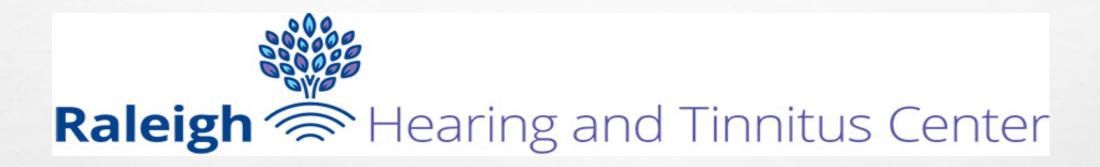
WHAT IS TINNITUS?





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TINNITUS: WHAT IS IT?

tin-ni-tus ["TIN-it-us", "tin-NITE-us"]

noun Pathology
A constant or intermittent sound heard in the ears and/or head that does not have an outside source, often described as ringing, humming or buzzing

experience tinnitus

CAUSES OF TINNITUS



- HEARING LOSS
- MEDICATION
- SOME MEDICAL CONDITIONS: CARDIOVASCULAR DISEASE, DEPRESSION, POOR DIET

HOW TINNITUS CAN AFFECT YOUR LIFE

Severe cases

- Interference in job performance
- Psychological disorders
 - Depression
 - Post-traumatic stress disorder
 - Anxiety disorder



IS THERE A CURE FOR TINNITUS?

If you think of a cure as elimination of the tinnitus, then no.

However, we prefer to think of a cure as providing relief.

WHAT CAN WE DO TO TREAT TINNITUS

- HEARING AIDS- TREAT THE HEARING LOSS, SOME HAVE SOUND THERAPY BUILT IN
- SOUND THERAPY- SOUND MACHINES, SPEAKERS, PILLOWS, TO HELP DECREASE THE LOUDNESS OR PROMINENCE OF YOUR TINNITUS







THINGS TO KEEP IN MIND

- IT TAKES TIME FOR THE EVALUATION
- IT TAKES TIME TO ADJUST AND LEARN TO USE DEVICES TO GET THE FULL BENEFIT OF THE DEVICE
- PRACTICE AND PATIENCE ARE THE KEYS TO SUCCESS



THANK YOU!

RALEIGH HEARING AND TINNITUS CENTER

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