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Nepal is the poorest country in South Asia and indeed one of the poorest in the world. Poverty is particularly hard in remote areas.

The <u>country's tentative peace (http://www.miseast.org/en/nepal/tentative-peace-nepal)</u> has meant that Mission East is now better able access the remote, food insecure areas of Nepal which means that initiatives seekeing solution to the problems are becoming more possible. Some of the problems are: lack of access to safe water, poor sanitation facilities, poor hygiene practices and food insecurity. All of these made worse by the lack of infrastructure, the isolation and the very difficult geological conditions in the mountainous Himalaya range.

Therefore Mission East alongside its <u>local partners (/en/partners/nepal)</u> has undertaken a range of activities in order to address those fundamental needs.

Responsibility for people's own development and support of local civil society

From 2007, Mission East and <u>KIRDARC (/en/nepal/kirdarc)</u> have been engaged in water sanitation and hygiene, food security, agricultural inputs and farming practices and community-based disaster preparedness. These sectors have been the focus of 8 projects funded by Danish Organisations and the European Union, for more than 2,9 million Euro and covering more than 30,000 people. In our work, we have promoted participatory approaches, and encouraged rural communities to take responsibility for their own development.

Keeping in mind the high vulnerability of the population of Karnali, Mission East has been developing its new 2012 – 2015 strategy focusing on Social Inclusion for better livelihood development under a second phase of our Karnali Support Program. Mission East's new approach is to strengthen the local civil society organisations to contribute to local development with participatory evaluation of our strategy and implementation of its components and projects. In that perspective, Mission East is moving from a unique partnership with KIRDARC to multiple partnership collaboration. In 2012, ME is engaged with KIRDARC (/en/nepal/kirdarc), WWS (/en/nepal/wws) and ANSAB (/en/nepal/ansab) in the new program approach around 4 main components:

- 1. Empowering the most vulnerable and excluded groups such as marginalised castes, women and people with disabilities
- 2. Improved Health and Hygiene condition of population to curb epidemic outbreak in mid-western region
- 3. Management of fragile eco-system including effect of climate change and natural disaster risk reduction 4. Livelihood diversification and business development (commerce of medicinal and aromatic plants)

Food aid on its ways to flood victims in Nepal (/en/nepal/food-aid-its-ways-flood-victims-

nepal)

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Both toilet and clean water are now within Lachhu's reach (/en/nepal/both-toilet-and-clean-water-are-now-within-lachhu%E2%80%99s-reach)



(/en/nepal/food-aid-its-ways-flood-victims-nepal)

India and Nepal, severe flooding has already cost more than a hundred lives, and even more people have been reported missing. In Nepal, Mission East is in the process of getting food aid to the victims in the remote mountainous region of Karnali.

In recent day, excessive monsoon rains have caused major flooding and landslides in northern India and western Nepal. Amongst other areas, the flooding has hit the region of Karnali in northwestern Nepal where people live in isolated and inaccessible areas.



(/en/nepal/both-toilet-and-clean-water-are-

now-within-lachhu%E2%80%99s-reach)

It isn't easy to find your way if you are blind, especially when living in an inaccessible area like the mountains of Western Nepal. Simple things like going to the toilet or fetching clean water become an enormous challenge.

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