

## One Mile Run Joins Quantico Tri and 12K on August 24 Lineup

*Registration open now for events at Quantico's Officer Candidate School*

QUANTICO, VA (April 17, 2019) – The Marine Corps Marathon Organization (MCMO) is adding something new to the August 24 event lineup, hoping to encourage runners of all ages and abilities to participate in the day's events. The new Quantico Mile will precede the Quantico 12K, both adjacent to Officer Candidate School located on Marine Corps Base Quantico. The morning will begin at banks of the Potomac River when 675 athletes begin the Quantico Tri.



Registration for all three events is now open at [www.marinemarathon.com](http://www.marinemarathon.com).

- **Quantico Tri** – The registration fee is \$78. There are 675 available entries and all athletes who cross the finish line earn impressive finisher medals.
- **Quantico 12K and Mile** – Combined both events will host over 1,000 entries. The 12K finishers receive a medal. The 12K costs \$47 and the Mile is \$20.
- All three events offer technical shirts and are qualifiers for the Distinguished Participant medal. This limited release medal can be earned by running in MCMO events in May, June, August and November. In 2018, only 300 medals were distributed.

The Quantico Tri includes a 750-meter swim in the open water of the Potomac, 19.2K bike ride and 5K run. The 7.45-mile Quantico 12K provides a perfect training opportunity for those preparing to participate in the 44th MCM this October.

Visit [www.marinemarathon.com](http://www.marinemarathon.com) to learn more about the MCM Event Series and discover additional opportunities to #RunWithTheMarines.

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*Quantico Tri, Quantico 12k and Quantico Mile are part of the 2019 MCM Event Series, hosted by the Marine Corps Marathon Organization (MCMO). The 2019 MCM Event Series is sponsored by Brooks, Pohanka Nissan, Marines Plumbing, Stafford County Development and Tourism, VA Runner and Wegmans. No federal or Marine Corps endorsement is implied. Connect with the Marine Corps Marathon on [Facebook](#), [Twitter](#), [Instagram](#), [YouTube](#) and [Flickr](#). #RunWithTheMarines*