HOW TO GUIDE

YOUR VIETNAM 196.7 MILER CHALLENGE GUIDE

VIETNAM 196.7 MILER

HOW DOES A CHALLENGE WORK?

Your goal is to reach 196.7 miles by March 18th. Submit your distance whenever you complete a new run (you can submit an unlimited number of activities per day). You will earn Vietnam Milestones along the way as you pass certain mile markers. You can also track your progress on the Vietnam Course Map on the results page. Compare yourself to other runners as you race to the finish!

DOWNLOAD YOUR BIB

1. Click Here to log into your participant account (username is your email)
2. Click on "Your Registrations"
3. Select the "Vietnam 196.7 Miler"
4. Click "Download Your Virtual Bib"

SUBMIT YOUR RESULTS

1. In your registration, click "Submit Activity"
2. Select either "Add Manual Activity" or "Add From Wearable"

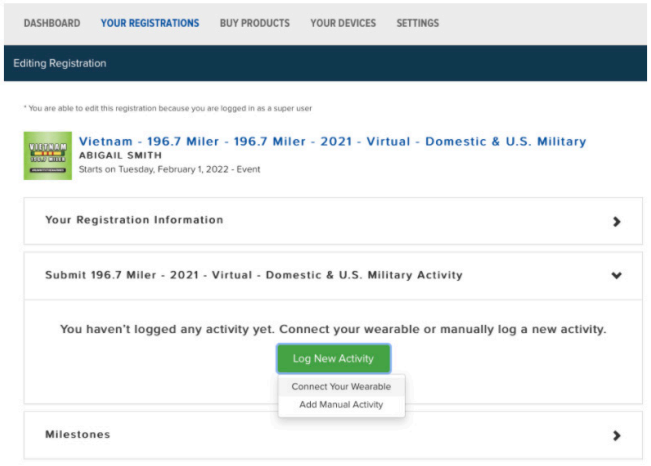
Throughout the challenge, runners can submit results through both wearables and manual submission.

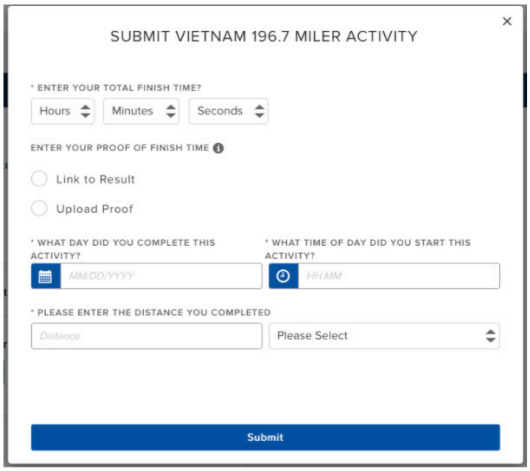
SUBMITTING RESULTS: TO ADD FROM WEARABLE

Members of a team can submit manual activities on behalf of any other member of their team.

1. Click "Submit Activity" and "Add Manual Activity"
2. Enter your time, distance completed, and additional information
3. Click save on your registration to complete your submission

Your run time, distance completed, and date completed is required. Submitting proof of your activity is optional.





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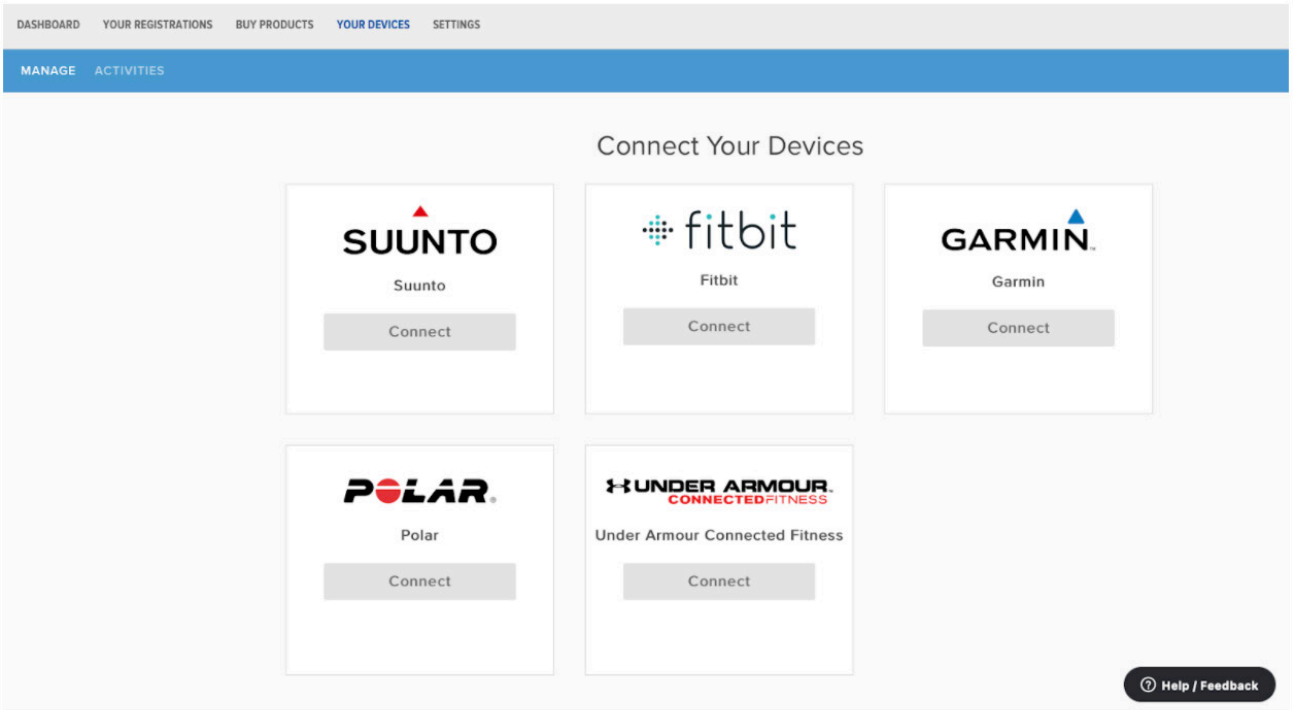
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SUBMITTING RESULTS: TO ADD FROM WEARABLE

- A wearable device is a device that tracks the distance and time of your run on a real-time basis
- Garmin, Fitbit, Suunto, Polar and Under Armour Connected Fitness are currently platform supported devices
- You must connect your wearable before you walk/run in order to use it for submission

1. Connect your wearable device (you only have to do this once)
2. Click on “Your Devices” at the top of the screen and click “Connect” under your device. Follow the steps to connect.
3. Return to your Vietnam 196.7 Miler registration
4. Click “Submit Activity” and “Add from Wearable”
5. Choose the activities you’d like to submit to the challenge



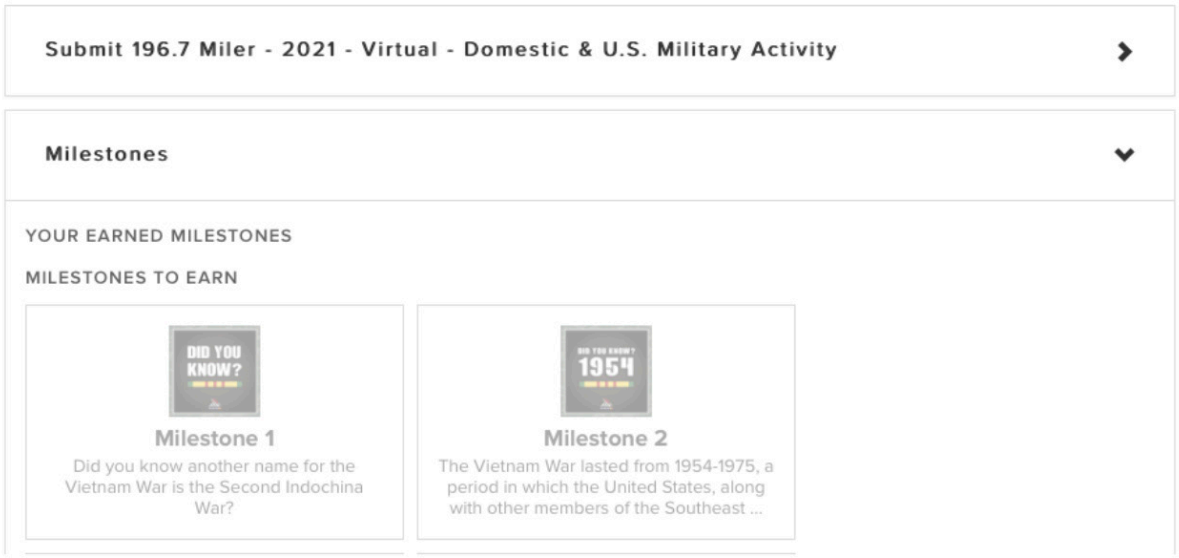
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EARN MILESTONES

As you submit activities and accrue miles, you will earn Milestones. Unlock the Vietnam facts assigned to certain mile markers you have completed during the event. You will see the Milestones you have reached under “Your Earned Milestones” as well as those you have yet to complete under “Milestones to Earn.”



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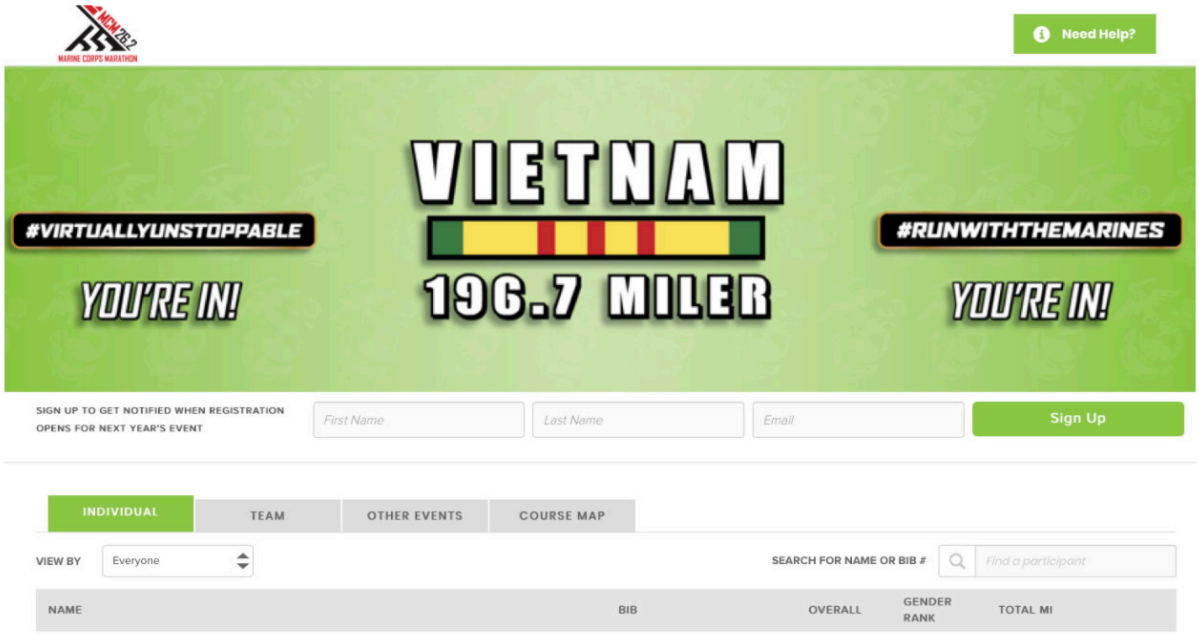
VIETNAM 196.7 MILER

VIEW YOUR RESULTS

1. Click here to go to the Results Page

Here you will see the event leaderboards broken down into Individual and Team tabs. You are able to search for yourself by name on the Individual tab. Team results are on the second tab and the fourth tab is this event's Course Map.

2. Finisher Certificates will be available beginning March 1.



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VIEW THE VIETNAM COURSE MAP

1. Click here to go to the Results Page
2. Select the “Course Map” tab. This map will show you exactly where you are located on the Vietnam 196.7 Miler course. You can toggle between individuals and teams. Select “Individuals” to search for yourself and view on the map.
3. Enlarge the map and zoom in/out by clicking on the square box in the upper right hand corner of the map.

