

Resources

- *A Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse*, by Dan Allender & Karen Lee-Thorp
- *Birds and the Bees* (6 part video series), Mary Flo Ridley & Megan Michelson, www.birds-bees.com
- Living Hope Ministries – Online support groups for men, women, families and friends impacted by same sex attraction. www.livehope.org
- NEST Talk "Reclaiming Sex Ed," Jeanie Cox, February 2016 (watermark.org --> Resources --> Messages --> Ministry --> The NEST -->2016)
- NEST Talk "Gender Differences," Sue Bohlin, October 2012 (watermark.org --> Resources --> Messages --> Ministry --> The NEST -->2012)
- *Simple Truths: Sooner Than You Think*, Mary Flo Ridley, Right Now Media *
- *The Story of Me (God's Design for Sex, Book 1)*, Stan & Brenna Jones (God's Design for Sex - 4 Book Series based on age)
- *What to Expect When You're Expecting*, by Heidi Murkoff & Sharon Mazel

* - Available to Watermark Members free of charge.

1. Go to watermark.org
2. Search "Right Now Media"
3. Complete the online Sign Up to verify membership
4. Upon verification (should be immediate), you will be directed to the Right Now Media resources available.
5. Search "Mary Flo Ridley." The *Sooner Than You Think* video series is listed there, as well as a "Step by Step Presentation."

Ministries

watermark.org/ministries

re:generation, Re:Generation is a 12-step biblically based discipleship program for healing, recovery, and freedom. Recovery in Christ when life is broken. (*Dallas, Fort Worth, and Plano*)

Someone Cares – Someone Cares is a post-abortion restoration ministry. (*Dallas and Fort Worth*)

Shelter – Shelter is a Christ-centered support group for women who have been sexually abused or assaulted. (*Dallas only*)

Questions? Email: thenest@fw.watermark.org