addition to a fresh coat of paint and new carpet, our remodel will include expanded waiting and reception areas.

JOIN OUR FRIENDS HELPING FRIENDS REFERRAL PROGRAM

Refer a friend or loved one to Hearing and Balance Centers of West Tennessee or The Jackson Hearing Center and we will send you a \$50.00 check if we schedule a Free Hearing Screening.

Here's how it works:

STEP 1: Give our Patient Referral Card to a friend or family member who you think might benefit from a Free Hearing Screening.

STEP 2: Tell them about how you are hearing and understanding better than you did before getting the help you needed and deserved.

STEP 3: Have them call for their “No Obligation” appointment.

FINAL STEP: If they show up for their Free Hearing Screening, we will send you a check for \$50.00! That's it!

Office Staff News This summer...

Dr. Kay Tackett enjoyed vacationing with her whole family at Tybee Island, Georgia, this summer. Her nephew, Greg, is studying at the Savannah College of Art and Design in nearby Savannah, so it was the perfect place for everyone to meet. She's looking forward to seeing the final renovations to the Jackson office, which should be completed in late August, and everyone meeting our new audiologist there, Dr. Natalie Wyatt. As some of you may know, **Elizabeth Hopkins** fell in June and cracked the radial head of her right elbow. She was in a cast for most of July. And yes, she is right handed so our staff had fun deciphering her left handed writing. We are pleased to let you know that she is back functioning with both arms and is thankful for everyone for their help and patience. Elizabeth is looking forward to a quiet vacation around Labor Day. She and her husband, Mike, are hoping the fish are biting at Pickwick this fall. They would like to stock their freezer with some good Pickwick crappie. **Dr. Courtney House** and her husband Charlie have been busy unpacking boxes and settling into their new home in Southaven. They recently enjoyed a trip with family to Mammoth Cave in Kentucky and are planning another road trip in the fall. It's hard to believe their first anniversary will be coming up in November! **Dr. Natalie Wyatt** is getting settled in our Jackson office after moving back to her hometown in May. She has spent the summer traveling for weddings with family and friends, and also taking trips to the river. Her favorite season of the year, fall, is fast approaching and she looks forward to watching the Tennessee Volunteers this football season! **Lori Frederick** and her husband, Rob, are proud to announce the arrival of their son, Grayson Daniel Frederick. Grayson was born on May 2nd. Lori's older children, Jackson and Maci, are enjoying helping take care of their baby brother. **Penny Odom** has spent the summer enjoying boating and hanging out with friends at Horseshoe Lake. Penny and her husband did take a short trip to Kentucky Lake to see the Amazing Rhythm Aces in concert, but unfortunately the concert was rained out. However, all was not lost, they did get to see the sound check and got to meet the whole band. **Norma Roberts** enjoyed a visit from her daughter, grandson, niece and great nephew. They enjoyed a day at the zoo, but most of the time was spent in her swimming pool. She is also planning a trip to visit with a friend from Arkansas to help plan a wedding for one of their friends. **Edna May** and her husband, Bobby, enjoyed spending time with their daughter and grandkids this summer. They visited the Tennessee Safari Park in Alamo and watched the kids' faces light up with excitement as the animals came up to the car for feeding. They also had a great time at the Fun Zone bounce houses in Three Way. They even got to see the new Despicable Me 2 movie! They always enjoy 'kiddy movies' but are too embarrassed to see them without the kids. They are doubling up on their vitamin B12 as they prepare for their next visit—which will be around the holidays.

Bierock Casserole

Submitted by Larry May



This delicious dish is a savory ground beef and sauerkraut mixture baked between two layers of crescent roll dough.

Keep those recipes coming! Cookbooks are available for \$8 and feature over 200 recipes from our patients. Proceeds go to the Mid-South Food Bank.

You will need: 2 cans of Crescent dinner rolls • 1½ lbs. hamburger • 1 small to medium size onion, chopped • 1 small head of cabbage (I use the bagged cabbage already shredded; the carrots kind of add to it) • 8 oz bag of shredded cheddar cheese • 1 can Cream of Mushroom soup

Preheat oven to 375 degrees. Lightly brown 1 can of crescent rolls in the bottom of a 9x13 Pyrex pan before adding the Bierock mixture. Brown and drain hamburger. Divide the chopped onion in half and cook half of it with the hamburger and add just of tad of salt and pepper to taste.

Chop and steam cabbage with the other half of the onion. If you have a steamer, it would probably work well or just throw the cabbage and onions into a pan with a tablespoon of olive oil and a couple tablespoons of water, put a lid on it and cook over medium heat for awhile.

Mix together hamburger, cabbage, onion, shredded cheese and soup in a large bowl. Do not use a small bowl because it will go everywhere. Put the Bierock mixture on top of crescents. Place the other can of Crescent rolls on top of mixture and bake at 375 degrees until browned and heated through. Depending on your oven, about 35-45 minutes.

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L to R: Elizabeth Hopkins, B.S.; Lori S. Frederick, M.A.;
Katherine Tackett, Au.D.; Courtney House, Au.D.

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BOTH OFFERS EXPIRE SEPTEMBER 30, 2013

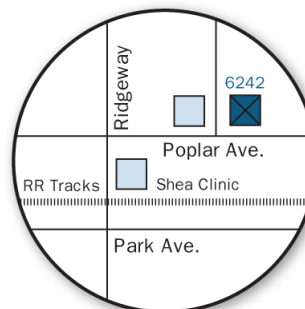
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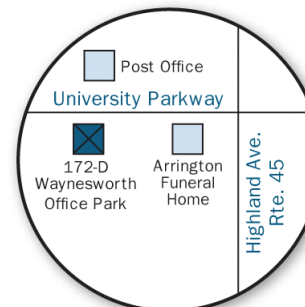
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