



MEDIA RELEASE

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Registration Open for MCM10K and MCM Kids Run

Six Mile and One Mile Event Distances Open Possibilities for Participation to Masses

QUANTICO, VA (April 24, 2019) – Two new distance options opened registration today for runners who want to experience the energy and excitement of Marine Corps Marathon (MCM) Weekend. Visit the MCM website to sign up for the MCM10K or the MCM Kids Run presented by Virginia529.

The MCM10K, the popular 6.2-mile run, start on the National Mall and finishes in stride with the MCM at the iconic U.S. Marine Corps War Memorial on Sunday, October 27. All participants will get to enjoy the MCM Weekend amenities including access to the two-day Health & Fitness Expo presented by Cigna; premier participant quarter zip shirt; stunning finisher medal; event program; entertainment; and hospitality. Registration costs \$60 through July 1 before there's a fee increase. The event annually sells out.

The MCM Kids Run presented by Virginia529 will take place on October 26, the day prior to the MCM, for kids ages 5 to 12. This is a fun event for the entire family where the kids experience a one mile fun run alongside U.S. Marines in the Pentagon North parking lot in Arlington, VA. More than 3,500 kids from across the country will enjoy music, mascots, healthy snacks and the interactive fun and fitness festival geared to kids. All participants will receive a finisher medal, participant shirt and a variety of healthy snacks, courtesy of Sodexo. Registration costs \$10.

Families may choose for their young runner to participate in any of the eight starting waves between 9:30 a.m. and 11:50 a.m. School group registration is also available. The five schools that register the largest number of students to participate in the MCM Kids Run will be presented the Healthy School Award. The Healthy School Award is a monetary prize presented to the winning schools' physical education departments from Sodexo.

Whether the MCM10K for competitors, MCM Kids Run for the up-and-coming runners or experiencing both as a family, MCM Weekend has something for everyone.

For media information please contact Ashley Topolosky, Marine Corps Marathon Organization Public Relations Coordinator at 703-987-3191 or ashley.topolosky@usmc-mccs.org.

About the Marine Corps Marathon:

The MCM10K and MCM Kids Run presented by Virginia529 are organized by the Marine Corps Marathon Organization, voted the "Best Marathon for Families" and the "Best Marathon in the Mid Atlantic." No federal or Marine Corps endorsement is implied. #RunWithTheMarines

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About Virginia529:

Virginia529 makes higher education more accessible and affordable for families and individuals. With more than \$69 billion in assets under management and 2.6 million accounts as of February 28, 2018, Virginia529 is the largest 529 plan available. Three flexible, affordable, tax-advantaged programs—Prepaid529SM, Invest529SM and CollegeAmerica®—and early commitment scholarship program SOAR Virginia® assist students of any age in reaching their higher education goals. For more information on Virginia529's college savings options, visit Virginia529.com or call 1-888-567-0540 to obtain program materials. These include information on Virginia529 programs, investment objectives, risks, charges, expenses and other important information; read and consider them carefully before investing. All investments are subject to risk, including the possible loss of the money you invest. Virginia529 encourages prospective participants to seek the advice of a professional concerning any financial, tax or legal implications related to opening an account. For residents of states other than Virginia: before investing, you should consider whether your or the beneficiary's home state offers any state tax or other state benefits such as financial aid, scholarship funds, and protections from creditors that are only available for investments in that state's qualified tuition program. ©2018 Virginia College Savings Plan. All Rights Reserved.

For more information about MCM Kids Run school group participation, contact Sandra Osborn-Peters, Marine Corps Marathon Organization Community Relations Coordinator at sandra.osbornpeters@usmc.mil.